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The Effects of Exercise on Cognition and Gait in Parkinson's disease: A Scoping Review

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Highlights

- Evidence exists that exercise can improve cognition and gait in PD
- This review critically examined if both cognitive and gait deficits can be improved after exercise
- Very few trials tested the effects of exercise on cognition and gait concurrently
- Dual task walking was only examined pre and post goal-based exercise

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