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Title: The association of cardiorespiratory fitness, body mass index, and age with testosterone levels at screening of healthy men undergoing preventive medical examinations: The Cooper Center Longitudinal Study



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The association of cardiorespiratory fitness, body mass index, and age with testosterone levels at screening of healthy men undergoing preventive medical examinations: The Cooper Center Longitudinal Study.

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Highlights

- Testosterone levels did not decline with age up to 80 years, were inversely associated with body mass index, and were directly associated with cardiorespiratory fitness.

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