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Digest paper

Biased agonism: An emerging paradigm in GPCR drug discovery



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ABSTRACT

G protein coupled receptors have historically been one of the most druggable classes of cellular proteins. The members of this large receptor gene family couple to primary effectors, G proteins, that have built in mechanisms for regeneration and amplification of signaling with each engagement of receptor and ligand, a kinetic event in itself. In recent years GPCRs, have been found to interact with arrestin proteins to initiate signal propagation in the absence of G protein interactions. This pinnacle observation has changed a previously held notion of the linear spectrum of GPCR efficacy and uncovered a new paradigm in GPCR research and drug discovery that relies on multidimensionality of GPCR signaling. Ligands were found that selectively confer activity in one pathway over another, and this phenomenon has been referred to as 'biased agonism' or 'functional selectivity'. While great strides in the understanding of this phenomenon have been made in recent years, two critical questions still dominate the field: How can we rationally design biased GPCR ligands, and ultimately, which physiological responses are due to G protein versus arrestin interactions? This review will discuss the current understanding of some of the key aspects of biased signaling that are related to these questions, including mechanistic insights in the nature of biased signaling and methods for measuring ligand bias, as well as relevant examples of drug discovery applications and medicinal chemistry strategies that highlight the challenges and opportunities in this rapidly evolving field.

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G protein-coupled receptors (GPCRs) are seven-transmembrane domain proteins that function to transmit signals into the intracellular space. It is estimated that nearly 36% of all FDA-approved drugs target at least one member of the GPCR gene family.^{1,2} Classically, the categorization of GPCR-ligands has been done based on their efficacies for activation of G proteins, as full agonists, partial agonists, antagonists, or inverse agonists, depending on their abilities to elicit a receptor-mediated response. However, it has become evident that GPCRs can mediate multiple signaling outcomes. For instance, β arrestins, which have been long associated with receptor desensitization, can also lead to signaling events.³

Arrestins are cytosolic proteins originally discovered in the visual system, which include arrestin-1 (also referred to as visual arrestin), arrestin-2 (β arrestin1), arrestin-3 (β arrestin2) and arrestin-4 (termed a cone arrestin).^{4,5} While arrestins-1 and -4 are localized in retinal rods and cones, molecular cloning revealed two ubiquitously expressed isoforms termed β arrestin1 and β arrestin2 due to their high homology with the visual arrestin and their potent functional regulation of the β_2 adrenergic receptor

(β_2 AR).^{6–8} More recently, two additional families of arrestin-related proteins have been found to be broadly expressed in eukaryotes, namely, a group of vacuolar protein sort 26 (Vps26)-related proteins and α arrestins. Their tertiary structure is similar to that of the visual and β arrestins, although their physiological role and potential involvement in regulating GPCR signaling are still not fully understood.^{9,10}

While arrestins were named based on their initially discovered ability to arrest (turn off) GPCR signaling, it is now evident that β arrestins regulate GPCR trafficking as well as G protein-independent signaling.^{11–13} A general scheme for the β arrestin-mediated regulation of GPCR function is depicted in Figure 1. Agonist binding to GPCR stabilizes an active conformation(s) of the receptor that promotes its interaction with heterotrimeric G proteins, $G\alpha\beta\gamma$ (Fig. 1a). This is followed by the GDP to GTP exchange at the $G\alpha$ subunit, and the subsequent dissociation of G proteins (Fig. 1b). The dissociated G proteins interact with and modulate the activity of downstream effectors (e.g., adenylyl cyclase and phospholipases) that produce second messengers such as cAMP and inositol phosphate (G protein-dependent signaling).¹⁴

Since one activated receptor can sequentially couple to multiple G proteins with signal amplification occurring through to the enzymatic activity of receptor second messengers (e.g., cyclases and

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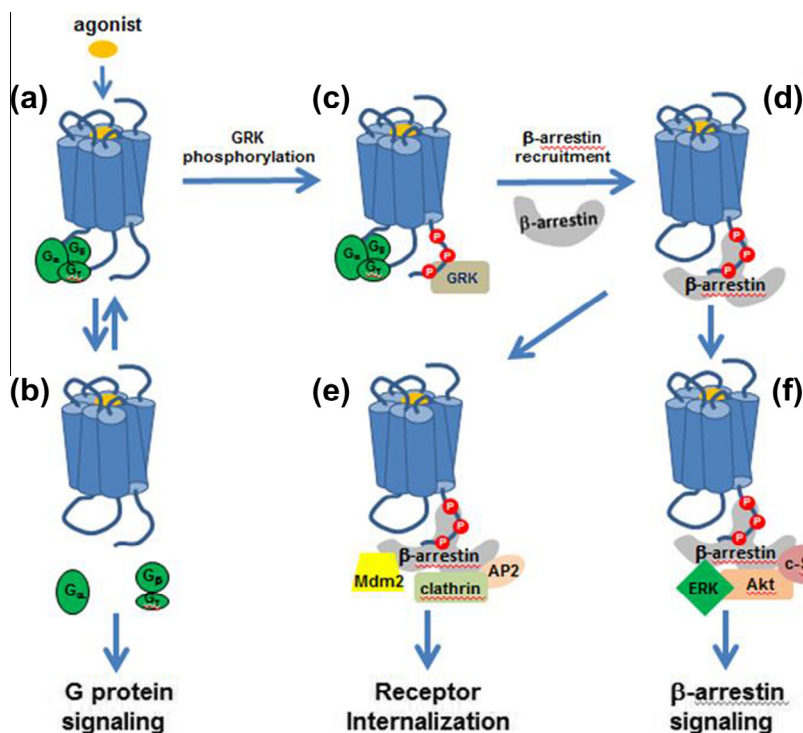


Figure 1. Paradigms of GPCR-mediated signaling and multiple roles of β-arrestins: binding of an agonist (a) results in activation of signaling pathways by G proteins (b), as well as β-arrestins (f), in addition to desensitization and internalization by β-arrestins (d and e).

phospholipases), desensitization mechanisms have evolved to turn off the potentially deleterious effects of sustained signaling.¹⁵ Desensitization is considered a two-step process, which starts with phosphorylation of the agonist-occupied GPCR by the second messenger-dependent protein kinases, such as protein kinase A or C (PKA or PKC), or by a corresponding GPCR Kinase (GRK, Fig. 1c).⁴ This triggers the second desensitization step, which involves the recruitment of β-arrestin to active phosphorylated receptors and the consequent steric hindrance of further G protein activation (Fig. 1d).¹⁶ The initial discovery of the critical involvement of β-arrestins in GPCR desensitization was subsequently followed up by studies that indicated their important role in receptor internalization. It has been found that the receptor-bound β-arrestins interact with several key components of the receptor endocytotic process (Fig. 1e), including the adaptor-protein2 (AP2) complex,¹⁷ the clathrin heavy chain,¹⁸ and the E3 ubiquitin ligase Mdm2.¹⁹ The complex formed upon the binding of clathrin/AP2 to the receptor-bound arrestin translocates to the clathrin-coated pit, which is then sequestered off the plasma membrane and hindered from subsequent stimuli.²⁰

While the receptor–G protein interaction that takes place upon receptor activation is unstable and brief, the receptor–arrestin complex can be relatively stable and exist on a time scale of minutes to hours.^{21,22} Analysis of the agonist-mediated arrestin translocation to multiple GPCRs identified two major classes of receptor–arrestin complexes, based on their strength and longevity. Class A complexes are transient and receptor–β-arrestin interactions rapidly dissociate upon receptor internalization, as exemplified by the β₂ adrenergic, μ-opioid, endothelin type A, dopamine D₁, and α₁ adrenergic receptors. Receptors in this class are rapidly recycled back to the plasma membrane. In contrast, Class B complexes have more stable receptor–β-arrestin interactions that persist even as the receptor undergoes endosomal sorting. Receptors in this class are sequestered in endosomes and

recycled slowly or undergo degradation, for example, the angiotensin II type 1A, neurotensin 1, vasopressin V₂, thyrotropin-releasing hormone, and substance P receptors.²³

Recent β-arrestin crystallographic,²⁴ mutation,²⁵ and biophysical studies²⁶ suggest that β-arrestins undergo extensive conformational changes upon binding to the phosphorylated GPCR. In their basal cytosolic receptor-unbound state, arrestins are elongated molecules, which consist of two (N- and C-) domains (Fig. 2a) and the C-terminus anchored in a polar core between them, unavailable for interaction with partner proteins (Fig. 2b).²⁷

The recently reported crystal structure of β-arrestin1 in complex with a fully phosphorylated 29-amino-acid carboxy-terminal (derived from the vasopressin receptor-2 (V₂Rpp) and shown to functionally and conformationally activate β-arrestin1) revealed extensive conformational changes in the C-terminus, which is released and becomes available for interactions with clathrin and AP2 (Fig. 2c).²⁴ The V₂Rpp–β-arrestin1 crystal structure also revealed a 20° twist between the N- and C-domains. A similar 20° rotation has been observed in the crystal structure of the mouse visual arrestin bound to a constitutively active form of human rhodopsin.²⁸ It has been suggested that the twisting movement of the two domains is part of the general mechanism by which arrestins, upon activation, may expose an additional interface for interacting with their numerous binding partners.

Over the past decades, a growing list of binding partners has implicated β-arrestins in a number of important cellular functions in addition to GPCR desensitization and trafficking. In particular, arrestins have been found to link activated GPCRs to signaling effectors such as the Src family tyrosine kinases,²⁹ components of the extracellular signal-regulated kinase 1/2 (ERK 1/2) and the c-Jun N-terminal kinase 3 (JNK3),³⁰ mitogen-activated protein kinase (MAPK) cascades,³¹ Akt,^{32,33} and effectively convey the G protein-independent signaling (Fig. 1f). Because arrestin binding can uncouple G protein from the activated receptor, the

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