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# Sewage as a rich source of phage study against *Pseudomonas aeruginosa* PAO

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#### ABSTRACT

*Pseudomonas aeruginosa* is a ubiquitous organism which has emerged as a major public health threat in hospital environments. Overuse of antibiotics has significantly exacerbated the emergence of multi-drug resistant bacteria such as *P. aeruginosa*. Phages are currently being utilized successfully for aquaculture, agriculture and veterinary applications. The aim of this study was to isolate and characterize of lytic *P. aeruginosa* phage from sewage of llam, Iran. Phage was isolated from sewage that was added to the enrichment along with the host and subsequently filtered. Plaque assay was done by using an overlay method (also called the double agar layer method). Purified plaques were then amplified for characterization. Finally, RAPD-PCR method was conducted for genotyping and Transition electron micrograph (TEM) recruited to determine the morphology and phage family. The phage had high concentration and tremendous effects against a variety of clinical and general laboratory strains (ATCC15693) of *P. aeruginosa*. Among a set of primers in RAPD panel, only P2 and RAPD5 primers, were useful in differentiating the phages. TEM images revealed that the isolated phages were members of the *Siphoviridae* family. The phage effectiveness and specificity towards target bacteria and potential to control biofilm formations will be investigate in our further studies.

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1. Introduction

*Pseudomonas aeruginosa* is considered as the most frequently isolated Gram-negative organism in the blood stream, wound infections, pneumonia and intra-abdominal and urogenital sepsis. It is also a serious problem, infecting immune-compromised patients with cystic fibrosis (CF), severe burns, cancer, acquired immune deficiency syndrome (AIDS), etc. [1]. One of the most worrying characteristics of this bacterium is its low antibiotic susceptibility, which can be attributed to a concerted action of multidrug efflux pumps with chromosomally-encoded antibiotic resistance genes and the low permeability of the bacterial cellular envelopes [2]. Overuse of broad-spectrum antibiotics has also significantly

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increased the emergence of multi-drug resistant bacteria; consequently, most chronic *P. aeruginosa* infections with antibiotics are notoriously difficult to treat [3]. Additionally, *P. aeruginosa* has an innate ability to adhere to surfaces and form virulent biofilms making them persistent and particularly difficult to eradicate [4]. Thus, new alternative strategies to antibiotic therapy are in high demand by the worldwide medical and scientific communities.

Bacteriophages (phages) are an order of viruses that are able to infect bacteria, resulting usually in propagative lysis (lytic cycle) or lysogenization (lysogenic cycle) of the infected cell [5,6]. Depending on the species of the phage and host, conditions of the infection and the composition of media, phages can produce burst sizes between 50 and 250 progeny per cell per infective life cycle. After infecting, each phage in a host will produce 40,000 particles at the end of the second cycle. This will result in 8 million progeny at the end of the third cycle and 1.6 billion at the end of the fourth cycle [7]. Phages are strongly specific to their target bacteria and if

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prepared correctly are safe for use with humans since they show no negative activity against eukaryotic cells. Recruiting phage as a therapeutic agent was initiated in 1919; only a few years after Felix D'Herelle discovered it independently from Fredrick Twort, to treat dysentery and continued until the 1940s. Over this time, phages were used to treat various infections. With the recent increase in antibiotic resistance and poor efficacy of antibiotics against bacterial biofilms, there is renewed global interest in phage applications as a potentially powerful alternative to antibiotics [8].

Phage therapy is based on the use of lytic phages to combat multi-drug resistant bacteria, such as *P. aeruginosa*, and has many advantages compared to antibiotics: phages are very specific and efficient for their target bacteria, which mitigates the destruction of the patient's natural flora; they are not pathogenic to humans; and they persist only as long as the targeted bacteria are present [2,9]. Moreover, with regard the partial development of bacterial resistance to phages, bacteriophages might be suggested as valuable and may be the only efficient antimicrobial agent against some bacteria in specific situations. It is undeniably time to re-evaluate the possibility of phage therapy as a capable agent to control multidrug-resistant bacteria [10].

Lytic bacteriophages of *P. aeruginosa* belong to main family of phages; *Myoviridae, Siphoviridae*, and *Podoviridae*. They are dsDNA by 20–200 nm length [5,11]. These phages are considered to be economical, safe, self-replicating and effective bactericidal agents. This study was planned to evaluate the isolation, and characterization of *P. aeruginosa* phage in llam, a western province of Iran.

#### 2. Materials and methods

#### 2.1. Phage isolation

Samples were collected from sewage of Ilam University of Medical Sciences. Isolation was done according to a modified version of Martha Clokie's protocol [12]. 2 ml Mg<sub>2</sub>SO<sub>4</sub>, 5 CC of overnight bacteria and 20 CC of sewage were added to 20 CC Lysogeny Broth (LB) and allowed to be incubated at 37 °C and shaken at 100 rpm for 180 min. The enriched product was then centrifuged at 4500 rpm at 4 °C for 5 min and the supernatant was passed through a 0.45 µm filter. Finally plaque assay method was performed using an overlay method and a culture of *P. aeruginosa* ATCC PAO was recruited for isolations (Fig. 1).

#### 2.2. Phage amplification

Plaques were plucked by using a sterile pipette tip, dropped into 200  $\mu$ L of Mg<sub>2</sub>SO<sub>4</sub> and 100  $\mu$ L of an overnight bacteria culture and incubated at room temperature for 30 min with gentle vortex every 5 min. Aliquots of the amplifications were added to an overlay containing 500  $\mu$ L-1000  $\mu$ L of top agar (semi-solid agar) [12].

#### 2.3. RAPD-PCR

Phage DNA was extracted using a NORGEN DNA extraction kit (NORGEN, Canada). Genotyping was done through the use of four different primers: OPL5 (5'-ACGCAGGCAC-3'), RAPD5 (5'-AACGCGCAAC-3'), P1 (5'-CCGCAGCCAA-3'), P2 (5'-AACGGGCAGA-3') based on the PCR cycle table (Table 1) [13].

#### 2.4. Transmission electron microscopy (TEM)

Samples were prepared with uranyl acetate 2% for TEM. One drop of the sample was placed on a carbonic grid with an added drop of 2.5% glutaraldehyde. After waiting 1–1.5 min the grid was dried using filter paper and washed with deionized water. (TEM



Fig. 1. Phage isolated against clinical strain from sewage.

Ziess 900 recruited to take micrograph). One drop of uranyl acetate 2% was again added to sample allowed to settle for 2 min and was dried with filter paper and was ready for electron microscopy [14].

#### 3. Results

#### 3.1. Isolation

Phage isolated from university sewage against clinical strain (tracheal secretion of a hospitalized male) (Fig. 1). Serial dilution done till  $10^{-5}$  but all of plates had numerous uncountable plaques (data not shown).

Phage isolated against *P. aeruginosa* PAO strain (Fig. 2) lacked host ranges of relevant clinical strains unlike the phages that were isolated against clinical strains which were able to produce plaques on *P. aeruginosa* ATCC 15693 culture (data not shown).

Plaque purified by re-overlay method. Re-overlay plaques (re- $O_1$  in picture) were smaller than mother plaques ( $O_1$  in picture) but they were too numerous to count (Fig. 3).

#### 3.2. RAPD-PCR

Primer P2 and RAPD5 had more bands for typing this phage but there was just one band by primer OPL5 that showed this primer could not be useful for typing this phage (Fig. 4).

#### 3.3. TEM

Electron microscopy indicated that the phage belonged to the *Siphoviridae* family and has head dimensions of a height of 120 nm

Table 1   RAPD-PCR cycle.	
Time	Temperature
45 s	94 °C
120 s	30 °C
60 s	72 °C
4 cycles	
5 s	94 °C
30 s	30 °C
30 s	72 °C
25 cycles	
10 min	72 °C

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