Accepted Manuscript

Association of eating behaviors, lifestyle, and maternal education with adherence to the Mediterranean diet in Spanish children

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PII: S0195-6663(18)30144-2

DOI: 10.1016/j.appet.2018.08.024

Reference: APPET 4005

To appear in: Appetite

Received Date: 2 February 2018
Revised Date: 17 August 2018
Accepted Date: 17 August 2018

Please cite this article as: Bawaked R.A., Gomez S.F., Homs C., Esteve R.C., Cardenas G., Fíto M. & Schröder H., Association of eating behaviors, lifestyle, and maternal education with adherence to the Mediterranean diet in Spanish children, *Appetite* (2018), doi: 10.1016/j.appet.2018.08.024.

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ACCEPTED MANUSCRIPT

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23 Trial registration Number ISRCTN68403446

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