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Title: Hypnotherapy for Insomnia: A Randomized Controlled Trial Comparing Generic and Disease-Specific Suggestions

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Hypnotherapy for Insomnia: A Randomized Controlled Trial Comparing Generic and

Disease-Specific Suggestions

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Declaration of interest

None.

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HIGHLIGHTS

- This is the first randomized controlled trial for hypnotherapy for the treatment of insomnia using a well-documented screening process, validated subjective

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