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Fat mass, but not fat-free mass, predicts increased foot pain with obesity, independent of bariatric surgery

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Highlights

- Compared to a waiting-list control, bariatric surgery is associated with a significant reduction in foot pain
- Higher baseline fat mass was significantly associated with higher foot pain at 6month follow-up
- Higher baseline fat-free mass was associated with lower foot pain at 6-month follow-up
- The change in adipokines may explain the change in foot pain following bariatric surgery

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