



Research review paper

Medical diagnostics with mobile devices: Comparison of intrinsic and extrinsic sensing

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ARTICLE INFO

Article history:

Received 1 October 2015

Received in revised form 27 February 2016

Accepted 28 February 2016

Available online 4 March 2016

Keywords:

Biosensors

In vitro diagnostics

Mobile biosensors

Point of care sensors

Point of use sensors

ABSTRACT

We review the recent development of mobile detection instruments used for medical diagnostics, and consider the relative advantages of approaches that utilize the internal sensing capabilities of commercially available mobile communication devices (such as smartphones and tablet computers) compared to those that utilize a custom external sensor module. In this review, we focus specifically upon mobile medical diagnostic platforms that are being developed to serve the need in global health, personalized medicine, and point-of-care diagnostics.

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Contents

1. Introduction	291
2. Biodetection approaches using intrinsic sensors	294
2.1. Measuring solid-phase assays using intensity information from the camera	294
2.2. Measuring solid-phase assays using color information from the camera	295
2.3. Measuring solid-phase assays using location information from the camera	295
2.4. Measuring liquid-phase assays with the camera	295
2.5. Smartphone-based microscopy	296
2.6. Smartphone-based spectroscopy	298
2.7. Label-free biosensing transducers	299
3. Biodetection using extrinsic sensors	300
3.1. USB connection of sensors to a smartphone	300
3.2. Sensor communication with a smartphone through the audio jack	301
3.3. Sensor connection via Bluetooth® communication to a smartphone	301
4. Commercially available smartphone-based diagnostics	302
5. Regulatory challenges for mobile diagnostics	302
6. Conclusion	302
Acknowledgement	303
References	303

1. Introduction

Since the first successful commercial introduction of smartphones in 2004, it is estimated that 6 billion mobile phones are in use worldwide (Laksanasopin et al., 2015), with nearly 1.2 billion smartphones sold in 2014 alone (Lunden, 2015). Their combination of technologies that

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Table 1
Summary technologies and applications for intrinsic and extrinsic sensing approaches for smartphone-based medical diagnostics.

Intrinsic methods												
Label	SYTO16		SYTO16	Alexa488	Cy3	None	None	None	None	None	None	None
Analyte	Microparticle, white blood cell, pathogenic protozoan parasite		Red and white blood cell, hemoglobin	Nanoparticle, human cytomegalovirus	microRNA-21	Eggs of soil-transmitted helminth	Porcine immunoglobulin G	β_2 microglobulin	Hepatitis B, HIV			
Source	LED array ($\lambda = 470$ nm)		LEDs ($\lambda =$ white, 430, 470 nm)	Laser diode ($\lambda = 450$ nm)	Laser pointer ($\lambda = 532$ nm)	Incandescent flashlight	Incandescent light bulb	Smartphone screen	Smartphone flash screen			
Assay format	Capillary tube, Slide glasses		Plastic cuvette, cytometric chamber	coverslips	Plastic cuvette	Kato–Katz thick smear slides	Photonic crystal sensor	Fluidic device	Plastic cuvette			
Readout method	Fluorescence microscopy		Fluorescence/bright field microscopy, absorption	Fluorescence microscopy	Fluorescence spectroscopy	Bright field microscopy	Resonance transmission spectroscopy	Reflection dip of angle-resolved SPR	Reflected light intensity			
Authors	Zhu et al.		Zhu et al.	Wei et al.	Yu et al.	Bogoch et al.	Gallegos et al.	Preechaburana et al.	Giavazzi et al.			
Sample type	Solid phase							Liquid phase				
Analyte	Thrombin	<i>Salmonella</i>	Cholesterol, total bile acid	<i>Salmonella</i> , TSH	pH for urinalysis	Urinalysis (multiple analytes)	Urinalysis (multiple analytes)	Malaria, tuberculosis, HIV	Blood type	PSA		Mumps, Measles, HSV
Source	LED ($\lambda = 470$ nm)	LED ($\lambda = 475$ nm)	Biochemilu-minescence	Smartphone flash	Ambient light	Ambient light	Ambient light	LED array ($\lambda = 565$ nm)	Ambient light	LED ($\lambda = 450$ nm)	UV lamp ($\lambda = 340 \sim 400$ nm)	LED array ($\lambda = 464$ nm)
Assay format	Paper in glass/PDMS wells	Paper microfluidic	Paper microfluidic	Paper microfluidic	Paper test strip	Paper test strip	Paper test strip	Lateral flow-based RDT strip	Paper microfluidic	Microcapillary strip		96-well plate
Readout method	Fluorescent light intensity	Fluorescent light intensity	Biochemilu-minescence light intensity	Mie- Scattered light intensity	Color change	Color change	Color change	Spatial distance	Spatial distance	Absorption	Fluorescent light intensity	Fluorescent light intensity
Authors	Petryayeva et al.	Fronczek et al.	Roda et al.	Park et al.	Shen et al.	Hong et al.	Yetisen et al.	Mudanyali et al.	Guan et al.	Barbosa et al.		Berg et al.
Extrinsic methods												
Connection	USB				Audio jack			Bluetooth		WiFi		
Analyte	<i>p/HRP2</i> antigen		DNA from <i>Bacillus cereus</i>	DNA from Kaposi's sarcoma herpesvirus		HIV, syphilis protein antigens		Horseradish peroxidase			DNA from <i>Escherichia coli</i> and <i>Staphylococcus aureus</i>	
Source	Powered by smartphone		Powered by smartphone		LED ($\lambda = 520$ nm)		Powered by smartphone		Powered by external Li-ion battery (3.7 V)		Addressable green LEDs	
Assay format	Microfluidic chip		Microfluidic chip		Microfluidic cartridge		Disposable cassette		Electrochemical cells cartridge		Microfluidic chip	
Readout method	Electrical signal		Electrical signal		Optical density		Quantitative optical density		Electrical signal		Fluorescent light intensity	
Authors	Lillehoj et al.		Velusamy et al.		Mancuso et al.		Laksanasopin et al.		Salomón et al.		Stedtfeld et al.	

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