

Nanomedicine: Nanotechnology, Biology, and Medicine xx (2015) xxx-xxx

NANO-01111; No of Pages 11

**N9U0UEU** Nanotechnology, Biology, and Medicing

nanomedjournal.com

## Imaging-guided high-efficient photoacoustic tumor therapy with targeting gold nanorods

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#### Abstract 8

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Photoacoustic therapy using the large photoacoustic effect of agents for selectively killing cancer cells is demonstrated. Herein, a highly 9 efficient photoacoustic treatment using gold nanorods (AuNRs) and its antitumor effect are reported. Folic acid conjugated AuNRs are 10 11 designed to specifically target folate receptor-expressing cancer cells. Following photoacoustic treatment, most of the cancer cells with intracellular AuNRs die within 20 s. Compared with single-walled carbon nanotubes and indocyanine green containing nanoparticles, 12 AuNRs can produce much stronger shock waves by absorbing the optical energy and thus induced the more efficient cell death at equal 13 14 molar concentrations. In addition, the laser-induced shock waves can be detected for photoacoustic imaging. Our in vivo experiments demonstrated that the AuNR-mediated photoacoustic treatment resulted in efficient tumor suppression in mice. Thus, both efficient cancer 15cell diagnostics and selective photoacoustic treatment can be realized with a single-particle formulation. 16

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Key words: Photoacoustic therapy; Photoacoustic imaging; Gold nanorods; Folic acid 18

#### Background 20

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Among many cancer treatment methods, nanoparticle-2122mediated photoacoustic treatment is considered as one of the promising cancer treatment methods because of its non-23 invasiveness and cancer-specific treatment.<sup>1-3</sup> Photoacoustic 24treatment uses the photoacoustic effect of photoabsorbers to 25selectively destruct cancer cells. When the photoabsorbers are 26exposed to a pulsed laser beam, light energy can be transformed 27into acoustic energy. Then the acoustic waves will be generated. 28That is the so called photoacoustic effect. The magnitude of 29photoacoustic amplitude can generate a strong shock wave, with 30

This research is supported by the National Basic Research Program of China (2011CB910402, 2010CB732602), the Program for Changjiang Scholars and Innovative Research Team in University (IRT0829), the National Natural Science Foundation of China (61331001, 61361160414, 81127004, 11104087 and 11304103), and the Guangdong Natural Science Foundation (S2013020012646 and S2013040016419).

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http://dx.doi.org/10.1016/j.nano.2015.04.002 1549-9634/© 2015 Published by Elsevier Inc.

peak pressure of 100 Mpa.<sup>4</sup> Such a strong shock wave can 31 result in the death of cell.<sup>1-3</sup> The laser-induced shock waves can 32 also be detected by a highly sensitive ultrasound transducer, and 33 thus used to spatially resolve the location of absorbers, namely 34 photoacoustic imaging.<sup>5-12</sup> Therefore, combined photoacoustic 35 imaging and photoacoustic therapy can be achieved with a 36 single-particle formulation. 37

Photothermal therapy and high-intensity focused ultrasound 38 (HIFU) are thermal tissue ablation methods. Both methods may 39 be limited in their applicability to the treatment of tumors owing 40 to the exposure to continuous laser irradiation or ultrasound, 41 which may cause a 'heat sink' effect with thermal diffusion, 42 resulting in the damage of adjacent normal cells.<sup>13,14</sup> In addition, Q3 gas in the bowel cannot be penetrated by HIFU, and sound waves 44 are reflected back toward the transducer, which have high energy 45 and may produce burns in the intervening tissue.<sup>14</sup> Recently, we 46 introduce the method of photoacoustic therapy, based on 47 mechanical, rather than thermal, destruction of individual target 48 cells with laser-induced shock waves. Heat conduction is very low 49 in the photoacoustic technique because the duration of the laser 50 pulse (4-6 ns) is much shorter than the thermal diffusion time 51 (submicroseconds).<sup>15,16</sup> Photoacoustic treatment has several 52

Please cite this article as: Zhong J., et al., Imaging-guided high-efficient photoacoustic tumor therapy with targeting gold nanorods. Nanomedicine: NBM 2015;xx:1-11, http://dx.doi.org/10.1016/j.nano.2015.04.002

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potential advantages. First, the laser power used for cancer killing 53could be reduced 150-1500 times compared with other laser-54thermal effect based techniques.<sup>2</sup> Second, mechanical damage of 55cell does not cause toxicity and drug resistance.<sup>2</sup> Third, these 56methods offer the required localized damage on tumor cells 57without damaging the surrounding tissues.<sup>1</sup> Last, the shock waves 58generated from cancer-specific photoabsorbers could be simulta-59neously used to image and treat cancers. 60

The key component of photoacoustic treatment is photo-61 absorbers that can absorb and convert light energy into acoustic 62 energy with high efficiency. By now, two types of photo-63 absorbers have been reported for photoacoustic treatment 64 (single-walled carbon nanotubes (SWNTs)<sup>1,2</sup> and indocyanine 65 green containing nanoparticles (ICG-PL-PEG)<sup>3</sup>). Among the 66 materials investigated for photoactivated imaging and therapy, 67 AuNRs appear to be one of the most effective agents to date. 68 AuNRs exhibit many unique intrinsic photophysical properties 69 and have been intensively explored for biological and biomedical 70 applications in the past several years. (1) AuNRs possess 71 72excellent surface plasma resonances in the near-infrared (NIR) that is readily tunable to regions where optical transmission 73through tissues is at its maximum.<sup>17-19</sup> (2) AuNRs exhibit about 74160 times and 5000 times higher optical absorbance than 75SWNTs and ICG, respectively.<sup>20,21</sup> (3) AuNRs exhibit ease of 76 synthesis and surface and structure modification.<sup>18,19</sup> (4) AuNRs Q4 can simultaneously be the imaging and therapeutic agents for 78combined diagnosis and therapy.<sup>22-24</sup> AuNRs have been used as photothermal agents<sup>25-27</sup> and photothermolysis agents<sup>28-32</sup> for 79 80 killing cancer cells. Moreover, AuNRs have also been used as 81 contrast agents for cancer imaging during pulsed laser irradiation.<sup>33</sup> 82 In the present study, the properties of AuNRs were compared 83 with SWNTs and ICG-PL-PEG. The results showed that AuNRs 84 exhibited the highest optical energy absorbance and produced 85 the strongest photoacoustic intensity at the same molar 86 concentration. Then AuNRs conjugated with FA as targeted 87 absorbers were internalized into human epithelial carcinoma 88 cells (HeLa). Following photoacoustic treatment, shock waves 89 were produced in situ and the cancer cells were greatly destroyed 90 for all these AuNRs. The shock waves generated from AuNRs 9192were applied in combined photoacoustic treatment and imaging. Compared with SWNTs and ICG-PL-PEG, AuNR-mediated 93 photoacoustic treatment induced the most efficient cancer 9495 cell destruction. In vivo pharmacokinetic studies showed that the FA-AuNRs had significant tumor accumulation in a mouse 96 tumor model. Following photoacoustic treatment, the highly 97 efficient destruction of solid tumors in vivo was confirmed. This 98 work provided vital information to aiding the improvement of 99 photoactivated treatment. 100

#### 101 Methods

#### 102 AuNR synthesis

AuNRs were prepared as described by Sau et al.<sup>34</sup> Gold seed particles were prepared by adding 250  $\mu$ L of 10 mM hydrogen tetrachloroaurate(HAuCl<sub>4</sub> · 3H<sub>2</sub>O) to 7.5 mL of 100 mM hexadecyltrimethylammonium bromide (CTAB) in a plastic tube with brief, gentle mixing. The solution appeared bright brown-yellow in color. Next, 600  $\mu$ L of freshly prepared, icecold 10 mM NaBH<sub>4</sub> solution was added at once, followed by 109 rapid inversion mixing for 2 min. The solution developed a pale 110 brown-yellow color. The pale brown seed solution was stable 111 and usable for several hours. For the growth of gold nanorods, 112 40 mL of 100 mM CTAB, 1.7 mL of 10 mM HAuCl<sub>4</sub> · 3H<sub>2</sub>O 113 and 250  $\mu$ L of 10 mM AgNO<sub>3</sub> solution were added in that order, 114 one by one, to a test tube, followed by gentle mixing. Then, 115 270  $\mu$ L of 100 mM ascorbic acid was added, which changed the 116 solution from brown-yellow to colorless. Finally, 420  $\mu$ L of the 117 seed solution was added to the growth solution, mixed gently, 118 and left still for 3 h. 119

### Functionalization of AuNRs and SWNTs

For polyethylene glycol (PEG) modification, amine-PEG- 121 thiol (HS-PEG-NH<sub>2</sub>) was added to a dispersion of the AuNRs. 122 The raw AuNR solution was centrifuged at 7000 g for 20 min to 123 eliminate the excess CTAB. After the colorless supernatant 124 solution was gently removed, the pellets at the bottom of 125 centrifuge tubes were redispersed by adding 5 mL of 2 mM 126 HS-PEG-NH<sub>2</sub>. The mixture was incubated for 12 h. Then, the 127 PEGlyated AuNRs were again centrifuged to remove any 128 unreacted HS-PEG-NH<sub>2</sub> series and redispersed by adding 129 water or PBS solution. 130

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FA solution was activated by EDC/NHS to afford FA-NHS 131 (molar ratio, FA:EDC:NHS = 1:1:1). HS-PEG-FA was pro- 132 duced by incubating FA-NHS with HS-PEG-NH<sub>2</sub> (molar ratio, 133 FA-NHS:HS-PEG-NH<sub>2</sub> = 2:1, pH 7.4) for 4 h. After reaction, 134 the solution was filtrated using 2000 Da filters (Millipore) to 135 remove excess FA-NHS, EDC and NHS. 136

For conjugation of FA on AuNRs, 5 mL of 2 mM HS-PEG- 137 FA was added to the raw AuNR solution. For conjugation of FA 138 and fluorescein isothiocyanate (FITC) on AuNRs, 2.5 mL of 139 2 mM HS-PEG-FA and 2.5 mL of 2 mM HS-PEG-FITC were 140 added to the raw AuNR solution. The mixture was allowed to 141 react overnight at room temperature with protection from light. 142 Then, the solution was centrifuged to excess removal of 143 unconjugated HS-PEG-FA and HS-PEG-FITC. 144

ICG-PL-PEG-FA were prepared as described by Zheng et al.<sup>35,36</sup> 145 FA-SWNTs were prepared as described by Kang et al.<sup>2</sup> 146

### Photoacoustic imaging system

Photoacoustic microscopy (PAM) system was described by 148 Yang et al.<sup>37</sup> A focused ultrasound transducer with center 149 frequency of 15 MHz and -6 dB bandwidth of 100% was used 150 to receive the photoacoustic signals generated by the tested 151 sample. Photoacoustic computed tomography (PAT) system was 152 described by Yang et al.<sup>38</sup> In the PAT system, based upon a 153 10 MHz 384-element ring ultrasound array, the incident fluence 154 levels were maintained below 10 mJ/cm<sup>2</sup>. An optical parametric **Q5** oscillator (OPO) (Surelite II-20, Continuum, Santa Clara, CA, 156 USA) with pulse duration of 4-6 ns and pulse repetition rate of 157 20 Hz was used as the light source. The OPO operated at 158 800 nm, 808 nm or 1064 nm was used to irradiate the samples 159 for generating photoacoustic signals. Download English Version:

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