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Short communication

High-resolution spatial mapping of shear properties in cartilage

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ABSTRACT

Structural properties of articular cartilage such as proteoglycan content, collagen content and collagen alignment are known to vary over length scales as small as a few microns ([Bullough and Goodfellow,](#page--1-0) [1968](#page--1-0); [Bi et al., 2006](#page--1-0)). Characterizing the resulting variation in mechanical properties is critical for understanding how the inhomogeneous architecture of this tissue gives rise to its function. Previous studies have measured the depth-dependent shear modulus of articular cartilage using methods such as particle image velocimetry (PIV) that rely on cells and cell nuclei as fiducial markers to track tissue deformation ([Buckley et al., 2008;](#page--1-0) [Wong et al., 2008a](#page--1-0)). However, such techniques are limited by the density of trackable markers, which may be too low to take full advantage of optical microscopy. This limitation leads to noise in the acquired data, which is often exacerbated when the data is manipulated. In this study, we report on two techniques for increasing the accuracy of tissue deformation measurements. In the first technique, deformations were tracked in a grid that was photobleached on each tissue sample [\(Bruehlmann et al., 2004](#page--1-0)). In the second, a numerical technique was implemented that allowed for accurate differentiation of optical displacement measurements by minimizing the propagated experimental error while ensuring that truncation error associated with local averaging of the data remained small. To test their efficacy, we employed these techniques to compare the depthdependent shear moduli of neonatal bovine and adult human articular cartilage. Using a photobleached grid and numerical optimization to gather and analyze data led to results consistent with those reported previously [\(Buckley et al., 2008;](#page--1-0) [Wong et al., 2008a](#page--1-0)), but with increased spatial resolution and characteristic coefficients of variation that were reduced up to a factor of 3. This increased resolution allowed us to determine that the shear modulus of neonatal bovine and adult human tissue both exhibit a global minimum at a depth z of around $100 \mu m$ and plateau at large depths. The consistency of the depth dependence of $|G*|(Z)$ for adult human and neonatal bovine tissue suggests a functional advantage resulting from this behavior.

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1. Introduction

Measuring the depth-dependent mechanical properties of articular cartilage with a high spatial resolution can help elucidate the functional benefits resulting from the tissue's complex structure. As such, recent studies have investigated the depthdependent compressive and shear properties of this tissue [\(Guilak](#page--1-0) [et al., 1995](#page--1-0); [Schinagl et al., 1996;](#page--1-0) [Wang et al., 2002;](#page--1-0) [Chahine et al.,](#page--1-0)

[2004](#page--1-0); [Wong et al., 2008a](#page--1-0); [Wong et al., 2008b;](#page--1-0) [Buckley et al., 2008\)](#page--1-0) using particle image velocimetry (PIV) and other feature-tracking algorithms. Unfortunately, the spatial resolution in these techniques is limited by the density of trackable markers (i.e., cells or cell nuclei). For example, in adult human articular cartilage, where cells are particularly sparse, the depth-dependent shear modulus $G(z)$ has been reported to an accuracy of \sim 200 μ m [\(Wong et al.,](#page--1-0) [2008a](#page--1-0); [Wong et al., 2008b](#page--1-0)). However, near the surface, structural properties can vary over much smaller length scales [\(Bi et al.,](#page--1-0) [2006](#page--1-0)).

Here, we describe two techniques for improving the measurement resolution in $G(z)$. To increase the spatial accuracy of local displacement measurements, we used grid-resolution automated tissue elastography (GRATE). This technique builds on pioneering efforts for measuring deformation in intervertebral disk under flexion [\(Bruehlmann et al., 2004](#page--1-0)) and entails tracking the displacement of gridlines photobleached on the sample. Since

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the gridlines are continuous, measurement resolution is limited by diffraction rather than the density of trackable markers. To reduce noise inherent in processing the extracted displacement data, we employ weight-averaged noisy differentiation (WAND). This numerical technique addresses amplification of noise associated with differentiation of discrete experimental data and draws from previously described methods [\(Anderssen and](#page--1-0) [Bloomfield, 1974](#page--1-0); [Muller et al., 1987](#page--1-0); [Anderssen et al., 1996;](#page--1-0) [Carlsson et al., 1992;](#page--1-0) [Anderssen and Hegland, 1999;](#page--1-0) [Chartrand,](#page--1-0) [2005\)](#page--1-0).

We applied these procedures to neonatal bovine and adult human articular cartilage tested in a tissue deformation imaging stage (TDIS) [\(Buckley et al., 2008](#page--1-0); [Michalek et al., 2009\)](#page--1-0). We found that these techniques substantially improve the resolution and accuracy of the measured shear modulus profiles.

2. Methods

2.1. Sample preparation: adult human tissue

Three 6 mm diameter cylindrical explants of thicknesses 2–3 mm were harvested from frozen adult human tibial plateus (Musculoskeletal Transplant Foundation). After dissection, samples were bisected into hemi-cylinders and placed into PBS until thawed. Prior to mechanical testing, hemi-cylinders were placed into PBS with 7 μ g/mL 5-dichlorotriazinylaminofluorescein (5-DTAF) for 2 h [\(Bruehlmann et al., 2004;](#page--1-0) [Michalek et al., 2009](#page--1-0)). 5-DTAF modifies amines in proteins and fully stains the extracellular matrix. Shear modulus profiles obtained using carboxyfluorescein diacetate, succinimidyl ester (CFDA-SE) and a cellular stain were consistent with those obtained using 5-DTAF, verifying that matrix proteins are not mechanically altered by this stain (data not shown).

2.2. Sample preparation: neonatal bovine tissue

Three 6 mm diameter cylindrical explants of thicknesses 3–4 mm were harvested from patellofemoral grooves of 1-3 day old calves. Prior to mechanical testing, samples were placed into PBS and 7 μ g/mL 5-DTAF for 2 h.

2.3. Mechanical testing

Cartilage hemi-cylinders were placed between two glass shearing plates of a TDIS. Sandblasted protrusions \sim 10 μ m in diameter on the moving plate gripped the surface and prevented slip (Supplementary Section 1). Results were consistent with those obtained using smooth glass (data not shown). The opposing face of the tissue was adhered to the stationary plate using cyanoacrylate glue. For all experiments, the compressive strain on the hemi-cylinder was 10%. After positioning the device on an inverted Zeiss LSM 510 confocal microscope, five lines spaced by 50 μ m were photobleached on the hemi-cylinder along the z axis (Fig. 1A) using a 488 nm laser. Samples were imaged (Fig. 1B) during sinusoidal shear with frequency $f=100$ mHz and a shearing plate peak-to-peak displacement amplitude of 32 um.

2.4. Data analysis: PIV

For PIV, the displacement amplitude at a given depth $u_0(z)$ was determined using software adapted from the MatPIV ([Sveen and Cowen, 2004](#page--1-0); [Buckley et al.,](#page--1-0) [2008](#page--1-0)) with a window size of $317 \times 20 \,\mathrm{\upmu m^2}$.

2.5. Data analysis: GRATE

For GRATE, custom MATLAB (The Mathworks, Inc., Natick, MA) software was use to determine $u_0(z)$. For an image taken at time t, this software first plots $I(x)$, the average intensity across vertical regions of width $w=20$ µm centered at a depth z, versus the horizontal location x [\(Fig. 2](#page--1-0)A). It then determines $m_n(z,t)$, the locations of five local minima of $I(x)$ corresponding to five photobleached lines indexed by n. To clearly determine these minima, a parabola is fit to $I(x)$ over 11 pixel wide regions centered at $m_n(z,t)$. The locations $M_n(z,t)$ of the minima of these parabolic fits give the photobleached line locations. The mean photobleached line location $u(z,t)$ is the average of $M_n(z,t)$ over all lines. $u(z,t)$ is then plotted as a function of time, yielding a sinusoidal curve [\(Fig. 2](#page--1-0)B). Both the displacement amplitude $u_0(z)$ and the displacement phase angle $\delta_u(z)$ are obtained by fitting a cosine to $u(z,t)$.

2.6. Data analysis: obtaining $|G*|(z)$ fromu₀(z)

For a dynamically sheared inhomogeneous material, the shear strain amplitude $\gamma_0(z)$ is given by

$$
\gamma_0 = \sqrt{\left[\frac{d}{dz}(u_0 \cos \delta_u)\right]^2 + \left[\frac{d}{dz}(u_0 \sin \delta_u)\right]^2} \tag{1}
$$

when the stress is assumed to be uniform with z. This relation reduces to du_0/dz in the limit where $\delta_u(z)=0$. To obtain γ_0 , differentiation of $u_0 \cos \delta_u$ and $u_0 \sin \delta_u$ was performed numerically using either five-point linear least-squares fitting (5PLSQ) (Supplementary Section 2) or WAND (see below). The complex shear modulus profile is given by

$$
|G*|(z) = \frac{\tau_0}{\gamma_0(z)},
$$
 (2)

where τ_0 is the measured stress amplitude.

2.7. Data analysis: WAND

WAND addresses the amplification of noise associated with differentiation of discrete experimental data. To differentiate a function f sampled at depths z_i such that $f_j = f(z_j)$, we employ the finite difference derivative operator

$$
D(z_i) = \sum_{j \neq i} w_j \frac{f_i - f_j}{z_i - z_j} \tag{4}
$$

where the weights w_i satisfy

$$
\sum_{j \neq i} w_j = 1 \text{ and } w_j \ge 0. \tag{5}
$$

Figure 1. Confocal micrographs of 5-DTAF-stained human articular cartilage with vertical photobleached lines (A) before and (B) during application of shear. The photobleached lines are spaced by 50 μ m.

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