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Review

Ultraviolet irradiation detoxification of aflatoxins: A review

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Ultraviolet (UV) irradiation as a non-thermal technology is widely applied in the food industry for disinfection. It also can be used to degrade aflatoxins in foods due to its low cost, without residues, and minimizing the loss of quality in terms of flavor, color and nutritional value. This article reviews the UV detoxification efficiency of aflatoxins in foods and their safety after being irradiated. UV irradiation can effectively control aflatoxigenic fungi, and degrade their metabolites, namely aflatoxins. Several recent studies suggest that UV wavelength, irradiation intensity, exposure time, moisture contents of foods, types of aflatoxins, pH and thickness of irradiated foods, significantly affect UV detoxification efficiency. The applied research and advanced equipment development in UV detoxification will be the focal points in the future.

Introduction

Aflatoxins are secondary metabolites produced by three species of *Aspergillus*, namely *A. flavus*, *A. parasiticus* and *A. nomius* (Rustom, 1997). They are acutely toxic, carcinogenic, mutagenic, teratogenic substances, and immunosuppressive to most mammalian species (Dichter, 1984; Groopman, Cain, & Kensler, 1988; Massey, Stewart, Daniels, & Ling, 1995; Shank, Wogan, Gibson,

& Nondasuta, 1972). Since aflatoxins were found, people have been searching effective methods to prevent or control them. Several strategies for the reduction of aflatoxins have been previously reviewed and include diverse physical, chemical, and biological methods (Das & Mishra, 2000; Haskard, Binnion, & Ahokas, 2000; Netke, Roomi, Tsao, & Niedwiecki, 1997). One of the methods is the UV irradiation, which is considered to be practical and cost effective for the detoxification of contaminated foods on a large scale.

This paper will provide a general review of the applications and efficiency of UV irradiation in decomposing aflatoxins in foods. The safety and quality of the foods after being irradiated by UV light were investigated. In addition, we summarized the factors influencing UV detoxification efficiency of aflatoxins in foods, and proposed the future research focus in the UV detoxification of aflatoxins.

UV detoxification efficiency of aflatoxins

The UV irradiation conditions of aflatoxins in various foods and detoxification efficiency are listed in Table 1. As an effective physical method, UV irradiation has been known for many years for the destruction of aflatoxins due to their photosensitivity (Andrellos, Beckwith, & Eppley, 1967; Van Der Zijden *et al.*, 1962). The degradation of aflatoxins in coconut oil by sunlight was demonstrated under the laboratory and plant conditions (Samarajeewa & Arseculeratne, 1974; Samarajeewa, Arseculeratne, & Bandunatha, 1977; Samarajeewa, Jayatilaka, Ranjithan, Gamage, & Arseculeratne, 1985). Shantha and Murthy (1977) reported that the treatment of peanut oil with UV light for 2 h destroyed 40–45% of aflatoxins initially present in the oil. Aflatoxin B₁ (AFB₁) in peanut oil (2 mg/kg) was degraded completely within 30 min under the intensity of 800 μW/cm² (Liu *et al.*, 2011). A photodegradation reactor (365 nm, 36 Watt) developed by ourselves was used to decompose AFB₁ in peanut oil, and found that AFB₁ was decreased by 86.08% within 10 min (Diao *et al.*, 2014). Irradiation of raw whole milk artificially contaminated with aflatoxin M₁ (AFM₁) with UV light for 20 min at 25 °C decreased the amount of toxin by 60.7%, and its destruction attributes to the opening of the double bond in the terminal furan ring in AFM₁ (Yousef & Marth, 1986).

Also, UV irradiation (30 min) of dried figs artificially contaminated with AFB₁ (250 ppb) reduced the toxin level by 45.7% (Altug, Yousef, & Marth, 1990). AFB₁ in red

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Table 1. UV degradation of aflatoxins in foods with different irradiation conditions.

Aflatoxins and initial concentrations	Sources	UV irradiation conditions					Reduction in aflatoxin content	References
		Wavelength	Intensity	Time	Temperature	Thickness of foods		
AFB ₁ (0.05, 0.2, 2 mg/kg)	Peanut oil	220–400 nm	800 $\mu\text{w}/\text{cm}^2$	30 min	8 \pm 2 C	< 1 cm	100%	Liu <i>et al.</i> , 2011 Tripathi & Mishra, 2010 Jubeen <i>et al.</i> , 2012
AFB ₁ (20.0 nmol/100 g powder)	Red chili powder	365 nm	n.p. ^a	30/60 min	Ambient temperature	30 cm	77% (30 min) and 87.8% (60 min)	
AFB ₁ (26.60–46.78 $\mu\text{g}/\text{kg}$, 10 \pm 3% MC ^b) (53.12–108.68 $\mu\text{g}/\text{kg}$, 16 \pm 3% MC)	Walnut, Almond, Pistachio, Peanut	265 nm	108 J/m ²	45 min	Room temperature	n.p.	AFB ₁ : 87.76–96.49% (10 \pm 3% MC ^b) 87.44–95.27% (16 \pm 3% MC)	
AFB ₂ (0.31–4.32 $\mu\text{g}/\text{kg}$, 10 \pm 3% MC) (0.4–16.81 $\mu\text{g}/\text{kg}$, 16 \pm 3% MC)							AFB ₂ : 96.52–99.12% (10 \pm 3% MC) 96.03–99.88% (16 \pm 3% MC)	
AFG ₁ (0–3.88 $\mu\text{g}/\text{kg}$, 10 \pm 3% MC) (0.43–7.04 $\mu\text{g}/\text{kg}$, 16 \pm 3% MC)							AFG ₁ : 97.07%–100% (10 \pm 3% MC) 94.44–100% (16 \pm 3% MC)	
AFG ₂ (0–0.27 $\mu\text{g}/\text{kg}$, 10 \pm 3% MC) (0–0.29 $\mu\text{g}/\text{kg}$, 16 \pm 3% MC)							AFG ₂ : 100% (10 \pm 3% MC) 100% (16 \pm 3% MC)	
Total (27.29–51.82 $\mu\text{g}/\text{kg}$, 10 \pm 3% MC) (64.87–164.51 $\mu\text{g}/\text{kg}$, 16 \pm 3% MC)							Total: 87.81–96.71% (10 \pm 3% MC) 87.99–92.31% (16 \pm 3% MC)	
AFM ₁ (1 $\mu\text{g}/\text{kg}$)	Milk	365 nm	n.p.	20 min	25 °C	1 cm	89.1% (containing 0.05% H ₂ O ₂) 60.7% (H ₂ O ₂ -free milk)	Yousef & Marth, 1986
AFB ₁ (250 $\mu\text{g}/\text{kg}$)	Dried figs	n.p.	n.p.	30 min	25 °C	n.p.	45.7%	Altug <i>et al.</i> , 1990 Diao <i>et al.</i> , 2014
AFB ₁ (51.96 $\mu\text{g}/\text{kg}$)	Peanut oil	365 nm	6.4 mw/cm ²	10 min	Room temperature	< 3 mm	86.08%	
AFB ₁ (166–1250 $\mu\text{g}/\text{kg}$)	Coconut oil	365 nm (Solar)	10 cal/cm ²	10 min	Room temperature	1.6 mm	75%	Samarajeewa <i>et al.</i> , 1985

^a Is not provided.^b Moisture content.

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