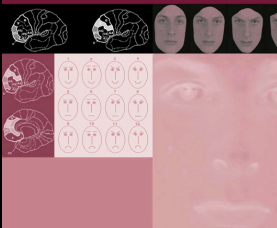


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Associations between self-esteem, anxiety and depression and metacognitive awareness or metacognitive knowledge.

Clélia Quiles^{1,2}, Antoinette Prouteau^{1,3}, Hélène Verdoux^{1,2}

¹Université de Bordeaux, F-33000 Bordeaux, France

²INSERM, U657, F-33000 Bordeaux, France

³Laboratoire de Psychologie Santé et Qualité de la vie EA 4139, F-33000 Bordeaux, France

Corresponding author:

Prof Hélène Verdoux, Hôpital Charles Perrens, 121 rue de la Béchade, 33076 Bordeaux Cedex, FRANCE.

Phone (+33) 556-56-17-32

Fax (+33) 556-56-35-46

Email: helene.verdoux@u-bordeaux.fr

Abstract

This study explored in a non-clinical sample the associations between self-esteem, anxiety and depression symptoms and metacognitive awareness or metacognitive knowledge. Higher metacognitive awareness scores measured during the neuropsychological tasks were positively associated with higher depression scores in the social cognition test. Metacognitive knowledge score measured independently of ongoing neuropsychological tasks was positively associated with lower self-esteem, higher anxiety (state or trait) and depression scores.

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