

# Accepted Manuscript

## 12-year Trajectory of Health-Related Quality of Life in Gastric Bypass Patients vs. Comparison Groups

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**Study Highlights**

- This 12-year, prospective study evaluated the trajectory and durability of HRQOL changes in gastric bypass patients (n = 418) and compared these changes to two non-surgical groups: Nonsurgery Group 1 (n = 417) sought but did not have surgery; Nonsurgery Group 2 (n = 321) had severe obesity but did not seek surgery. Gastric bypass patients demonstrated significantly higher weight-related and physical HRQOL at 12 years compared to baseline and compared to both nonsurgical groups. Despite declining HRQOL between 2 and 12 years, the magnitude of improvement at 12 years supports the clinical relevance of bariatric surgery for enhancing patients' quality of life.

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