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Sensitivism, a Hyper Sensibility Extreme, in Relation with the Confirmation Need

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Abstract

The following work aims to explain the elements which pertain to the high level of ambivalence and interpretativity, the impact on the patient's personality structure, as well as the analysis of her relationing system with those emotionally invested. The patient, who's behavior is characterized by sensitivism, will be deeply marked by the persons invested with authority, figures in which the image of the father is projected, as well as the lack of emotional support, felt during childhood. We used the following methods: initial psychological evaluation, observation during sessions, trans generational analysis, social functioning analysis, psychoanalytical, psycho therapeutical interpretations. Combining the resulting elements, we can characterize the patient as verging relation delirious sensitivism, on the background of the difficulties faced with during childhood, especially in the family, where the expectancies relating academical results were the only method of interaction and where the manifestation of emotional warmth, that she would have needed were lacking. It is interesting to notice that all the psychic energy of the one in question is now focused on the feelings she has towards her boss, feelings which feed her already present interpretativity and ambivalence.

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1. Patient family and professional performance

1.1. Identification data:

Name: A.D. Gender: Female Age: 30 years old Activity: Lab doctor Marital status: Single

1.2. Relevant medical history data (with possible psychological /psycho pathological effects):

1.2.1. Family of origin:

The structure of the family:

- comes from an organized family
- the father: hypercritical, with extremely high expectations in terms of school and professional results, alcohol drinker

Material and socio- cultural level: modest

Family climate:

- characterized by lack of emotional manifestations, coldness, high standards, set especially by the father
- tensed atmosphere, sprinkled with emotional abuse elements

1.2.2. Level of schooling

- Medical College, Residency, Specialist Medic Exam

1.2.3. Professional performance

Activity field - medicine

Efficiency, performance – very high

Physical and psychic overload – existent, but not experienced permanently

Incidents, work accidents – none

Group integration, relationing with colleagues, with superiors – cooperative, but fairly reserved in interactions, difficulty in expressing and advocating her point of view.

1.2.4. Actual Family

Structure and dynamic - Single

1.2.5. Medical history

- at the age of 14, before her Capacity Exam, following a medical check she finds out that she has vaginal candidiasis.
- before her Residency Exam, occurrence of repeated, multiple orgasms, overlapped to a state of almost permanent state of arousal, in the absence of intimate or emotional relations with a partner.

2. Interpreting the case symbolical / metaphorical explanations

The 30 years old patient, a medical professional, come to the doctor's office 6 years ago, after a series of medical problems, namely a symptom of spontaneous orgasms. A psychoanalytical psychotherapy follows one a week during that whole period. She operates in the military field, the quality of her work being high.

The patient is characterised by high interpretativity, sensitivism, which is the fist step in the paranoid area, where we can metaphorically feel "danger in the air", narcissistic notes, a basic narcissism, more close to the paranoid area than the histrionic one. She built herself image based on the feed backs from others, which is a permanent and

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