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### PERIPHERAL INTERLEUKIN-6 LEVELS AND WORKING MEMORY IN NONOBESE ADULTS: A POST-HOC ANALYSIS FROM CALERIE STUDY

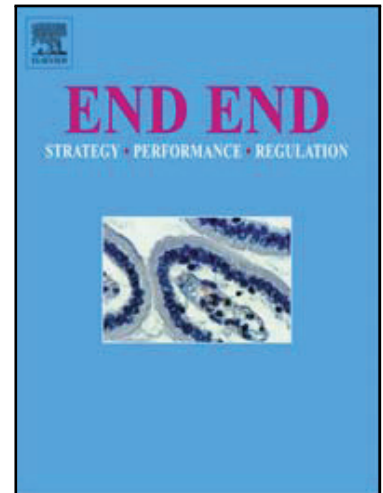
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**Highlights**

- In non-obese adults, sleep, alcohol and physical activity were associated with IL-6
- The association between IL-6 and energy intake was moderated by physical activity
- There were longitudinal changes on IL-6 levels over the 2-year follow-up
- Changes in IL-6 were associated with changes in working memory performance

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