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Efficacy of Video-based Education Program in Improving Metabolic Surgery Perception among Patients with Obesity and Diabetes

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Short Title:

Video Education Improves Metabolic Surgery Perception

Abstract

Background: Metabolic surgery remains underutilized despite its efficacy and safety. Poor perception of surgery has been cited as one of the major reasons.

Objectives: Evaluate current patient perceptions about metabolic surgery and measure the impact a video-based education program has on changing the perceptions of patients diagnosed with obesity and type 2 diabetes.

Setting: A university hospital in the United States.

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