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Diurnal Stability and Long-Term Repeatability of Neurometabolites Using Single Voxel 1H Magnetic Resonance Spectroscopy

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Highlights

- 1H-MRS provides biochemical information that can add specificity to diagnostic and clinical management in a wide range of neurological diseases.
- Understanding reliability and diurnal effects associated with 1H-MRS technique is important to obtain reproducible and longitudinal outcomes.
- 1H-MRS is a reliable tool for the detection of neurometabolites in the brain and has validity in longitudinal studies.

ABSTRACT

Purpose: This study was designed to evaluate the diurnal stability and long-term repeatability and reliability of one-dimensional (1D) hydrogen magnetic resonance spectroscopy (1H-MRS) *in vitro* and *in vivo* at 3T.

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