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Effectiveness of an Interprofessional Glycemic Optimization Clinic on Preoperative A1C for Adult Patients with Type 2 Diabetes Undergoing Bariatric Surgery

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Keywords: bariatric surgery; diabetes mellitus; gastric bypass; glycated hemoglobin; hemoglobin A1c; interprofessional; metabolic surgery; morbid obesity; pre-operative management; sleeve gastrectomy; surgical outcomes

Key Messages: Bariatric surgery is an effective treatment for adult patients with type 2 diabetes and refractory obesity; however, many patients have non-optimal glycemic control preoperatively. Glycemic optimization for bariatric surgery candidates with diabetes is possible in a short time period by an interprofessional diabetes team without weight gain.

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