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### Hepcidin levels in hyperprolactinemic women monitored by 1 nanopore thin film based assay: Correlation with pregnancy-associated 2 hormone prolactin 3

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### Abstract 13

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Hepcidin is a central regulator in human iron metabolism. Although it is often regarded as a promising indicator of iron status, the lack of 14 effective quantification method has impeded the comprehensive assessment of its physiological and clinical significance. Herein we applied a 15newly established, nanopore film enrichment based hepcidin assay to examine the correlation between hepcidin and prolactin, the hormone 16 with an important role during pregnancy and lactation. Women with pathologically elevated prolactin secretion (hyperprolactinemia) were 17 18 found to have lower serum hepcidin compared to those with normal prolactin levels, without showing significant difference in other hepcidin-regulating factors. Moreover, prolactin-reducing drug bromocriptine mesylate resulted in elevated expression of the hepcidin in 19 hyperprolactinemia patients. These findings suggest a possible role of prolactin in regulation of hepcidin, and may render hepcidin a useful 20biomarker for progress monitoring and treatment of iron-related diseases under hyperprolactinemic conditions. 21

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#### Introduction 03

Low abundant peptides in biological samples may carry 26important physiological and pathological information, and are 27

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often regarded as potential biomarkers for diagnosis and 28 monitoring of diseases. Unfortunately, for many of them, the 29 absence of efficient quantification assays due to low peptide 30 concentration and complex sample matrix still hinders their 31 clinical applications.

One of these biologically important peptides is the iron 33 regulatory hormone hepcidin, which holds attractive prospect as 34 biomarker for iron status.<sup>1–3</sup> The bioactive form of human 35 hepcidin is a 25-amino-acid peptide (Hep-25) which binds to 36 ferroportin, the only known exporter of intracellular iron in 37 human, and promotes its internalization and degradation.<sup>4</sup> By 38 this process hepcidin reduces the cellular reflux of iron and 39 therefore holds a central role in body iron homeostasis 40 regulation.<sup>5</sup> Abnormal serum levels of hepcidin usually imply 41 disorders of iron metabolism,<sup>2,3</sup> and can provide additional 42 pathological information to current iron markers such as serum 43

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44 iron and ferritin. For example, hepcidin is up-regulated in
45 anemias caused by chronic infection but down-regulated in
46 anemia caused by iron deficiency, while current markers are
47 often unable to distinguish the two diseases.<sup>6,7</sup>

Despite the promising potential of hepcidin as iron status 48 indicator, and the increasing amount of research interest it has 49attracted in recent years,<sup>1,8,9</sup> several challenges in hepcidin 50quantification have limited its clinical study and usage. Reported 51assays for hepcidin are those based on antibody recognition and 52mass spectrometry (MS), as recently reviewed by Konz et al<sup>9</sup>; 53however, most of the generated antibodies bind the peptide at its 54C-terminal and hence lack the desired selectivity between the 55bioactive form of hepcidin, Hep-25, and its bioinactive 56N-terminal truncated isoforms, Hep-20, -22, and -24.<sup>10,11</sup> 57False-positives possibly due to antibody specificity issue have 58been reported previously,<sup>10,12</sup> suggesting the need of developing 59assays with alternative analyte-recognition strategy, both as 60 alternative and as reference to immunochemical methods such as 61 competitive ELISAs. Mass spectrometric assays, including those 62 63 based on surface-enhanced laser desorption/ionization time-offlight (SELDI-TOF) MS,<sup>13–15</sup> matrix-assisted laser desorption/ 64 ionization time-of-flight (MALDI-TOF) MS<sup>16-18</sup> or LC-MS/ 65 MS<sup>19,20</sup> enjoy high selectivity due to their ability to distinguish 66 67 the isoforms according to m/z of molecular ion, yet most of them also require laborious and time-consuming sample pre-treatment 68 when dealing with physiological matrix. In addition, SELDI-69 TOF MS suffers insufficient mass resolution which limits its 70 quantification capacity, and LC-MS/MS methods are less 71suitable for high-throughput measurements.<sup>16,21,22</sup> 72

In response to the urgent need of reliable, fast and easy-to-do 73hepcidin assay in clinical study, diagnosis and treatment of 74iron-related diseases, we have previously described a nanopore 75silica film-based enrichment approach for MALDI-TOF MS 76 quantification of hepcidin and other small peptides in serum.<sup>23</sup> 77 Enrichment chips are coated with thin film of nanoporous silica. 78 By incubating serum samples on the film surface, the low 79 molecular weight components, including peptides and small 80 proteins that are able to diffuse into the nanopores, are retained 81 within the silica film while large proteins are left in sample 82 83 matrix and can be removed by subsequent washing. Nanoporeenriched peptides are recovered with an elution buffer and the 84 eluted solution will be ready for direct MALDI-TOF MS 85 measurement. This approach provides a fast and highly 86 simplified pre-treating procedure for serum samples compared 87 to both conventional immunochemical and mass spectrometric 88 methods, and takes advantage of the high sensitivity and good 89 mass selectivity of MALDI-TOF MS. The assay has showed 90 satisfactory performance in preceding researches on clinical 91 samples, including those of patients with inflammation. 92

Herein we report a further application of this assay to the 93 study of correlation between hepcidin and prolactin, a pituitary 94 hormone that plays crucial roles in reproductive-related 95processes. In healthy women, the secretion of prolactin by 96 pituitary typically increases 10- to 20-fold during pregnancy,<sup>24</sup> 97 which acts on the mammary epithelium to promote lobuloalveo-98 lar development for subsequent lactation. After delivery, 99 prolactin also directly enables the mammary gland to produce 100101milk and enhances the uptake of nutrients necessary for milk synthesis.<sup>25</sup> Aberrant elevation of prolactin levels 102 (hyperprolactinemia) in non-pregnant females often causes 103 estrogen deficiency, irregular menstruation, galactorrhea, and 104 infertility, and women with hyperprolactinemia also have higher 105 risks of ectopic pregnancy.<sup>26</sup> Excess prolactin levels during 106 pregnancy are reported to be related with miscarriage.<sup>27,28</sup> 107 However, prolactin also has a wide range of non-reproductive 108 functions, being described as influential on the central nervous 109 system, the immune system, and body homeostasis.<sup>25,29</sup> 110 Exploration on possible homeostatic roles of prolactin is still 111 in need and has drawn considerable interest.

It has been known that pregnant and lactating females, i.e. 113 population typically associated with raised prolactin secretion, 114 have extraordinary metabolic demand of iron. Absorption of iron 115 in women is significantly boosted by gestation since more iron is 116 transported through blood for the need of both the mother and the 117 fetus.<sup>30</sup> A few investigations have suggested that pregnancy is 118 often accompanied by a decrease in serum hepcidin levels, 119 especially during the second and third trimester,<sup>30</sup> which 120 according to correlation studies is possibly related with the 121 depletion of iron stores and increased erythropoiesis in pregnant 122 females.<sup>31</sup> Meanwhile, it is worth noting that prolactin secretion 123 usually starts to increase from the middle stage of pregnancy and 124 gradually decreases throughout lactation after delivery, <sup>32</sup> 125 displaying a longitudinal trend similar to that of maternal iron 126 usage and contrary to that of serum hepcidin. The knowledge 127 about potential relationship between prolactin and iron metab- 128 olism is so far still absent, and due to the complicated 129 physiological changes that occur during gestation, it is difficult 130 to recognize the effect of prolactin in the investigations in 131 pregnant women mentioned above. 132

In this study, we have selected non-pregnant patients with 133 hyperprolactinemia as subjects to assess the possibility of 134 participation of prolactin in iron regulation. By monitoring 135 serum levels of prolactin, hepcidin and other iron indicators in 136 these patients before and after treatment with bromocriptine 137 mesylate, a drug that selectively suppresses prolactin secretion, 138 we studied the correlation between prolactin and hepcidin as well 139 as other hepcidin regulators in non-pregnant patients with 140 hyperprolactinemia. This work may expand our understanding 141 on the physiological significance of hepcidin and benefit clinical 142 diagnosis and treatment of diseases with abnormal hepcidin 143 levels. Moreover, iron accessibility problems such as pregnancy- 144 associated anemia are still frequently encountered threats during 145 pregnancy,<sup>33</sup> causing premature births, prenatal mortality, 146 inferior neonatal health and infant development, as well as 147 various maternal postpartum risks.<sup>34-36</sup> We believe that 148 explorations on the role of prolactin in hepcidin regulation 149 may also add to the knowledge of iron homeostasis during 150 pregnancy and is of great clinical interest. 151

## Methods

## Materials

The nanopore silica film coated wafer chips for sample 154 pretreatment were fabricated as previously described.<sup>23,37</sup> 155 Synthetic human hepcidin was from Peptides Institute (Osaka, 156

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