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Nuclear Medicine and Biology 32 (2005) 293-299



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# In vivo evaluation of [123I]-3-(4-iodobenzyl)-1,2,3,4-tetrahydro-8-hydroxychromeno [3,4-c]pyridin-5-one: a presumed dopamine D<sub>4</sub> receptor ligand for SPECT studies

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#### **Abstract**

[ $^{123}$ I]-3-(4-iodobenzyl)-1,2,3,4-tetrahydro-8-hydroxychromeno[3,4-c]pyridin-5-one ([ $^{123}$ I]-ITCP), a presumed radioligand for visualization of the dopamine D<sub>4</sub> receptor by single photon emission computed tomography, was evaluated in vivo in mice and rabbits. This new radioiodinated tracer exhibited high brain uptake (3.64% injected dose per gram of tissue at 10 min p.i.) in mice. No significant amounts (less than 5%) of labeled metabolites were present in the brain, as demonstrated by a metabolite study. Regional brain distribution in rabbits showed atypical CNS uptake with consistently low values in the cortex and high values in other brain parts including cerebellum. Saturable binding was confirmed by a competition experiment with unlabeled product. Selectivity was assessed by competition experiments with a known dopamine D<sub>4</sub> ligand and later with a  $\sigma$  receptor ligand. Both experiments showed no observable competition. In conclusion, our findings indicate that [ $^{123}$ I]-ITCP is neither a dopamine D4 receptor ligand nor a  $\sigma$  receptor ligand. The exact nature of [ $^{123}$ I]-ITCP binding in the brain remains to be elucidated.

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Keywords: Sigma receptors; Dopamine D<sub>4</sub> receptors; SPECT; 123I

#### 1. Introduction

Schizophrenia is a severe form of mental illness affecting 7 per 1000 of the adult population, mostly aged 15–35 years. Although the incidence is low (3–10,000), the prevalence is high due to chronicity. Between 25% and 50% of schizophrenic patients attempt suicide, and 10% eventually succeed, contributing to a mortality rate eight times higher than in the general population. In the United States, over 20% of all social security benefits for daycare are used for the care of schizophrenic patients and the direct and indirect costs of schizophrenia are believed to be in the tens of billions of dollars annually [1].

The classical dopamine hypothesis of schizophrenia is based on the correlation between clinical doses of antipsychotic drugs, with prototype haloperidol, and their potency to block the dopamine D<sub>2</sub> receptor [2,3]. The dopamine receptors have been classified into five subtypes based on molecular biology data: the  $D_1$ -like receptors ( $D_1$  and  $D_5$ ) and the D<sub>2</sub>-like receptors (D<sub>2</sub>, D<sub>3</sub> and D<sub>4</sub>). The D<sub>4</sub> receptor has recently received substantial attention, particularly since this receptor is thought to be the target for atypical (causing much less side effects) antipsychotic drugs, with prototype clozapine [4]. The interest in dopamine D<sub>4</sub> receptors and their role in schizophrenia was primarily sparked by two observations. The first one reported that the atypical antipsychotic clozapine has a 10-fold higher affinity for the dopamine D<sub>4</sub> receptor than for the dopamine D<sub>2</sub> receptor and that this affinity correlated well with its antipsychotic activity [4,5]. Furthermore, reports indicated that where

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classical neuroleptics need to occupy at least 70% of D<sub>2</sub> receptors to have antipsychotic effects (extrapyramidal symptoms occurring at 80% occupation), clozapine occupied only about 40% in therapeutical doses [6,7]. This suggested that the high efficacy and low prevalence of adverse effects of clozapine could be related to its affinity for the dopamine D<sub>4</sub> receptor. Secondly, it has been reported that there is a 6-fold increase in dopamine D<sub>4</sub> receptor density in the brain tissue of schizophrenic patients when compared to normal individuals, which also suggests an important role for the dopamine D<sub>4</sub> receptor in the pathophysiology of schizophrenia [8,9]. However, later observations could not confirm higher density of D<sub>4</sub> receptors in schizophrenics [10,11]. It also became clear that occupation of the D<sub>2</sub> receptor by clozapine was higher than initially thought (85%) [12]. It is now assumed that  $D_4$ blockade by itself is not sufficient to alleviate positive symptomatology of schizophrenia and that D<sub>2</sub> receptor blockade is probably indispensable. However, D<sub>4</sub> receptor blockade is thought to be responsible for lower propensity of extrapyramidal side effects [5].

A limiting factor in the study of the dopamine  $D_4$  receptor is the lack of specific radiotracers. At this point, the best known technique for in vivo visualization of the  $D_4$  receptor subtracts the binding of nemonapride or spiperone and raclopride. The first molecules bind to all  $D_2$ -like receptors while raclopride only binds to  $D_2$  and  $D_3$  receptors. This system is far from ideal because nemonapride shows affinity for  $\sigma$  receptors while spiperone shows affinity for serotonin receptors. Moreover, there have been reports of a raclopride-insensitive dopamine  $D_2$  receptor further complicating interpretation of the results of these experiments [5]. Thus, a selective tracer for the dopamine  $D_4$  receptor could greatly facilitate research into the function of this receptor and its involvement in various disorders.

The original goal of this research project was to synthesize an  $[^{123}I]$ -labeled dopamine  $D_4$  ligand for in vivo visualization of the dopamine D4 receptor using single photon emission computed tomography. The selection of anc  $1[^{123}I]$ -3-(4-iodobenzyl)-1,2,3,4-tetrahydro-8-hydroxy-chromeno[3,4-c]pyridin-5-one ( $[^{123}I]$ -ITCP) (1) (Fig. 1) was based upon an article published by Unangst et al. [13]. They showed that anc 2 3-(4-chlorobenzyl)-1,2,3,4-tetrahydro-8-hydroxychromeno[3,4-c]pyridin-5-one (2)

(Fig. 1) possesses high affinity for the dopamine D<sub>4</sub> receptor (p $K_i$ =8.61) and shows more than 1000-fold selectivity over  $D_2$  (p $K_i$ =5.55) and more than 100-fold selectivity over  $D_3$  (p $K_i$ =6.50) receptors [13]. From these data it was assumed that the iodinated derivative would also show selectivity for the D<sub>4</sub> receptor. In addition, Unangst et al. [13] synthesized anc 3 3-(4-chlorobenzyl)-8-methoxy-1,2,3,4-tetrahydrochromeno[3,4-c]pyridin-5-one 3 (Fig. 1), which also showed good selectivity for the D<sub>4</sub> receptor  $(pK_i=8.06, <5.23 \text{ and } 5.56 \text{ for } D_4, D_2 \text{ and } D_3 \text{ receptors},$ respectively). In 2002 however, Zhang et al. reported that 3-(4-chlorobenzyl)-8-[11C]methoxy-1,2,3,4-tetrahydrochromeno[3,4-c]pyridin-5-one was not a dopamine D<sub>4</sub> antagonist but a potential tracer for  $\sigma_1$  receptors (IC<sub>50</sub>=105 nm). This was tested by in vitro autoradiography of rat brain sections and in vivo PET studies with rhesus monkeys [14].

Given the fact that affinities for both  $D_4$  and  $\sigma_1$  receptors are in the same order of magnitude it indeed seems likely that these ligands would behave as  $\sigma$  receptor ligands in vivo rather than as  $D_4$  ligands. This is due to the fact that the density of  $D_4$  receptors (<30 fmol/mg protein) in the brain is much lower than that of  $\sigma_1$  receptors (400–600 fmol/mg protein) [15–17]. Since binding in vivo is governed by the  $B_{\rm max}/K_{\rm d}$  ratio it is clear that  $\sigma$  receptor binding is more likely to occur. In this work, both  $D_4$  and  $\sigma$  binding were investigated.

## 2. Materials and methods

#### 2.1. Chemicals and radiochemicals

All chemical reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA) and used without further purification. Solvents were purchased from Lab-Scan analytical sciences (Dublin, Ireland). [1231] Sodium iodide (in 0.05 M NaOH) was purchased from Bristol-Myers Squibb Pharma (Brussels, Belgium). L-745-870 and BD 1008 were purchased from Tocris Cookson (Bristol, UK).

### 2.2. Chemistry

Synthesis and radiosynthesis of [ $^{123}$ I]-ITCP was performed as previously described [18]. Radiochemical yield was  $68\pm3\%$  (n=5), with a radiochemical purity of >95% and a specific activity of >2.96 Ci/µmol.

Fig. 1. Structures of and  $1[^{123}I]$ -ITCP (1), and 2 3-(4-chlorobenzyl)-1,2,3,4-tetrahydro-8-hydroxychromeno[3,4-c]pyridin-5-one (2) and and 3 3-(4-chlorobenzyl)-8- $[^{11}C]$ methoxy-1,2,3,4-tetrahydrochromeno[3,4-c]pyridin-5-one (3).

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