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## EFFECTIVENESS OF A TYPE 2 DIABETES SCREENING INTERVENTION IN THE CANADIAN WORKPLACE

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### ABSTRACT

**Background/Objective:** There is a lack of Canadian data on the effectiveness of diabetes interventions in the workplace. To better inform workplace stakeholders, the objective of this study was to evaluate the effectiveness of Motivaction™, a diabetes screening and education pilot program in the workplace.

**Methods:** The Motivaction™ program involves a voluntary web-based diabetes health risk assessment (CANRISK) combined with an opportunity for those eligible (i.e. being diabetic or having a CANRISK score  $\geq 21$ ) to attend two on-site biometric screening meetings with a registered nurse (RN), and four educational sessions by telephone with a certified diabetes educator (CDE). Biometric data as well as

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