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Research review paper

## Different strategies to overcome multidrug resistance in cancer

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## ABSTRACT

The risk of acquisition of resistance to chemotherapy remains a major hurdle in the management of various types of cancer patients. Several cellular and noncellular mechanisms are involved in developing both intrinsic and acquired resistance in cancer cells toward chemotherapy. This review covers the various multidrug resistance (MDR) mechanisms observed in cancer cells as well as the various strategies developed to overcome these MDR mechanisms. Extensive studies have been conducted during the last several decades to enhance the efficacy of chemotherapy by suppressing or evading these MDR mechanisms including the use of new anticancer drugs that could escape from the efflux reaction, MDR modulators or chemosensitizers, multifunctional nanocarriers, and RNA interference (RNAi) therapy.

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## 1. Introduction

Cancer is a severe health threat. In developed countries, cancer is the second leading cause of death accounting for 21% (2.8 million) of all mortalities. In developing countries, cancer ranks third as a cause of death and accounts for 9.5% (4.8 million) of all deaths. In 2008, approximately 12.7 million new cancer cases and 7.6 million deaths were reported throughout the world. According to the World Health Organization (WHO), by 2050, it is expected that 27 million new cancer cases and 17.5 million cancer deaths will occur per year

(<http://www.cancer.org/acs/groups/content/@epidemiologysurveillance/documents/document/acspc-031941.pdf>, 2012; Jemel et al., 2011). Although there has been tremendous progress over the last few decades in the prevention, detection, and treatment of cancer, the risk of tumors acquiring resistance to chemotherapy (multidrug resistance) remains a major hurdle to the successful treatment of various types of cancers including blood, breast, ovarian, lung, and lower gastrointestinal tract cancers. Multidrug resistance (MDR) is a phenomenon in which cancer cells exhibit a cross-resistant phenotype against multiple unrelated drugs that are structurally and/or functionally different and may also have different molecular targets. Cancer cells may exhibit intrinsic MDR or they may acquire MDR during chemotherapy. For intrinsic MDR, cancer cells exhibit resistance to chemotherapy at their initial exposure to the anticancer

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73 drug. However, in acquired MDR, resistance to chemotherapy occurs during  
 74 the course of the treatment or upon recurrence of the disease after  
 75 successful chemotherapy (Baguley, 2010; Gottesman et al., 2002; Lage,  
 76 2008; Shaffer et al., 2012; Yague et al., 2007; Yuen and Sikic, 1994).  
 77 Several host factors are involved in the development of both intrinsic  
 78 and acquired MDR including those that impair the delivery of anticancer  
 79 drugs to the cancer cells and nullify their cytotoxic effects, and those that  
 80 alter the genetic or epigenetic factors of cancer cells, which leads to drug  
 81 insensitivity. As evident from clinical practice, two or more MDR mecha-  
 82 nisms often act simultaneously in each cancer type thereby making treat-  
 83 ment more challenging. Extensive studies have been carried out during  
 84 the last few decades to enhance the efficacy of chemotherapy by sup-  
 85 pressing or evading these MDR mechanisms including the use of new an-  
 86 ticancer drugs that could escape from efflux reactions, MDR modulators  
 87 or chemosensitizers, multifunctional nanocarriers, and RNAi therapy  
 88 (Coley, 2008; Li et al., 2012; Shabbits et al., 2001). This review covers var-  
 89 ious MDR mechanisms observed in cancer cells as well as various strate-  
 90 gies developed to overcome these mechanisms.

## 91 2. Mechanisms of multidrug resistance

92 In clinical practice, MDR becomes a crucial problem when an ef-  
 93 fective dose of anticancer drug increases to a non-manageable level.  
 94 Since several factors are involved in the development of both intrinsic  
 95 and acquired MDR, a clear understanding of these molecular mecha-  
 96 nisms is necessary to develop effective treatment modalities. For  
 97 instance, vascular networks induced by tumor angiogenesis are struc-  
 98 turally and functionally abnormal due to the imbalance of angiogenic  
 99 regulators, such as vascular endothelial growth factor (VEGF) and

angiopoietins. Consequently, tumor blood flow is chaotic, which can  
 100 lead to hypoxic and acidic regions in tumors (Carmeliet and Jain,  
 101 2000). Hypoxia in cancer might lead to multidrug resistance via  
 102 different cellular pathways such as lost sensitivity to p53-mediated  
 103 apoptosis, and enhanced P-glycoprotein expression (Tredan et al.,  
 104 2007). A schematic representation of different MDR contributing fac-  
 105 tors is shown in Fig. 1. To date, the most widely studied MDR mecha-  
 106 nisms are those associated with drug efflux mechanisms involving  
 107 ATP-binding cassette (ABC) membrane transporters (Schinkel and  
 108 Jonker, 2012; Szakács et al., 2006a, 2006b). In humans, more than  
 109 48 MDR genes were identified from the ABC transporter superfamily,  
 110 among which the most extensively characterized MDR transporters  
 111 include P-glycoprotein (P-gp/ABCB1), multidrug resistance associ-  
 112 ated protein-1 (MRP1/ABCC1), and breast cancer resistant proteins  
 113 (ABCG2) (Giacomini et al., 2010; Stein, 1997). P-gp, a 170 kDa plasma  
 114 membrane protein encoded by the MDR1 gene, consists of two ATP  
 115 binding cassettes and two transmembrane regions. P-gp can detect  
 116 and bind a large variety of anticancer drugs and other hydrophobic  
 117 compounds including anthracyclines, epipodophyllotoxins, vinca  
 118 alkaloids, and taxanes. This drug binding activity results in the activa-  
 119 tion of one of the ATP-binding domains of P-gp and the subsequent  
 120 hydrolysis of ATP, leading to a major change in the shape of P-gp,  
 121 which causes expulsion of the drug from the cancer cell. It is evident  
 122 from the literature that tumors originating from tissues with natural-  
 123 ly high levels of P-gp expression may be intrinsically drug resistant  
 124 (e.g., colon, kidney, pancreas, and liver carcinoma) (Sun et al.,  
 125 2004). The multidrug resistance associated protein-1 (MRP1 or  
 126 ABCC1), a 190 kDa protein consisting of 17 transmembrane domains  
 127 having P-gp like cores, is mainly located in the plasma membrane.  
 128

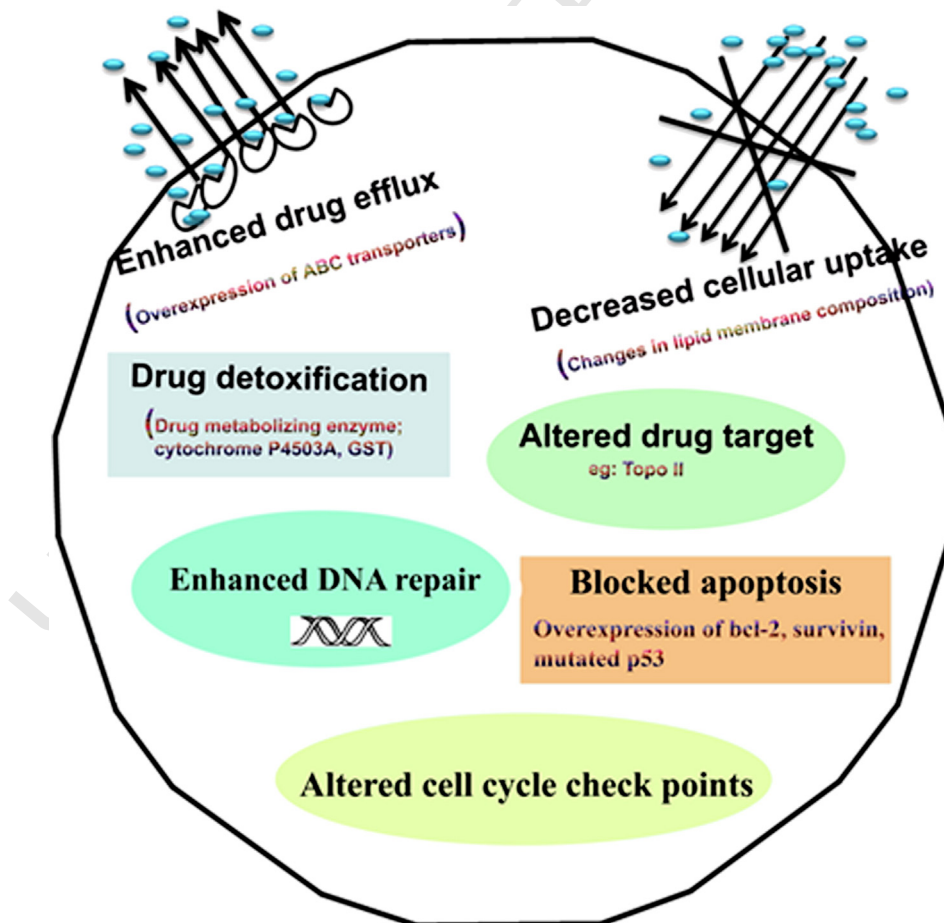


Fig. 1. Schematic representation of different contributing factors of MDR (Gottesman et al., 2002).

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