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Excitation of ultrasonic Lamb waves using a phased array system with two array probes: Phantom and *in vitro* bone studies

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ABSTRACT

Long bones are good waveguides to support the propagation of ultrasonic guided waves. The low-order guided waves have been consistently observed in quantitative ultrasound bone studies. Selective excitation of these low-order guided modes requires oblique incidence of the ultrasound beam using a transducer-wedge system. It is generally assumed that an angle of incidence, θ_i , generates a specific phase velocity of interest, c_o , via Snell's law, $\theta_i = \sin^{-1}(v_w/c_o)$ where v_w is the velocity of the coupling medium. In this study, we investigated the excitation of guided waves within a 6.3-mm thick brass plate and a 6.5-mm thick bovine bone plate using an ultrasound phased array system with two 0.75-mm-pitch array probes. Arranging five elements as a group, the first group of a 16-element probe was used as a transmitter and a 64-element probe was a receiver array. The beam was steered for six angles (0°, 20°, 30°, 40°, 50°, and 60°) with a 1.6 MHz source signal. An adjoint Radon transform algorithm mapped the time-offset matrix into the frequency-phase velocity dispersion panels. The imaged Lamb plate modes were identified by the theoretical dispersion curves. The results show that the 0° excitation generated many modes with no modal discrimination and the oblique beam excited a spectrum of phase velocities spread asymmetrically about c_o . The width of the excitation region decreased as the steering angle increased, rendering modal selectivity at large angles. The phenomena were well predicted by the excitation function of the source influence theory. The low-order modes were better imaged at steering angle $\geq 30^\circ$ for both plates. The study has also demonstrated the feasibility of using the two-probe phased array system for future *in vivo* study.

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1. Introduction

Osteoporosis is a systemic skeletal disease characterized by gradual loss of bone density, micro-architectural deterioration of bone tissue, and thinning of the cortex, leading to bone fragility and an enhanced risk of fractures. Cortical thickness of long bone measurement has been investigated for the incidence of osteoporosis. Loss of cortical bone involves an increase of intracortical porosity due to trabecularization of cortical bone [1,2] and cortical thinning due to the expansion of marrow cavity on the endosteal surface [3]. The cortical thicknesses at distal radius and tibia in postmenopausal women with osteopenia were found to be thinner than those of normal women in an *in vivo* study using high-resolution peripheral quantitative computed tomography [4]. Recently, a high correlation was demonstrated between proximal humeral cortical bone thickness measured from anteroposterior shoulder radiographs and bone mineral density measured by

Dual-energy X-ray absorptiometry in an *in vivo* study for osteoporosis diagnosis [5].

Ultrasound has been exploited to study long bones using the so-called axial transmission technique, where the transmitter and the receiver are deployed as a pitch-catch configuration with the receiver moving away from the transmitter. Since the acoustic impedance (density \times velocity) of the cortex is much higher than those of the surrounding soft-tissue materials, the cortex is a strong ultrasound waveguide. The propagation of ultrasound is guided by the cortical boundaries and its propagation characteristics depend on the geometry (thickness) and material properties (elasticities and density) of the cortex and the surrounding tissues. Ultrasonic guided waves (GWs) propagate within long bone in their natural vibrational modes, known as guided modes at different phase velocities, which depend on frequency. The GWs travel longer distance and suffer less energy loss than the bulk waves because the boundaries keep most of the GW energies within the waveguide.

The application of GWs to study long bones is quite recent but the results so far are quite interesting. Nicholson et al. found the velocity of the fundamental Lamb mode A_0 differed by 15%

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83 between eight healthy and eight osteoporotic subjects (1615 m/s
84 versus 1300 m/s) [6]. The same group studied a population of
85 106 pubertal girls and also found the velocity of a slow-traveling
86 wave (1500–2300 m/s) consistent with that of the fundamental
87 A_0 mode [7]. Protopappas et al. identified four low-order modes,
88 S_0 , S_1 , S_2 , and A_1 in an *ex vivo* study of an intact sheep tibia [8].
89 Lee et al. found a strong correlation between the phase velocities
90 of A_0 and S_0 modes with cortical thicknesses in bovine tibiae [9].
91 Ta et al. found that the $L(0,2)$ mode was quite sensitive to the
92 thickness change in the cortex [10]. Basically in most studies, the
93 first few low-order guided modes have been consistently observed
94 and further studied for their potential to characterize long bones.

95 Guided modes are dispersive and might come close together,
96 posing a challenge for their identification. The ability to isolate
97 the guided modes of interest is the key for a successful analysis
98 of ultrasound data. Post-acquisition signal processing techniques
99 such as singular value decomposition [11], $\tau - p$ transform [12],
100 group velocity filtering [13], dispersion compensation [14], and
101 the joint approximate diagonalization of eigen-matrices algorithm
102 (JADE) [15] are viable methods to separate wavefields. Guided
103 modes can also be selectively excited by using angle beam.

104 Preferential modal excitation and selectivity using angle beam
105 is widely used in ultrasonic non-destructive testing and material
106 characterization. It is generally assumed that given the compression
107 wave velocity of the angle wedge and an incident angle, only
108 a phase velocity is generated via Snell's law. However in practice,
109 the ultrasound beam has a finite beam size and does not generate
110 just a single phase velocity for a given wedge angle. The element
111 size of the transducer and the incident angle influence the excitation
112 of the GWs within the structure, which is generally known as
113 the source influence [16–18]. Instead of being excited with a definite
114 phase velocity (single excitation), GWs with a spectrum of
115 phase velocities are generated at oblique incidence. For normal
116 incidence, the phase velocity spectrum is very broad and dispersive,
117 which implies infinite phase velocities to be excited, thus
118 making mode isolation difficult. For a fixed size transducer,
119 increasing the beam angle decreases the width of the phase velocity
120 spectrum, thus generating fewer guided modes.

121 The use of angle beam to study long bone is very limited. Le et al.
122 used a 51° angle beam to study bulk waves at receivers deployed
123 downstream from the point of excitation [19]. Ta et al. used various
124 angle beams to excite low-order longitudinal modes and was the
125 first to mention briefly the concept of phase velocity spectrum in
126 the bone community without much details [10,20]. Although a pair
127 of transducers is still the most common means to acquire bone data,
128 ultrasound array system has been used in axial transmission bone
129 study [21]. The array system or multi-transmitter–multi-receiver
130 system has many advantages over single-transmitter–single-receiver
131 system. The former has better resolution because of the smaller
132 element footprint, fast acquisition speed, accurate coordination of
133 the receivers, and less motion-related problems. In case the system
134 is a phased array (PA) system, beam steering is possible.

135 The objective of this work is to investigate the use of a PA system
136 to excite guided waves in brass and bone plates. The system has two
137 multi-element array probes with one acting as a transmitter and the
138 other as a receiver. The acquired data are processed and transformed
139 to the dispersion maps via an adjoint Radon transform. The theoretical
140 dispersion curves based on plate models are used for modal
141 identification. We attempt to explain the variation of guided-wave
142 excitation with the incident angle using the source influence theory
143 (SIT). The novelties of our work lie in our employment of two phased
144 array probes and the use of Radon transform to estimate dispersion
145 energy. To our knowledge, these have never been done in the bone
146 community. While the SIT has been studied for a circular disk
147 transducer, we find it interesting to apply the theory to our data
148 acquired by a PA system.

2. Materials and methods

2.1. Preparation of samples

151 We performed experiments on a brass plate and a bovine bone
152 plate. The brass plate was 6.3 mm thick with a 255 mm \times 115 mm
153 surface dimension. We prepared a bone plate from a fresh bovine
154 tibia. The skin and soft tissue were removed. Using a table band-
155 saw, both ends of the tibia were cut and then the diaphysis was
156 cut along the axial direction to make a plate. Both surfaces of the
157 plate were sanded and smoothed by a disk sander. The resultant
158 bone plate had a relatively flat (190 mm \times 48 mm) surface area
159 with a thickness of approximately 6.5 mm. The top face was pol-
160 ished further to prepare the surface ready for the placement of
161 the probes.

2.2. Ultrasound phased array system

163 We used an Olympus TomoScan FOCUS LTTM Ultrasound PA
164 system (Olympus NDT Inc., Canada) with two array probes as
165 shown in Fig. 1a. The system has the following specifications:
166 0.5–20 MHz bandwidth, 20 kHz pulsing rate, 10-bit A/D converter,
167 and up to 100 MHz sampling frequency. Real-time data compression
168 and signal averaging are also available. The scanner has a
169 high-speed data acquisition rate of 4 MB/s with maximum 1 GB file
170 size and 8192 data point per A-scan (or time series). The unit is
171 connected to a computer via Ethernet port. The Windows XP-based
172 computer was loaded with the TomoviewTM software (Version 2.9
173 R6) to control the data acquisition process and to modify the
174 parameters of the ultrasound beam such as scanning mode, beam
175 angle, focal position, and active aperture. The acquired data can
176 be exported to the computer for further post-acquisition analysis.

177 The scanner also supports multi-probe operations such as single-
178 transducer-multi-element probe combination or two multi-

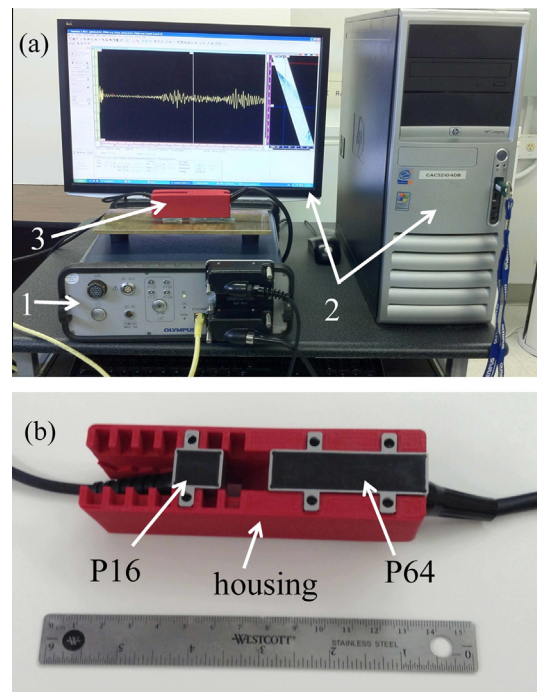


Fig. 1. The ultrasound phased array system: (a) The TomoScan FOCUS LTTM phased array acquisition system (1), the Windows XP-based computer with the TomoviewTM software to control the acquisition process (2), and the probe unit. (b) The housing with the 16-element and 64-element probes. The P16 was the transmitter array while the P64 was the receiver array.

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