

# The fabrication of a colloidal gold–carbon nanotubes composite film on a gold electrode and its application for the determination of cytochrome *c*

Yunhua Wu, Shengshui Hu\*

*Department of Chemistry, Wuhan University, Wuhan 430072, PR China*

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## Abstract

Colloid Au ( $Au_{\text{nano}}$ ) with a diameter of about 20 nm was prepared and used in combination with the multi-wall carbon nanotubes (MWNTs) to modify a gold electrode. Dihexadecylphosphate (DHP) dispersed in  $Au_{\text{nano}}$  aqueous solution was used to solubilize MWNTs. Deposition of  $Au_{\text{nano}}$  on MWNTs was realized as illustrated by TEM micrographs. The DHP formed a network that connected  $Au_{\text{nano}}$  and MWNTs to the gold electrode surface. The  $Au_{\text{nano}}$ –MWNTs–DHP composite film on the gold electrode surface was characterized by electrochemical impedance spectroscopy (EIS) and cyclic voltammetry (CV). The composite film modified gold electrode was used to detect cytochrome *c* and a pair of well-defined redox waves was obtained. It was found that the composite film promoted the redox of horse heart cytochrome *c* and its effect was developed for the determination of cytochrome *c*.

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## 1. Introduction

Au colloids display unusual physical and chemical properties because of their unique size and shape. They are widely used as catalysts for many chemical reactions because of their high catalytic activities. Electrochemical behavior and applications of Au colloids in an electrochemical field have witnessed a significant growth in the past few years [1–7]. In particular, Au colloids possess biocompatibility and proteins bound to colloidal Au electrostatically can retain biological activity [8]. It has been demonstrated that several enzymes could maintain their enzymatic and electrochemical activity when immobilized on colloidal Au [9,10]. The immobilization of a redox protein on  $Au_{\text{nano}}$  can help the protein to keep a favored orientation or to make possible conducting channels between the prosthetic groups and the electrode surface, thus

reducing the effective electron transfer distance and facilitating electron transfer between electrode and enzyme [11].

Carbon nanotubes, consisting of cylindrical graphite sheets with nanometer diameter, combine in unique properties of high electrical conductivity, high chemical stability and extremely high mechanical strength and modulus. Their subtle electronic properties suggest that carbon nanotubes have the ability to promote electron transfer reactions when used as electrode materials in electrochemical reactions. Multi-wall carbon nanotubes (MWNTs) were used first by Hill and co-workers [12] to realize the direct electrochemistry of proteins. Since that time, MWNTs have opened up new possibilities for studying the electrochemical processes of various proteins and enzymes [13–16].

The key idea of this paper is to combine  $Au_{\text{nano}}$  and MWNTs to modify gold electrodes in order to improve their electroactivity for cytochrome *c*. MWNTs offer a cubic network for  $Au_{\text{nano}}$  and the gelatinization of  $Au_{\text{nano}}$  in DHP ensures that the composite film remains stable on the surface of the gold electrode. It is demonstrated that  $Au_{\text{nano}}$  are in elec-

\* Corresponding author. Tel.: +86 27 8721 8904; fax: +86 27 8764 7617.  
E-mail address: [sshu@whu.edu.cn](mailto:sshu@whu.edu.cn) (S. Hu).

trical contact with the gold electrode through the MWNTs, enabling the composite film to be used as an electrode. The composite film on the gold electrode surface was characterized by electrochemical impedance spectroscopy and cyclic voltammetry (CV). It was found that the composite film promoted the direct electron transfer of horse heart cytochrome *c*. The optimum loading of MWNTs and Au<sub>nano</sub> in the composite film was investigated and the optimized composite film was used to detect cytochrome *c* successfully.

## 2. Experimental details

### 2.1. Reagents

Horse heart cytochrome *c* was obtained from Sigma and used as received. Dihexadecylphosphate was purchased from Fluka. All the other chemicals were of analytical grade and were used without further purification. Doubly distilled water was used throughout and the supporting electrolyte was usually phosphate buffer containing 0.06 M Na<sub>2</sub>HPO<sub>4</sub> and NaH<sub>2</sub>PO<sub>4</sub>.

The multi-wall carbon nanotubes, MWNTs (obtained from the Institute of Nanometer Materials, Central China Normal University, China), were synthesized by a catalytic pyrolysis method with a purity of 85%. Before being used, MWNTs were purified by treatment with concentrated HNO<sub>3</sub> as described by Tsang et al. [17]. Most of the MWNTs were, thereby, opened and their surface was oxidized with carboxylic, carbonyl and hydroxyl groups. The metals in the samples of carbon nanotubes were also removed by concentrated HNO<sub>3</sub>.

### 2.2. Surface preparation and modification

Colloidal Au was prepared as described by Hillier and co-workers [18]. In brief, HAuCl<sub>4</sub> aqueous solution (4 mL of 0.4 mg mL<sup>-1</sup>) was boiled, and then 1 mL sodium citrate (1% aqueous) was added to the boiled solution. The resulting solution was maintained at 100 °C for several minutes until the color of the solution did not change.

A 5 mM DHP was dispersed in 4 mL Au<sub>nano</sub> aqueous solution or distilled water by ultrasonication for 16 h until it was homogeneous and a Au<sub>nano</sub>-DHP or DHP aqueous dispersion was obtained. Then, MWNTs were dispersed uniformly in the above Au<sub>nano</sub>-DHP dispersion or DHP aqueous dispersion for 5 min aided by ultrasonication and a Au<sub>nano</sub>-MWNTs-DHP or MWNTs-DHP dispersion was obtained. Prior to modification, a gold electrode with a diameter 1.5 mm was polished with 0.3 and 0.05 μm alumina slurry (CH instrument, Inc.) in sequence, and then sonicated in ethanol and doubly-distilled water, respectively. Finally, the gold electrodes were coated with 4 μL of Au<sub>nano</sub>-MWNTs-DHP dispersions and dried in air at room temperature. The Au<sub>nano</sub>-DHP modified gold electrode or MWNTs-DHP modified gold electrode was prepared by the

same procedure as explained above. The active surface area of the modified electrodes was determined by cyclic voltammetry in a solution of 5 mM K<sub>4</sub>[Fe(CN)<sub>6</sub>] with 0.1 M potassium chloride as the supporting electrolyte.

### 2.3. Apparatus and procedures

TEM images were obtained using a TEM-100 CXII (Japan) microscope. To obtain TEM images, a drop of the Au<sub>nano</sub>-DHP, MWNTs-DHP or Au<sub>nano</sub>-MWNTs-DHP dispersion was placed on a standard TEM sample holder containing holey carbon film and allowed to dry in air at room temperature.

All the CV experiments were performed with a computer controlled Model CHI 830A electrochemical analyzer (ChengHua Instrument Co., Shanghai, China). A conventional three-electrode cell was employed with a modified gold electrode as a working electrode, a platinum wire as counter electrode and a saturated calomel electrode (SCE) as a reference electrode. All experiments were done at room temperature in a conventional electrochemical cell. All experimental solutions were deaerated by bubbling nitrogen for 15 min and a nitrogen atmosphere was kept over the solution during measurements.

For EIS experiments, a Model RDE 5 Bi-potentiostat (USA) and a Model 5210 Lock-in Amplifier interfaced to an EG&G 273 A Potentiostat/Galvanostat (USA) were used. The impedance measurements were performed in the presence of equimolar (5 mM) K<sub>3</sub>[Fe(CN)<sub>6</sub>]/K<sub>4</sub>[Fe(CN)<sub>6</sub>] as a redox probe. The supporting electrolyte was 0.1 M KCl. The EIS experiments were done at the formal potential (+0.20 V) at an amplitude of 5.0 mV (rms) with a wide frequency range of 100 kHz to 0.1 Hz.

## 3. Results and discussion

### 3.1. Assembly of Au<sub>nano</sub> on MWNTs

Pristine carbon nanotubes are very hydrophobic and most metals do not adhere to the carbon nanotubes [19]. The oxidation of the carbon nanotube surface is required to create functional groups and facilitate metal deposition on the carbon nanotubes [20]. Our method for the deposition of Au<sub>nano</sub> on MWNTs is simple and effective. First, dihexadecylphosphate, a negatively charged surfactant, was dispersed in colloidal gold and then MWNTs were solubilized in the dispersion. Au<sub>nano</sub> were assembled on the MWNTs by interaction with carboxylic, carbonyl and hydroxyl groups on the oxidized carbon nanotube surface [21]. As shown in the TEM micrograph in Fig. 1a, a high and uniform dispersion of Au<sub>nano</sub> in DHP was obtained. The Au nanoparticles in DHP were spherical with a mean diameter of about 20 ± 10 nm. The size distribution based on a count of 1023 particles was quite symmetrical. No change in the particle size was noticed after 2 months when the Au<sub>nano</sub> in DHP was stored in the dark at

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