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#### Review

# Lanthanide upconversion nanoparticles and applications in bioassays and bioimaging: A review



Matthew V. DaCosta 1, Samer Doughan 1, Yi Han 1, Ulrich J. Krull \*

Chemical Sensors Group, Department of Chemical and Physical Sciences, University of Toronto Mississauga, 3359 Mississauga Road, Mississauga, ON L5L 1C6, Canada

#### HIGHLIGHTS

- UCNP synthesis and surface modifications, and UC mechanisms and theory are discussed.
- Examples of UCNPs as passive labels and as donors in LRET based assays are described.
- Optical multiplexing capacity of UCNPs for diagnostics and imaging is considered.
- UCNPs are described for use as in vivo biomarkers for multi-modal imaging and theranostics.

#### GRAPHICAL ABSTRACT



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#### ABSTRACT

Through the process of photon upconversion, trivalent lanthanide doped nanocrystals convert long-wavelength excitation radiation in the infrared or near infrared region to higher energy emission radiation from ultraviolet to infrared. Such materials offer potential for numerous advantages in analytical applications in comparison to molecular fluorophores and quantum dots. The use of IR radiation as an excitation source reduces autofluorescence and scattering of excitation radiation, which leads to a reduction of background in optical experiments. The upconverting nanocrystals offer excellent photostability and are composed of materials that are not particularly toxic to biological organisms. Excitation at long wavelengths also minimizes damage to biological materials. In this review, the different mechanisms responsible for the upconversion process, and methods that are used to synthesize and decorate upconverting nanoparticles are presented to indicate how absorption and emission can be tuned. Examples of recent applications of upconverting nanoparticles in bioassays for the detection of proteins, nucleic acids, metabolites and metal ions offer indications of analytical advantages in the development of methods of analysis. Examples include multi-color and multi-modal imaging, and the use of upconverting nanoparticles in theranostics.

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<sup>\*</sup> Corresponding author. E-mail address: aca-krull@rogers.com (U.J. Krull).

<sup>&</sup>lt;sup>1</sup> All authors contributed equally to this work.

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Matthew V. DaCosta received his Hon. B. Sc. degree in Biochemistry specialist program in 2013, from the University of Toronto Mississauga, Mississauga, ON, Canada. He is currently working towards his Ph.D. degree in the department of Chemistry at University of Toronto with the Chemical Sensors Group under the supervision of Prof. Ulrich J. Krull. His research interests focus on the asymmetric decoration of quantum dots and upconversion nanoparticles. Matthew currently holds an Ontario Graduate Scholarship (OGS) from the Ontario Ministry of Training, Colleges and Universities (MTCU). He was also a recipient of Undergraduate Student Research Award (USRA) from the Natural Sciences and

Engineering Research Council of Canada (NSERC).



Yi Han received his B. Sc. degree in Chemistry from the University of British Columbia, Vancouver, BC, Canada in 2010. He is a graduate student under the supervision of Prof. Ulrich J. Krull and is pursuing research in the development of UCNPs for DNA detection on solid-phase platforms. Prior to joining the Chemical Sensors Group, he has worked on a diverse range of projects in biochemistry and materials chemistry.



Samer Doughan received his Hon. B. Sc. degree in Chemistry and Mathematical Sciences in 2012 from the University of Toronto Mississauga, Mississauga, ON, Canada. He is currently working towards his Ph. D. degree under the supervision of Prof. Ulrich J. Krull at the University of Toronto. His research interests focus on the use of UCNPs in LRET based assays for the multiplexed detection of proteins on solid supports. Samer currently holds a Post Graduate Scholarship (PGS-M) from the Natural Sciences and Engineering Research Council of Canada (NSERC). He has previously received Ontario Graduate Scholarship (OGS) from the Ontario Ministry of Training, Colleges and Universities (MTCU) and Undergraduate Student Research

Award (USRA) from NSERC.



**Ulrich Krull** is appointed as a Professor of Analytical Chemistry at the University of Toronto, and holds the endowed Astra Zeneca Chair in Biotechnology. His research interests are in the areas of biosensor and diagnostic technologies, and applications to biotechnology, forensic, clinical and environmental chemistry. His research work is exploring the use of luminescent nanoscale materials and microfluidics technologies to build devices for detection of DNA and RNA targets. Krull is an editor for *Analytica Chimica Acta*, and serves on a number of Scientific Advisory Boards for industry.

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