



Short communication

Recovery of oil and carotenes from palm oil mill effluent (POME)

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ABSTRACT

Recovery of oil and carotenes from palm oil mill effluent (POME) was investigated in this paper. Solvent extraction was used to recover the residual oil from POME on a batch basis and silica-based resin was used in the column chromatography to separate the carotenes from the recovered oil. Residual oil extracted from POME in this study was 1710 mg/L by using petroleum ether and 3280 mg/L by using *n*-hexane in a single stage of solvent extraction. The carotene content in it was about 400 ppm. Carotenes from the recovered oil was then separated to α -carotene and β -carotene at a concentration of about 1450 ppm by column chromatography. The major components of recovered oil from POME were similar to the crude palm oil, which contained mainly α -carotene and β -carotene.

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1. Introduction

Crude palm oil (CPO) is the world's richest natural plant source of carotenes in terms of retinol. CPO possesses 1% minor components which amongst them are the carotenoids, vitamin E (tocopherols and tocotrienols) and sterols. The orange colour of palm oil is due to the presence of these carotenes. Its concentration normally ranges between 400 and 3500 ppm and it contains about 15 times more retinol equivalents (vitamin A) than carrots and 300 times more than tomatoes [1]. The major carotenes in palm oil are α - and β -carotene, which account for 90% of the total carotenes [2]. Carotenes, in particular β -carotene is the most important vitamin A precursor in human nutrition as they can be transformed into vitamin A *in vivo* [3] and provides the major source of vitamin A for third world populations, particularly in Asia and Africa [1,2]. β -Carotene also helps to prevent night blindness, eye problems and skin disorders, it also could enhance immunity and protects against toxins, colds, flu and infections. The importance of carotenoids has also increased due to the more extensive use of natural compounds in the food, cosmetic and pharmaceutical industries. Since carotenoids are expected to grow in importance and value, their recovery from palm oil and its by-products is important.

About 50% of water used in the palm oil extraction process will result in palm oil mill effluent (POME) while the other 50% will be lost as steam. POME is a high volume liquid wastes which are non-toxic, organic in nature but have an unpleasant odour and are highly polluting. It is originated from the mixture of a steril-

izer condensate, separator sludge and hydrocyclone wastewater [4]. About 2.5 tonnes of this waste was produced for every tonne of oil extracted in an oil mill [5]. The standard discharge limit for oil and grease according to Environmental Quality (prescribed premises) (crude palm oil) Regulations 1977 is 50 mg/L while the concentration of oil and grease in POME is about 6000 mg/L. The oil droplets of POME can be found in two phases, being either suspended in the solids or floating in the supernatant. These residue oil droplets are solvent extractable [6]. Due to the readily available source of POME and growing value of carotenes, the objective of this study was to extract the oil from POME using solvent extraction on a batch basis and separation of the carotenes from the recovered oil through a single-stage chromatographic process. Silica-based resin was used in the adsorption chromatography. Although some studies have been done on oil extraction from POME, but extracting carotene from POME and separation of carotenes from the recovered oil through adsorption chromatography have never been done.

2. Materials and methods

2.1. Materials

POME samples were collected from United Palm Oil Mill, Nibong Tebal at temperature of 80 °C. All solvents and chemicals used were of analytical grade. Silica gel was obtained from Sigma-Aldrich (M) Sdn Bhd, Malaysia. This silica gel has a particle size of 63–200 μ m.

2.2. Solvent extraction

Extraction of oil with different ratio of solvent-POME was done at room temperature, 28 °C. 200 mL sample of POME was mixed

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with the volume of solvent increased by 40 mL for every experiment until the ratio of solvent to POME reached 1:1. The solvent and POME were mixed in a flocculator for 10 min at 150 rpm. The contents were then transferred to the separating funnels and left to separate into two layers. The extract was filled into a conical flask and solvent was distilled off using rotary evaporator. The drying process was conducted in an oven at $\sim 102^\circ\text{C}$ for 15 min. The flask was cooled in desiccator for 30 min and then weighed using a four digits electronic balance. The measured weight was taken as oil and grease content value.

2.3. Adsorption column chromatography

The chromatography column used was 200 mm in length with 20-mm internal diameter. Adsorbent was packed in the column and the study was done at room temperature. 10 g of extracted oil was dissolved with 30 mL *n*-hexane and then loaded onto the column chromatography to contact with adsorbent. A non-polar solvent, 170 mL *n*-hexane was then brought into the column. A mixture of solvents, 100 mL of ethanol/*n*-hexane (50:50, vol/vol) was later added to the column chromatography. Fractions of 12 mL eluent were collected regularly in receiving flask. The oil content of each fraction was then determined gravimetrically after removal of the solvent by a rotary evaporator. The carotenes content was determined by using spectrophotometer Genesys 20 at 445 nm. 0.1 g of the sample was dissolved in 25 mL *n*-hexane according to PORIM test method [7].

2.4. Carotenes analyses

Carotenes in oil samples were determined by using high performance liquid chromatography (HPLC). The HPLC system used was equipped with SPD-10A UV-vis detector from Shimadzu, Japan with a 150 mm \times 4.6 mm Inertsil 5 μm ODS-3 column. The measurements conditions are at absorbance of 450 nm and at column temperature of 40°C . The mobile phase used was acetonitrile/ethanol (7:3, vol/vol) at a flow rate of 1 mL/min and analysis time of 25 min.

3. Results and discussion

3.1. Solvent extraction

Fig. 1 shows the effect of solvent ratio to POME on the extraction of oil from POME. A trend was observed where the oil concentration increased as the amount of solvent increased. However, after a certain amount of solvent, the increase in concentration of recovered oil was relatively small and became constant. This phenomenon indicated that at ratio of 0.6, the extraction process had almost

reached the saturation value. The result obtained was comparable with the previous work [8], where the ratio also became constant at 0.6 as the stability of the emulsion formed decreased the ability of solvent to extract the oil [9]. Hence, the solvent to POME ratio at 0.6 was the optimum solvent ratio value for the current extraction process.

The highest oil and grease content that could be recovered from POME was about 3280 mg/L for a single batch extraction using *n*-hexane and 1710 mg/L by using petroleum ether. The initial concentration of oil and grease in POME was 4610 mg/L which means that 71.1% and 37.1% of the oil and grease could be recovered from POME by using *n*-hexane and petroleum ether, respectively. According to Fig. 1, oil concentration extracted using petroleum ether was always less than the oil concentration extracted using *n*-hexane. Therefore, the result also indicated that *n*-hexane was a better organic solvent to extract the oil and grease content from POME compared to petroleum ether.

Fig. 2 demonstrates the effect of solvent to POME ratio on carotene concentration of the extracted oil from POME. The carotene concentration in the recovered oil distributed evenly although the solvent ratio was varied. This revealed that the ratio of solvent did not influence much on the carotene concentration in the recovered oil. The mean concentration of carotene in oil extracted by petroleum ether was 417.9 ppm, whereas the mean concentration of carotene in oil extracted by *n*-hexane was 394.8 ppm. The petroleum ether used in this study had boiling point of $40\text{--}60^\circ\text{C}$ whereas the boiling point for *n*-hexane was 69°C . Therefore, higher temperature was needed to evaporate the *n*-hexane from the recovered oil and this might cause thermal decomposition of carotenes in it and resulted in lower carotene concentration value for *n*-hexane.

Non-polar solvents were used in this study to extract the carotenes from POME because polar solvents such as acetone, methanol and ethanol are good for extraction of xanthophylls but not for carotenes [10]. Furthermore, the content of xanthophylls in palm oil is very low which is only 2.2% compared to 97.8% for carotenes [1]. The polar solvents are also soluble in water and this type of extraction will not show a distinctive layer between the oil phase and POME compared to the extraction by using non-polar solvents which are immiscible with the POME.

3.2. Adsorption column chromatography

Fig. 3 is the adsorption column chromatography for separation of carotenes from recovered oil of POME by using silica gel with the initial solvent of hexane and second solvent of ethanol/*n*-hexane. The amount of eluted oil for every fraction was plotted in the same figure with the diagram of carotene concentration for every fraction. From Fig. 3, it can be seen that there are two sharp peaks on the chromatogram for the amount of eluted oil and one sharp peak

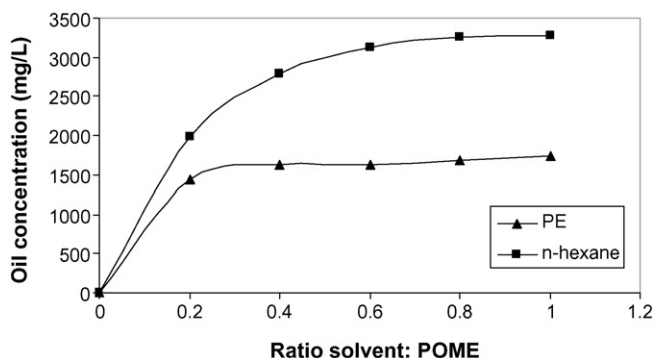


Fig. 1. Effect of solvent-POME ratio on extraction of oil.

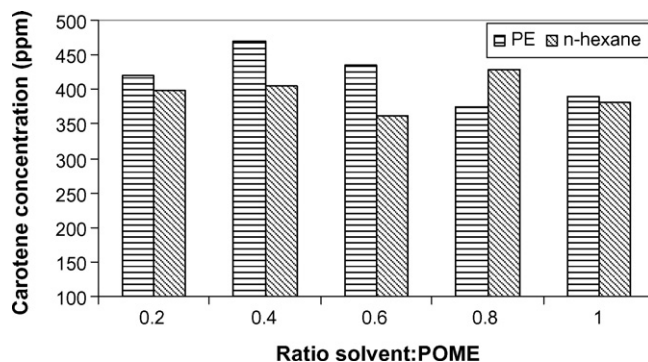


Fig. 2. Effect of solvent-POME ratio on carotene concentration (ppm) of the recovered oil.

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