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# Motivational predictors of students' participation in out-of-school learning activities and academic attainment in science: An application of the transcontextual model using Bayesian path analysis



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#### ABSTRACT

Given the shortfall in students studying science, promotion of motivation and engagement in science education is a priority. The current study applied the trans-contextual model to study the motivational predictors of participation in science learning activities in secondary-school students. In a three-wave design, secondary-school students completed measures of perceived autonomy support, autonomous and controlled motivation, social-cognitive beliefs (attitudes, subjective norms, perceived control), intentions, and self-reported participation in out-of-school science learning activities. Five-weeks later, students self-reported their science learning activities. Students' science grades over the semester period were obtained. Bayesian path analyses supported model hypotheses: in-school autonomous motivation predicted out-of-school autonomous motivation, beliefs, intentions, science activity participation, and science grades. Specifying informative priors for key model relations using Bayesian analysis yielded greater precision in estimates. Findings provide evidence for a link between students' autonomous motivation toward science activities across contexts and may inform interventions promoting motivation and participation in science activities.

#### 1. Introduction

Governmental and educational organisations have identified the importance of education in science, technology, engineering, and mathematics (STEM) subjects as drivers for economic growth (Anlezark, Lim, Semo, & Nguyen, 2008). Given recent evidence that more students are tending to study subjects outside science-based disciplines at secondary school and university (Hodgen, Kuchemann, Brown, & Coe, 2009; NCES, 2012), and a documented shortfall in enrolment for degree and vocational programmes in STEM subjects (Marginson, Tytler, Freeman, & Roberts, 2013), the promotion of engagement in STEM subjects at all levels of education is viewed as a priority. Promoting engagement in STEM-related subjects, including science, in school may address the shortfall by providing students with the necessary skills, confidence, and motivation to undertake further training in STEM-related subjects in secondary and higher education.

Student motivation plays a key role in determining engagement and attainment in school science lessons. Research has demonstrated that

students' motivation to learn in the classroom is strongly related to their engagement in lessons and to adaptive learning outcomes including interest in the subject matter and academic attainment (Steinmayr & Spinath, 2009). In particular, intrinsic and autonomous forms of motivation have been shown to be related to students' engagement in lessons and better grades (Deci, Vallerand, Pelletier, & Ryan, 1991; Lepper, Corpus, & Iyengar, 2005; Pintrich & Degroot, 1990). Autonomous motivation is adaptive because students tend to engage in educational activities out of the inherent interest and enjoyment derived from the activities or because the activities service a goal or outcome that is self-referenced and related to the student true sense of self. Importantly, autonomously motivated students engage in learning without the need for any external reinforcement or contingencies (Reeve, 2002). Teachers in an educational context have a key role to play in fostering autonomous motivation in the classroom environment through actions and behaviors that are autonomy supportive. Students in autonomy-supportive learning environments report greater autonomous motivation in class and better learning outcomes (Reeve, Bolt, &

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Cai, 1999; Reeve & Jang, 2006). In addition, students that perceive teachers to be autonomy supportive also have adaptive educational outcomes in the classroom (Ferguson, Kasser, & Jahng, 2011; Guay, Boggiano, & Vallerand, 2001).

One possible mechanism by which autonomy support in the classroom environment leads to better educational outcomes is through greater autonomous motivation toward, and participation in, learning activities outside of class. However, there is little research examining the effect of perceived support for autonomous motivation in the classroom context on motivation toward, and participation in, learning activities outside of class (Hagger & Chatzisarantis, 2012; Vallerand, 1991). Such activities may include, but are not limited to, formal activities directed or promoted by the teacher such as homework or additional recommended activities to support the curriculum, or informal learning activities in which students independently participate. In the current study, we used the trans-contextual model (Hagger & Chatzisarantis, 2016), an integrated multi-theory model of motivation, to test the effects of secondary-school students' perceived autonomy support toward science activities in class on autonomous motivation, beliefs, and intentions toward, and actual participation in, science learning activities outside of school set by the teacher. These learning activities are tailored to match the current school science curriculum and aimed at promoting students' retention of science knowledge and skills covered in class. We also adopted a Bayesian analytic approach which allowed us to test the proposed effects when accounting for previous knowledge derived from research applying the trans-contextual model in other educational contexts. The research is expected to make an original contribution to understanding the processes by which perceived autonomy support and autonomous motivation toward science activities in the classroom relates to autonomous motivation toward engaging in science learning activities outside of school.

#### 1.1. The trans-contextual model

The trans-contextual model outlines to processes by which school students' autonomous motivation toward in-school educational activities relate to autonomous motivation, intentions, and actual participation in related activities in an out-of-school context (Hagger, Chatzisarantis, Culverhouse, & Biddle, 2003). The model derives its hypotheses from two influential psychological theories, self-determination theory (Deci & Ryan, 1985) and the theory of planned behavior (Ajzen, 1991, 2015), with additional hypotheses derived from Vallerand's (2007) hierarchical model of intrinsic and extrinsic motivation. In the next section, we outline the key hypotheses of the transcontextual model and how the model provides a basis for understanding motivation in educational and out-of-school contexts. Hypotheses of the trans-contextual model are summarized in Table 1 and a diagram of model predictions is provided in Fig. 1. These should be used as a guide to support our description of the model hypotheses.

#### 1.1.1. Key hypotheses of the model

Consistent with the key premise of self-determination theory (Deci & Ryan, 1985, 2000), the trans-contextual model assumes that autonomous motivation will likely lead to persistence on in-class activities in educational contexts and adaptive outcomes such as academic attainment (Reeve et al., 1999). Science teachers can foster autonomous motivation by adopting autonomy-supportive actions and behaviors (McLachlan & Hagger, 2010; Reeve & Jang, 2006). In the absence of observations of teachers' actual autonomy support, students' perceived autonomy support serves as a proxy measure. The proposed effect of students' perceived autonomy support on autonomous motivation toward activities in science lessons forms the first hypothesis of the transcontextual model (H<sub>1</sub>).

Fundamental to the trans-contextual model is the proposal that autonomous motivation toward educational activities in the classroom will predict autonomous motivation toward related activities in an out-

Table 1
Summary of hypothesized direct and indirect effects in the trans-contextual model for school and out-of-school science activities.

nouel	101 SCHOOL AND OUL-01-8	chool science activities.	
Н	Independent variable	Dependent variable	Mediator(s)
Direc	t effects		
$H_1$	Perceived autonomy	Autonomous	_
	support	motivation (s)	
$H_2$	Autonomous	Autonomous	_
	motivation (s)	motivation (os)	
$H_3$	Controlled motivation	Controlled motivation	_
	(s)	(os)	
$H_4$	Autonomous	Attitude	_
	motivation (os)		
$H_5$	Autonomous	PBC	_
	motivation (os)		
$H_6$	Controlled motivation	Subjective norm	_
-	(os)	•	
$H_7$	Attitude	Intention	_
H <sub>8</sub>	Subjective norm	Intention	_
H <sub>9</sub>	PBC	Intention	_
H <sub>10</sub>	Intention	Science behavior	_
H <sub>11</sub>	PBC	Science behavior	_
H <sub>12</sub>	Intention	Science grades	_
H <sub>13</sub>	PBC	Science grades	_
		0	
	ect effects		
$H_{14}$	Perceived autonomy	Autonomous	Autonomous
	support	motivation (os)	motivation (s)
H <sub>15</sub>	Autonomous	Intention	Autonomous
	motivation (s)		motivation (os)
			Attitude
H <sub>16</sub>	Autonomous	Intention	Autonomous
	motivation (s)		motivation (os)
			PBC
$H_{17}$	Controlled motivation	Intention	Controlled motivation
	(s)		(os)
			Subjective norm
$H_{18}$	Autonomous	Science behavior	Autonomous
	motivation (s)		motivation (os)
			Attitude
			Intention
$H_{19}$	Autonomous	Science behavior	Autonomous
	motivation (s)		motivation (os)
			PBC
			Intention
$H_{20}$	Autonomous	Science grades	Autonomous
	motivation (s)		motivation (os)
			Attitude
			Intention
$H_{21}$	Autonomous	Science grades	Autonomous
	motivation (s)	<b>U</b>	motivation (os)
			PBC
			Intention
$H_{22}$	Controlled motivation	Science behavior	Controlled motivation
-22	(s)		(os)
	***		Subjective norm
			Intention
H <sub>23</sub>	Controlled motivation	Science grades	Controlled motivation
- 123	(s)	Science grades	(os)
	(0)		PBC
			Intention
H <sub>24</sub>	Autonomous	Intention	Attitude
24	motivation (os)	menton	. muu
H <sub>25</sub>	Autonomous	Intention	PBC
1125	motivation (os)	munuon	1 100
H <sub>26</sub>	Controlled motivation	Intention	Subjective norm
**26	(os)	menton	Judgeen ve norm
п	Autonomous	Science behavior	Attitude
H <sub>27</sub>	motivation (os)	Descrice Denavior	Intention
п		Science behavior	PBC
H <sub>28</sub>	Autonomous	ocience benavior	
U	motivation (os)	Science ander	Intention Attitude
$H_{29}$	Autonomous	Science grades	
U	motivation (os)	Science ander	Intention PBC
$H_{30}$	Autonomous	Science grades	
U	motivation (os)	Coionas habania	Intention
$H_{31}$	Controlled motivation	Science behavior	Subjective norm
	(os)		Intention
			(continued on next page)
			2 0 1

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