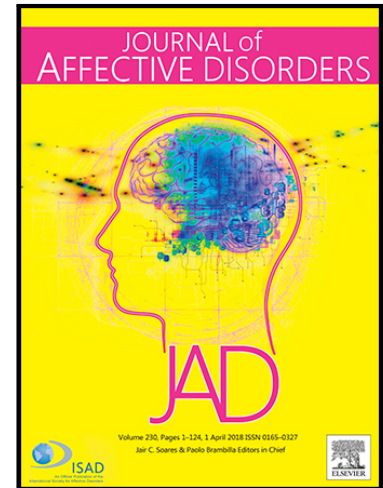


## Accepted Manuscript

Effect of Self-Monitoring Through Experience Sampling on Emotion Differentiation in Depression

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**Highlights**

- Self-monitoring of emotions improved negative emotion differentiation in depression
- Improvement of positive emotion differentiation was not statistically significant
- Emotion differentiation changes were not proportional to the number of self-reports

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