

Author's Accepted Manuscript

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PII: S2212-1447(14)00028-3
DOI: <http://dx.doi.org/10.1016/j.jcbs.2014.04.004>
Reference: JCBS48

To appear in: *Journal of Contextual Behavioral Science*

Received date: 12 June 2013
Revised date: 4 April 2014
Accepted date: 23 April 2014

Cite this article as: D. Hoffmann, L. Halsboe, T. Eilenberg, J.S. Jensen, L. Frostholm, A pilot study of processes of change in group-based acceptance and commitment therapy for health anxiety, *Journal of Contextual Behavioral Science*, <http://dx.doi.org/10.1016/j.jcbs.2014.04.004>

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**A Pilot Study of Processes of Change in group-based Acceptance and
Commitment Therapy for Health Anxiety**

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