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Long-term monitoring of indoor CO₂ and PM2.5 in Chinese homes: concentrations and their relationships with outdoor environments

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Abstract

In order to investigate the current indoor air quality (IAQ) in China, we installed IAQ monitoring sensors in 117 homes. According to the results, only about 2% of homes were able to maintain an indoor PM2.5 concentration below 75 $\mu g/m^3$ during the monitoring period, and 10% of homes were able to keep the nighttime carbon dioxide (CO₂) concentration below 1000 ppm. In regard to the relationships between pollutant concentrations and outdoor environmental parameters, we found that when nighttime outdoor temperatures were between 10 °C and 22 °C, the CO₂ concentrations essentially decreased as the temperature increased. In regard to the indoor/outdoor (I/O) ratios of PM2.5, the naturally ventilated homes had a median I/O ratio of around 0.88 - 0.97 when the outdoor PM2.5 concentration was lower than 75 $\mu g/m^3$. The homes with portable air cleaners were able to maintain 39% - 100% of days with indoor PM2.5 concentrations lower than 25 $\mu g/m^3$ in different climate zones. If we want to maintain both indoor CO₂ and PM2.5 concentrations below guidelines (CO₂: 1000 ppm, PM2.5: 25 $\mu g/m^3$) for more than 95% of days during the whole year, the mechanical ventilation may be a good choice. But the efficiency of the particle filters in mechanical ventilation systems should be improved, with minimize efficiency of 86%, 85%, 74%, 58%, and 62% for severe cold, cold, hot summer and cold winter, moderate and hot summer and warm winter zones, respectively.

Keywords: Long-term monitoring; Indoor/outdoor relationships; CO₂; PM2.5

1. Introduction

- Indoor air quality (IAQ) has a significant impact on human health. Among the most common indoor
- 3 pollutants, PM2.5 and carbon dioxide (CO₂) are worthy of attention because their concentrations indoors
- 4 are indicators of the air quality level with potential effects on occupants health and work performance. In
- 5 terms of direct effects on human health, the presence of PM2.5 was found to be related to oxidative DNA
- 6 damage, lung cancer and cardiovascular diseases [1, 2, 3], and Laden et al. [4] determined that improved
- overall mortality was associated with a decrease of PM2.5 concentration. In regard to CO₂, although it do
- 8 not have a direct adverse effect on human health under normal indoor environmental conditions [5], it is

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