### Accepted Manuscript

Omega-3 supplementation with resistance training does not improve body composition or lower biomarkers of inflammation more so than resistance training alone in older men



Stephen M. Cornish, Semone B. Myrie, Eric M. Bugera, Jeremie E. Chase, David Turczyn, Mark Pinder

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## **ACCEPTED MANUSCRIPT**

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Stephen M. Cornish<sup>1</sup>, Semone B. Myrie<sup>2</sup>, Eric M. Bugera<sup>1</sup>, Jeremie E. Chase<sup>1</sup>, David Turczyn<sup>1</sup>, Mark Pinder<sup>2</sup>

<sup>1</sup>Faculty of Kinesiology and Recreation Management, University of Manitoba, 117 Frank Kennedy Centre, Winnipeg, MB, Canada

<sup>2</sup>Department of Human Nutritional Sciences, Faculty of Agricultural and Food Sciences, University of Manitoba, W565 Duff Roblin Building, Winnipeg, MB, Canada

#### **Corresponding author:**

#### Stephen M. Cornish, Ph.D.

117 Frank Kennedy Centre

Faculty of Kinesiology and Recreation Management,

University of Manitoba,

Winnipeg, MB, Canada

R3T 2N2

Telephone: 1.204.474.9981

Email: Stephen.Cornish@umanitoba.ca

Fax: 1.204.474.7634

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