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Correlation Between Depression/Anxiety Symptom Severity and Quality of Life in Patients with Major Depressive Disorder or Bipolar Disorder

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Highlights

- When patients with major depressive disorder or bipolar disorder were in euthymic states, their quality of life was in the range of non-psychiatric or medical community norm spectrum;
- Mild depressive symptoms could significantly affect the quality of life in patients with major depressive disorder or bipolar disorder
- Depression symptom severity was the only independent factor negatively correlated to the quality of life in both disorders.

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