Accepted Manuscript

Omega-3 supplementation with resistance training does not improve body composition or lower biomarkers of inflammation more so than resistance training alone in older men



Stephen M. Cornish, Semone B. Myrie, Eric M. Bugera, Jeremie E. Chase, David Turczyn, Mark Pinder

PII:	S0271-5317(18)30734-6
DOI:	doi:10.1016/j.nutres.2018.09.005
Reference:	NTR 7940
To appear in:	Nutrition Research
Received date:	28 June 2018
Revised date:	30 August 2018
Accepted date:	14 September 2018

Please cite this article as: Stephen M. Cornish, Semone B. Myrie, Eric M. Bugera, Jeremie E. Chase, David Turczyn, Mark Pinder, Omega-3 supplementation with resistance training does not improve body composition or lower biomarkers of inflammation more so than resistance training alone in older men. Ntr (2018), doi:10.1016/j.nutres.2018.09.005

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

ACCEPTED MANUSCRIPT

Omega-3 supplementation with resistance training does not improve body composition or lower biomarkers of inflammation more so than resistance training alone in older men

Stephen M. Cornish¹, Semone B. Myrie², Eric M. Bugera¹, Jeremie E. Chase¹, David Turczyn¹, Mark Pinder²

¹Faculty of Kinesiology and Recreation Management, University of Manitoba, 117 Frank Kennedy Centre, Winnipeg, MB, Canada

²Department of Human Nutritional Sciences, Faculty of Agricultural and Food Sciences, University of Manitoba, W565 Duff Roblin Building, Winnipeg, MB, Canada

Corresponding author:

Stephen M. Cornish, Ph.D.

117 Frank Kennedy Centre

Faculty of Kinesiology and Recreation Management,

University of Manitoba,

Winnipeg, MB, Canada

R3T 2N2

Telephone: 1.204.474.9981

Email: Stephen.Cornish@umanitoba.ca

Fax: 1.204.474.7634

Download English Version:

https://daneshyari.com/en/article/11015240

Download Persian Version:

https://daneshyari.com/article/11015240

Daneshyari.com