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Perceived Stress and Depression amongst Older Stroke Patients: Sense of Coherence as a mediator?

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Highlights

(1) Perceived stress was negatively and significantly associated with Sense of Coherence; Sense of Coherence was negatively and significantly associated with depression; and perceived stress were significantly and positively associated with depression.

(2) Sense of Coherence is the mediating variable between perceived stress and depression and may causes the negative influence of perceived stress on depression to be decreased to some extent.

(3) Relevant interventions could be enhancing the Sense of Coherence and withstand the occurrence and destroy perceived stress.

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