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High-performance liquid chromatography-atmospheric pressure chemical ionization mass spectrometry and gas chromatography-flame ionization detection characterization of $\Delta 5$ -polyenoic fatty acids in triacylglycerols from conifer seed oils

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Abstract

Edible conifer seeds can serve as a source of triacylglycerols (TGs) with unusual $\Delta 5$ unsaturated polymethylene interrupted fatty acids (UPIFAs), such as *cis*-5,9-octadecadienoic (taxoleic), *cis*-5,9,12-octadecatrienoic (pinolenic), *cis*-5,11-eicosadienoic (keteleeronic) and *cis*-5,11,14-eicosatrienoic acids (sciadonic). Conifer seed oils from European Larch (*Larix decidua*), Norway Spruce (*Picea abies*) and European Silver Fir (*Abies alba*) have been analyzed by non-aqueous reversed-phase high-performance liquid chromatography (NARP-HPLC) with atmospheric pressure chemical ionisation (APCI)-MS detection. The influence of different positions of double bonds in $\Delta 5$ -UPIFAs on the retention and fragmentation behavior is described and used for the successful identification of TGs in each oil. TGs containing $\Delta 5$ -UPIFAs have a higher retention in comparison with common TGs found in plant oils with single methylene interrupted $\Delta 6$ (9)-FAs and also significantly changed relative abundances of fragment ions in APCI mass spectra. Results obtained from HPLC/MS analyses are supported by validated GC/FID analyses of fatty acid methyl esters after the transesterification. The total content of $\Delta 5$ -UPIFAs is about 32% for European Larch, 27% for Norway Spruce and 20% for European Silver Fir. In total, 20 FAs with acyl chain lengths from 16 to 24 carbon atoms and from 0 to 3 double bonds have been identified in 64 triacylglycerols from 3 conifer seed oils.

Keywords: Conifer seed oil; Triacylglycerol; Triglyceride; Delta 5-Olefinic; Polyenoic fatty acid; HPLC/MS

1. Introduction

Triacylglycerols (TGs) are natural compounds consisting of saturated and unsaturated fatty acids (FAs) differing in their acyl chain lengths, in the number and positions of double bonds (DBs), in the *cis/trans* configuration of DBs, in positional isomerism and *R/S* optical isomerism of TGs containing three different FAs. The standard notation of TGs is based on the initials of FA trivial names (see Table 1), arranged in the order of their stereochemical positions on the glycerol skeleton. In

addition to saturated and monounsaturated FAs, common plant oils contain polyunsaturated FAs most frequently with 18 carbon atoms and single methylene interrupted DBs [1–5], i.e. *cis*-9,12-octadecadienoic (linoleic acid) and *cis*-9,12,15-octadecatrienoic (linolenic acid). TGs with unusual FAs, such as those containing conjugated DBs (e.g. conjugated linolenic acids) [6] or unsaturated polymethylene interrupted fatty acids (UPIFAs) [7–14], can be found in some taxonomical groups.

Gymnosperms (*Gymnospermae*) includes trees and shrubs and they are commonly known as conifers. This large taxonomical group is known for the presence of unusual FAs with the first site of unsaturation at the fifth carbon atom ($\Delta 5$ -UPIFAs) and cis (Z) configuration, such as cis-5,9-octadecadienoic (taxoleic), cis-5,9,12-octadecatrienoic (pinolenic),

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Table 1
Systematic and trivial names of fatty acids found in triacylglycerols of studied conifer seed oils listed with their abbreviations, carbon numbers (CN), double bond (DB) numbers and equivalent carbon numbers (ECN)

| Systematic name | Trivial name | Abbreviation | CN:DB | ECN |
|------------------------------|--------------|-----------------|-------|-----|
| Hexadecanoic | Palmitic | P | C16:0 | 16 |
| cis-9-Hexadecenoic | Palmitoleic | Po | C16:1 | 14 |
| Heptadecanoic | Margaric | Ma | C17:0 | 17 |
| Octadecanoic | Stearic | S | C18:0 | 18 |
| cis-9-Octadecenoic | Oleic | О | C18:1 | 16 |
| cis-11-Octadecenoic | Vaccenic | Va ^a | C18:1 | 16 |
| cis-9,12-Octadecadienoic | Linoleic | L | C18:2 | 14 |
| cis-5,9-Octadecadienoic | Taxoleic | Ta ^a | C18:2 | 14 |
| cis-9,12,15-Octadecatrienoic | Linolenic | Ln | C18:3 | 12 |
| cis-5,9,12-Octadecatrienoic | Pinolenic | Pi ^a | C18:3 | 12 |
| Nonadecanoic | _ | _ | C19:0 | 19 |
| Eicosanoic | Arachidic | A | C20:0 | 20 |
| cis-9-Eicosenoic | Gadoleic | G | C20:1 | 18 |
| cis-11,14-Eicosadienoic | _ | _ | C20:2 | 16 |
| cis-5,11-Eicosadienoic | Keteleeronic | Ke ^a | C20:2 | 16 |
| cis-8,11,14-Eicosatrienoic | _ | _ | C20:3 | 14 |
| cis-5,11,14-Eicosatrienoic | Sciadonic | Sc^a | C20:3 | 14 |
| Docosanoic | Behenic | В | C22:0 | 22 |
| Tricosanoic | _ | _ | C23:0 | 23 |
| Tetracosanoic | Lignoceric | Lg | C24:0 | 24 |

^a Suggested abbreviations used in this work.

cis-5,11-octadecadienoic (ephedrenic), cis-5,11-eicosadienoic (keteleeronic), cis-5,11,14-eicosatrienoic (sciadonic), cis-5, 9,12,15-eicosatetraenoic (coniferonic) and cis-5,11,14,17-eicosatetraenoic (juniperonic) acids. Sciadonic acid has been identified in *Podocarpus nagi* seed oil as early as in 1962 [15]. The presence of the following Δ5-UPIFAs has been reported in Gymnosperm plants: keteleeronic and sciadonic acids in *Ginkgo biloba* [16,17], pinolenic acid in *Larix leptolepsis* [18] and *Pinus koraienesis* [19], taxoleic and sciadonic acids in *Taxus baccata* [20], sciadonic acid in *Toreya nucifera* [19,21], ephedrenic, keteleeronic, sciadonic and juniperonic acids in *Ginkgo biloba* [23], pinolenic acid in *Picea abies* [24], taxoleic, pinolenic, coniferonic, sciadonic and juniperonic acids in many species of conifers [25].

In contrast to several papers dealing with methyl esters of Δ 5-UPIFAs (e.g. reviews [7,8,11]), much less attention has been paid to intact TGs that contain those $\Delta 5$ -UPIFAs. ¹³C nuclear magnetic resonance (NMR) spectroscopy of oils from three Taxus and one Torreya species has confirmed that $\Delta 5$ -olefinic acids are apparently excluded from the sn-2 position which is characteristic for all Gymnosperm species analyzed so far [12]. ¹³C NMR spectroscopy of the seed oil from two *Ephedra* species shows that $\Delta 5$ -UPIFAs are excluded from the sn-2 position, a characteristic common to all analyzed Conipherophytes species (more than 30 species), with the possibility of an exclusive esterification at the sn-3 position [13]. The chemical degradation of conifer seed oils followed by gas chromatographic analysis of dibutyroyl derivatives of monoacylglycerols reveals that seed oils of 18 species from 5 conifer families contain $\Delta 5$ -olefinic acids esterified mainly at primary positions (i.e. sn-1 and sn-3) of the glycerol backbone, whereas less than 8% of $\Delta 5$ -olefinic acids are esterified in the secondary position (i.e. sn-2) [14].

Non-aqueous reversed-phase high-performance liquid chromatography (NARP-HPLC) has been widely used for the separation of complex natural lipid samples [1-5,26-41]. The retention in NARP-HPLC increases with increasing equivalent carbon number (ECN) defined as the total carbon number (CN) in all acyl chains minus two times the number of DBs, i.e. ECN = CN - 2DB. Under optimized separation conditions, the separation of most TGs within the same ECN group is also possible, for example the critical pair LLL/OLLn or the group of OOO, OOP, OPP and PPP can be well resolved [1,2,4,5,26,27]. The separation of TGs differing in the positions of DBs is also feasible [28]. On the other hand, NARP-HPLC is not suitable for the separation of three types of isomerism, i.e. regioisomers, R/S isomers and cis/trans isomers. Various mobile phase systems, mostly in gradient elution mode, are described in the literature, such as 2-propanol/acetonitrile [1-3,27,29], 2-propanol/acetonitrile/hexane [30,31], acetone/acetonitrile [26,31-34], 100% propionitrile [4], acetonitrile/chloroform [5], acetonitrile/dichloromethane [35–41], etc.

The coupling of HPLC and mass spectrometry (MS) is a powerful tool in lipid analysis, because it provides both structural information and usually also the highest sensitivity among all available chromatographic detectors [30]. Atmospheric pressure chemical ionization (APCI) is the most frequently used ionization technique for TG analysis because of easy coupling to non-aqueous mobile phase systems and high ionization efficiency for non-polar species. The presence of both protonated molecules $[M+H]^+$ and fragment ions $[M+H-R_iCOOH]^+$ is important for structure elucidation [1-5,26-42]. Electrospray ionization (ESI) mass spectra exhibit $[M+Na]^+$ and $[M+K]^+$ adduct ions instead of protonated molecules and also some fragment ions, such as $[M+Na-R_iCOOH]^+$ and $[M+Na-R_iCOONa]^+$, but with lower relative abundances

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