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Novel serotonin type 3 receptor partial agonists for the potential treatment of irritable bowel syndrome

David D. Manning^{a,*}, Christopher L. Cioffi^a, Alexander Usyatinsky^a, Kevin Fitzpatrick^a, Liaqat Masih^a, Cheng Guo^a, Zhenjun Zhang^a, Sok Hui Choo^a, M. Inthikhab Sikkander^a, Kristen N. Ryan^a, Jennifer Naginskaya^a, Carla Hassler^a, Svetlana Dobritsa^a, Jonathan D. Wierschke^a, William G. Earley^a, Amy S. Butler^b, Catherine A. Brady^b, Nicholas M. Barnes^b, Marlene L. Cohen^c, Peter R. Guzzo^a

^a Discovery R&D AMRI, 26 Corporate Circle, PO Box 15098, Albany, NY 12212-5098, United States

^b Celentix Ltd, Birmingham Research Park, Vincent Drive, Edgbaston, Birmingham B15 2SQ, UK

^c Creative Pharmacology Solutions LLC, 10532 Coppergate, Carmel, IN 46032, United States

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ABSTRACT

Serotonin type 3 (5-HT₃) receptor partial agonists are being targeted as potential new drugs for the treatment of irritable bowel syndrome (IBS). Two new chemical series bearing indazole and indole cores have exhibited nanomolar binding affinity for the h5-HT_{3A} receptor. A range of partial agonist activities in HEK cells heterologously expressing the h5-HT_{3A} receptor were measured for the indazole series. Excellent 5-HT₃ receptor selectivity, favorable in vitro metabolic stability and CYP inhibition properties, and good oral in vivo potency in the murine von Bezold–Jarisch reflex model is exemplified thereby indicating the series to have potential utility as improved IBS agents.

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Irritable bowel syndrome (IBS) affects as many as 10% of the US adult population, with symptoms ranging from constipation to diarrhea or a combination of the two, coupled with severe abdominal pain and discomfort.¹ Direct medical care costs in the US have been estimated to be as high as \$8 billion per year though only 6% of the costs are attributed to medication, implying that there is significant unmet medical need in IBS therapy.² While the underlying cause of IBS is currently unknown, the typical symptoms of pain and altered bowel habits suggest a potential dysfunction of neural pathways involved in sensory and/or motor function processing.

Serotonin, a key neurotransmitter synthesized and stored in the GI tract, plays a central role in the normal function of the gut and has been reported in abnormal levels in IBS patients.³ Acting at multiple receptor subtypes, serotonin activates both enteric and central neurons and gastrointestinal tract smooth muscle, which can ultimately lead to gut movement and/or the perception of pain and discomfort.⁴ One type of serotonin receptor, the 5-HT₃ receptor, is located on vagal afferents within the intestinal wall and

can be activated by serotonin release induced, for example, by stress or in response to intracolonic pressure.⁵

Among its pharmacological actions, the 5-HT₃ receptor has shown that it can affect intestinal transit, small bowel secretion and the perception of visceral pain.⁶ In fact, antagonism of the 5-HT₃ receptor represents one of the few clinically validated and effective strategies for the symptomatic treatment of diarrhea predominant IBS (IBS-D). Unfortunately, broad utilization of 5-HT₃ receptor antagonists in IBS therapy has been hampered due to rare occurrences of severe constipation and ischemic colitis associated with alosetron, the earliest pharmaceutical product introduced in this class.⁷ Ramosetron hydrochloride, a 5-HT₃ receptor antagonist launched in 2008 in Japan, has no reports of the same serious adverse events in IBS patients thereby demonstrating that safer 5-HT₃ receptor modulators can be achieved.⁸

Partial activation of ligand gated ion channels is an established drug discovery strategy and principally employed to improve side effect profiles of first generation ligands.⁹ A high affinity 5-HT₃ receptor partial agonist is predicted to attenuate 5-HT₃ receptor function in the presence of excessive endogenous serotonin, yet maintain a basal level of receptor activity. The preservation of a

* Corresponding author. Tel.: +1 518 512 2129; fax: +1 518 512 2081.

E-mail address: David.Manning@amriglobal.com (D.D. Manning).



Figure 1. Preferred functional activity of 5-HT₃ receptor ligands for IBS.

modicum of 5-HT₃ receptor function is predicted to reduce the risk of constipation and possible other side effects associated with full receptor inhibition in IBS-D patients. Further, by tuning the intrinsic activity of a partial agonist through chemical modification, it may be possible to identify compounds that will treat a range of IBS symptom classes (Fig. 1).¹⁰

Herein we report the discovery of two new series of heterocyclic compounds derived from indole and indazoles, which have shown early promise toward achieving our goal to identify a 5-HT₃ receptor partial agonist drug candidate suitable for the treatment of IBS (Fig. 2).

The general synthesis of indazole analogs, **5–12**, is shown in Scheme 1. The commercial 3-formyl indazoles **1** were either alkylated or arylated and then subjected to reductive amination conditions using either (*R*)- or (*S*)-3-aminoquinuclidine to provide aminomethyl indazoles **3a,b**. The methyl ester was hydrolyzed and then cyclized using HBTU to provide the desired indazoles **5–12**.

The synthesis of a related indole analog is shown in Scheme 2. Mannich coupling to methyl 1-methyl-1*H*-indole-4-carboxylate (**13**) using formaldehyde and either (*R*)- or (*S*)-3-aminoquinuclidine provided aminomethyl indole **14a,b**. As in the synthesis of the indazoles, the methyl ester was hydrolyzed using lithium hydroxide, followed by cyclization to the desired indoles **16a,b**.

Novel indole and indazole-derived heterocycles have been identified and found to exhibit potent in vitro *h5*-HT₃A receptor binding affinity (Table 1).¹¹ On the indazole core, substituents at the R² position are well tolerated, with only a slight decrease in affinity observed when substituted phenyl substituents were incorporated at R² (**12a,b**). Fluorine was tolerated at R¹. Several pairs of enantiomers were examined and, in general, the binding affinities were equivalent between the two.

A number of analogs were selected for assessment of functional activity in HEK293 cells expressing the *h5*-HT₃A receptor subunit. In order to confirm the agonist activity of compounds with small signals, compounds were tested for their ability to evoke 5-HT₃ receptor mediated responses with and without addition of the positive allosteric modulator, 5-chloroindole, which has been used to magnify partial agonist responses of the 5-HT₃ receptor, but has no effect on 5-HT₃ receptor antagonists.¹² The results for select analogs are shown in Table 2. Two pairs of enantiomers (**5a,b** and **6a,b**) suggest that stereochemistry plays a role in dictating the extent of partial agonist activity of the scaffold. While the (*R*)-enantiomer **5a** exhibited a strong partial agonist response both with and without 5-chloroindole, (*S*)-enantiomer (**5b**) only demonstrated a partial agonist response when potentiated with 5-chloroindole.

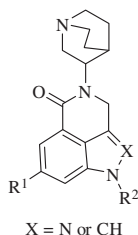
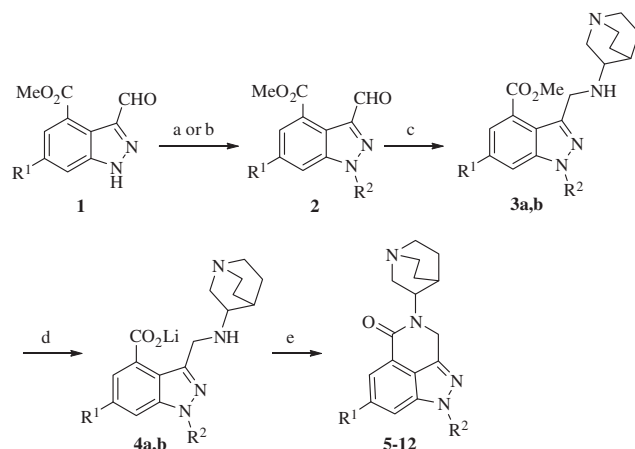
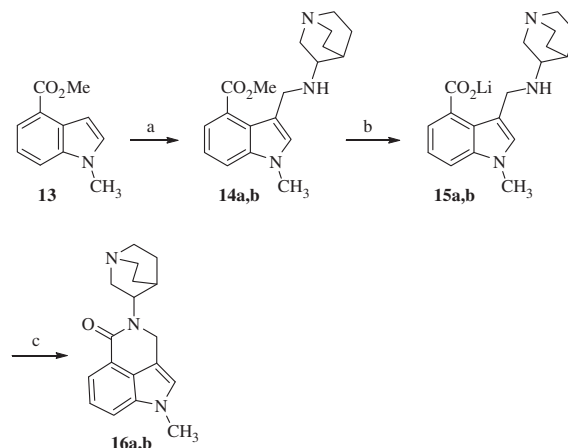


Figure 2. Indazole and indole derived chemical series.



Scheme 1. General synthesis of indazole series. Reagents and conditions: (a) Cs₂CO₃, R²X, DMSO; (b) R² = Ar; ArB(OH)₂, Cu(OAc)₂, Et₃N, CH₂Cl₂; (c) 3-aminoquinuclidine dihydrochloride, NaBH(OAc)₃, 1% HOAc in CH₂Cl₂; (d) LiOH·H₂O, 1:1 THF/H₂O; (e) HBTU, DMF.



Scheme 2. Synthesis of indoles **16a,b**. Reagents and conditions: (a) 3-aminoquinuclidine dihydrochloride, CH₂O, HOAc, rt; (b) LiOH·H₂O, 1:1 THF/H₂O, reflux; (c) HBTU, DMF, 50 °C.

A different outcome was observed for the enantiomeric pair **6a,b**. In this case, the (*R*)-enantiomer **6a** proved to be a slightly weaker partial agonist than its non-alkylated parent **5a**, while the (*S*)-enantiomer **6b** proved to be strictly an antagonist both in the absence and presence of 5-chloroindole. Analogs from the series demonstrated a range of partial agonist activities, falling both below and above the value measured for DDP733, a reference 5-HT₃ receptor partial agonist.¹³ In contrast, known 5-HT₃ receptor antagonists showed no effect in this assay, both with and without the potentiator 5-chloroindole (Table 2).

A control experiment was carried out using the 5-HT₃ receptor antagonist granisetron (Fig. 3) to confirm that the responses were mediated by the 5-HT₃ receptor. As shown, the serotonin-induced agonist response in the HEK293 cells is sensitive to the addition of granisetron (5-HT panel). Likewise, addition of granisetron completely abolished the partial agonist responses attributed to indazole **6a** both in the presence and absence of 5-chloroindole.

Compounds **5a** and **6a** which exhibited *E*_{max} values of 35% and 6%, respectively, were selected for further investigation. Subsequent in vitro ADME profiling (Table 3) with **5a** and **6a** demonstrated a low risk for inhibition of cytochrome P₄₅₀ enzymes and a stability in human liver microsomes comparable to alosetron. In addition, no significant off-target activity (>50% inhibition at

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