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Assessing the impact of oral iodine supplementation on whole body iodine store, thyroid autoimmunity and serum biochemistry profile in women of childbearing age

Daie Saideh, Nourooz-Zadeh Sarmad, Javnsdoust Gharehbagh Farid, Soltani Fatemeh, Nourooz-Zadeh Jaffar



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1 **Assessing the impact of oral iodine supplementation on whole body iodine**  
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3 **childbearing age**

4 Daie Saideh<sup>1</sup>, Nourooz-Zadeh Sarmad<sup>2</sup>, Javnsdoust Gharehbagh Farid<sup>1</sup>, Soltani Fatemeh<sup>1</sup> and  
5 Nourooz-Zadeh Jaffar<sup>3,1\*</sup>

6 1) Department of Clinical biochemistry, Urmia University of Medical Sciences, Urmia, Iran

7 2) Faculty of Medicine, Urmia University of Medical Sciences, Urmia, Iran

8 3) Nephrology and Kidney Transplant Research Center, Urmia University of Medical  
9 Sciences, Urmia, Iran

10  
11  
12  
13 \* Corresponding author: Nephrology and Kidney Transplant Research Center, Urmia  
14 University of Medical Sciences, 5715799313, Urmia, Iran

15  
16  
17  
18 E-mail addresses: [sdg.s757@gmail.com](mailto:sdg.s757@gmail.com) (Daie Saideh); [sarmadnou@yahoo.co.uk](mailto:sarmadnou@yahoo.co.uk)  
19 (Nourooz-Zadeh Sarmad); [f.javandust@yahoo.com](mailto:f.javandust@yahoo.com) (Javnsdoust Gharehbagh Farid);  
20 [soltani.biochem@gmail.com](mailto:soltani.biochem@gmail.com) (Soltani Fatemeh); Nourooz-Zadeh Jaffar  
21 ([jnouroozzadeh@yahoo.co.uk](mailto:jnouroozzadeh@yahoo.co.uk))

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25 **Abstract:**

26 **Background and aims:** Iodine supplementation is advised for women with compromised iodine  
27 intake in the preconception period. The purpose of this study was to evaluate the benefits and  
28 harms of a supplementary dose of iodine (150 µg/day) for 90 days in women of childbearing age.

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