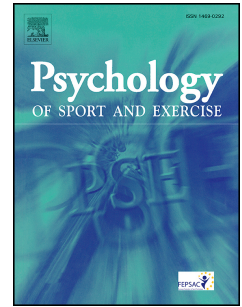


Accepted Manuscript

“The zipper effect”: Exploring the interrelationship of mental toughness and self-compassion among Canadian elite women athletes

Danielle Wilson, Erica V. Bennett, Amber D. Mosewich, Guy E. Faulkner, Peter R.E. Crocker



PII: S1469-0292(18)30197-3

DOI: [10.1016/j.psychsport.2018.09.006](https://doi.org/10.1016/j.psychsport.2018.09.006)

Reference: PSYSPO 1424

To appear in: *Psychology of Sport & Exercise*

Received Date: 12 April 2018

Revised Date: 24 September 2018

Accepted Date: 24 September 2018

Please cite this article as: Wilson, D., Bennett, E.V., Mosewich, A.D., Faulkner, G.E., Crocker, P.R.E., “The zipper effect”: Exploring the interrelationship of mental toughness and self-compassion among Canadian elite women athletes, *Psychology of Sport & Exercise* (2018), doi: <https://doi.org/10.1016/j.psychsport.2018.09.006>.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

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Author names and affiliations:

Danielle Wilson^a, Erica V. Bennett^a, Amber D. Mosewich^b, Guy E. Faulkner^a, and Peter R. E. Crocker^a

^aSchool of Kinesiology, The University of British Columbia, 210-6081 University Blvd., Vancouver, BC, Canada, V6T 1Z1

^bFaculty of Kinesiology, Sport, and Recreation, University of Alberta, 1-105 University Hall, Van Vliet Complex, Edmonton, AB, Canada, T6G 2R3

Author email addresses:

Danielle Wilson: daniwilson17@gmail.com

Erica V. Bennett: erica.bennett@ubc.ca

Amber D. Mosewich: amber.mosewich@ualberta.ca

Guy E. Faulkner: guy.faulkner@ubc.ca

Peter R. E. Crocker: peter.crocker@ubc.ca

Corresponding author:

Erica V. Bennett, School of Kinesiology, The University of British Columbia, 210 – 6081 University Blvd., Vancouver, BC, Canada, V6T 1Z1

Email: erica.bennett@ubc.ca

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