



The discovery of potent inhibitors of aldosterone synthase that exhibit selectivity over 11- β -hydroxylase

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ABSTRACT

Aldosterone, the final component of the renin–angiotensin–aldosterone system, plays an important role in the pathophysiology of hypertension and congestive heart failure. Aldosterone synthase (CYP11B2) catalyzes the last three steps of aldosterone biosynthesis, and as such appears to be a target for the treatment of these disorders. A sulfonamide–imidazole scaffold has proven to be a potent inhibitor of CYP11B2. Furthermore, this scaffold can achieve high levels of selectivity for CYP11B2 over CYP11B1, a key enzyme in the biosynthesis of cortisol.

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The renin–angiotensin–aldosterone system (RAAS) is a key regulator of blood pressure and extracellular volume. Aldosterone, the final component of the RAAS, is a potent mineralocorticoid. Elevated aldosterone levels play an important role in the pathophysiology of hypertension and congestive heart failure.¹ As such, aldosterone has attracted much attention from both the pharmaceutical and clinical communities. Until recently, the majority of this effort has focused on mineralocorticoid receptor (MR) antagonists, such as spironolactone and eplerenone.^{2,3} However, current evidence indicates that the deleterious effects of elevated aldosterone levels are not solely mediated by the MR and that non-genomic effects may play a critical role.^{4,5} Therefore, directly inhibiting the synthesis of aldosterone may prove advantageous.⁶

The final three steps of aldosterone biosynthesis are catalyzed by a single cytochrome P450 enzyme, CYP11B2, which is expressed in *zona glomerulosa* cells of the adrenal gland.⁷ Importantly, fadrozole, an inhibitor of CYP11B2, has been shown to reduce aldosterone levels in humans.⁸ Fadrozole was initially developed as an aromatase (CYP19) inhibitor, but it was later discovered that the *R*-enantiomer of fadrozole (FAD286, Fig. 1) is a potent aldosterone synthase inhibitor.⁹

Subsequent studies have shown that FAD286 is also an inhibitor of 11- β -hydroxylase (CYP11B1). CYP11B1 is also expressed in the adrenal gland and catalyzes the last step in the biosynthesis of cortisol, the primary glucocorticoid.⁷ Cortisol mediates the stress response affecting energy mobilization and the immune system. Therefore, a selective CYP11B2 inhibitor may be desirable. FAD286 exhibits IC₅₀ values of 1.6 and 9.9 nM in recombinant human CYP11B2 and CYP11B1 enzyme assays, respectively.¹⁰ This small degree of selectivity is not surprising, considering that the amino acid sequences of these two enzymes are 95% identical in the coding regions.¹¹ Homology models of the two enzymes

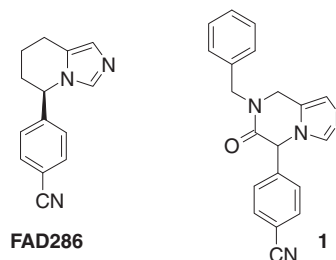


Figure 1. The *R*-enantiomer of fadrozole (FAD286) and a representative analog from the lactam series (**1**).

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