

## Accepted Manuscript

Title: Naturopathic Approaches to Irritable Bowel Syndrome: Protocol for a Prospective Observational Study in Academic Teaching Clinics

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PII: S2213-4220(17)30267-6  
DOI: <https://doi.org/doi:10.1016/j.imr.2018.06.001>  
Reference: IMR 313

To appear in:

Received date: 15-1-2018  
Revised date: 31-5-2018  
Accepted date: 1-6-2018

Please cite this article as: JZ GoldenbergA SteelA DayC. YapR. BradleyK Cooley Naturopathic Approaches to Irritable Bowel Syndrome: Protocol for a Prospective Observational Study in Academic Teaching Clinics (2018), <https://doi.org/10.1016/j.imr.2018.06.001>

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1 Naturopathic Approaches to Irritable Bowel Syndrome: Protocol for a Prospective  
2 Observational Study in Academic Teaching Clinics

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6 Short Running Title: Naturopathic IBS Study Protocol

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28 ABSTRACT

29 BACKGROUND:

30 Irritable bowel syndrome (IBS) is a common functional bowel disorder with a worldwide prevalence estimated  
31 between 10-20%. It has a significant impact on quality of life and societal expense. While there are pharmaceutical  
32 options available, few can be reliably recommended. Many IBS sufferers turn to complementary and alternative  
33 medicine including naturopathy. Naturopathic approaches to IBS are poorly studied to date.

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