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#### RAPID COMMUNICATION

# Triboelectric nanogenerator built inside shoe insole for harvesting walking energy



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#### **KEYWORDS**

Triboelectric nanogenerator; Shoe insole; Flexible; Energy harvesting

#### **Abstract**

We report a simple fabrication, great performance and cost-effective triboelectric nanogenerator (TENG), which is based on the cycled contact-separation between a polydimethylsiloxane (PDMS) film and a polyethylene terephthalate (PET) film, for effectively harvesting footfall energy. The elastic sponge is first used as the spacer in the TENG, where the size and the thickness of the spacers have a significant effect on the output performance of the TENG. By using the optimized device, a TENG-based shoe insole is used to harvest human walking energy, where the maximum output voltage and current density reached up to 220 V and 40  $\mu$ A, respectively. We also demonstrate that the fabricated shoe insole using a single layer of TENG can be directly used to light up 30 white light-emitting diodes (LEDs) in serial connection. By taking the merits of this simple fabrication, outstanding performance, robust characteristic and low-cost technology, we believe that TENG can open up great opportunities not only for powering small electronics, but also can contribute to large-scale energy harvesting through engineering design.

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#### Introduction

Harvesting energy, such as light [1], heat [2,3] and vibration [4], from our ambient environment, has been an active subject since the beginning of this century [5] due to the drastically increasing needs in world energy. In recent years, with the increase of the wireless electronic devices, like implantable sensors, environmental/industrial monitoring device or long

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range asset tracking system, developing long-life, sustainable and yet maintenance-free energy sources is essentially necessary [6,7]. With the abundant amount of mechanical energy found in our living surroundings such as human walking energy up to 67 W [8], numerous emerging technologies have been developed to convert green mechanical energy/vibration to electricity for driving practical and functional devices [9-18]. In 2012, our research group has developed a triboelectric nanogenerator (TENG) technology to harvest the irregular mechanical energy [19-23]. The mechanism of the TENG is based on the electron flow as driven by the triboelectric effect induced electrostatic charges on the surfaces of two different triboelectric materials [21]. Currently, some attempts about the applications of the TENG have been demonstrated such as the electrodeposition (PED) [21], driving the commercial cell phone and wireless sensor [22,23], and degradation of methyl orange [24]. However, there is no any report on the TENG-based shoe insole, which has potential commercial applications for harvesting human walking energy, so that the cell phone battery can be charged while walking.

Usually, the fabricated TENG includes two layers of triboelectric materials and spacer between them. The output of the TENG is based on the contact and separation between the two triboelectric materials to induce the charge generation and separation processes. The spacer plays an important role in separation process of the two materials. Till now, although some kinds of spacers were used to fabricate the TENG [21,24], there is no any report about the effect of the spacers on the output performance of the TENG. These investigations are very crucial for choosing the optimized structure of TENG. Here, in this paper, we focus on the optimization of the TENG in terms of the spacer, including fabric, number, area coverage and thickness. Moreover, through ubiquitous human walking energy, which is prevalent anywhere at any time, we designed an optimized TENG-based shoe insole, which can be used to instantaneously light up 30 commercial white LEDs connected in series. We believe this technology can not only efficiently harvest ubiquitous walking energy, but also open up new possibilities in waste mechanical energy recycling toward a large-scale power system in the near future.

#### **Experimental section**

#### A. Fabrication of the TENG

The fabrication process starts off with a layer of patterned polydimethylsiloxane (PDMS) film. The elastomer and the cross-linker (Sylgard 184, Dow Corning) were mixed in a 10:1 ratio (w/w). After degassing under vacuum for 2 h, the mixture was spun-coated on the plastic mold with patterned concave dome at 500 rpm for 100 s. Then the PDMS and mold were put in a conventional oven (Yamato Scientific America, Inc. DKN402) to cure at 85 °C for 3 h. After peeling off the patterned PDMS with convex dome-shaped bump on the surface from the plastic mold, a nearly 400  $\mu$ m thick PDMS layer was sat on top of the copper sheet as the bottom electrode. Another polymer layer, polyethylene terephthalate (PET) film with a thickness of 127  $\mu$ m, was deposited with a 300 nm-thick indium tin oxide (ITO) as the top

electrode. A layer of spacers were inserted in between the PDMS and PET film layers to sustain the device. The spacer layer was chosen from the different fabrics, area size and thickness detailed in the following discussion in order to obtain the maximum electrical output. Finally, silver paste was applied to connect the top/bottom electrode to the copper conducting wires.

## B. Fabrication and electrical measurement of the shoe insole

The fabricated shoe insole was based on the most optimized conditions of spacers. We scaled up the original TENG to a shoe size with 27 cm in length and 9 cm in width. Besides, we affixed the enlarged TENG with two cloths at the bottom and atop.

The TENG was connected to the measurement system to detect the output signals. SR560 and SR570 low noise current amplifiers (Stanford Research Systems) were used to acquire voltage/current signals, respectively. A mechanical linear motor (Labworks Inc.) was employed to apply a loading force to the TENG.

#### Results and discussion

The design of the TENG device is based on optimizing the best spacer condition between two triboelectric films. Fig. 1a is a schematic diagram of the fabricated TENG. The PET (top layer) and PDMS (bottom layer) materials were used to induce the triboelectric charges. The PET film was coated with an ITO film with a thickness of 300 nm as the top electrode, and patterned PDMS was put on top of a Cu sheet. In order to sustain these two polymers and make the charge generation and separation processes effectively, numerous pieces of spacers were inserted between these two triboelectric films. To simplify the fabrication process, we only put 5 pieces of spacers as a model unit in the TENG, as shown in Figure 1b. The area of TENG is  $4.5~\rm cm \times 4.5~cm$  and each spacer is  $1~\rm cm \times 1~cm$  in size.

In order to obtain the highest output performance of the TENG, three types of materials as the spacers were used to fabricate the devices. Figure 2a, b and c are sports socks (80% cotton mixed with 10% acrylic and 10% nylon), T-shirt (100% cotton), and sponge (polyurethane), respectively. Those three items are all easily obtained in daily life. The corresponding output performance (short-circuit current density and open-circuit voltage) are displayed in Figure 2. We can find that the sponge spacer-based TENG has the best performance among the three materials as the spacer. The corresponding current density can reach  $0.06 \,\mu\text{A/cm}^2$  and the voltage is nearly 28 V as compared with the TENG with sports socks spacers, which has less than  $0.02 \,\mu\text{A/cm}^2$  and 7 V for the output current density and voltage, respectively. In this study, all the measurements of the fabricated TENGs were tested by switching the polarities to verify that the measured signals were generated by the TENGs rather than the measurement system (supporting information, see Figure S1). Taking sponge case as an example, when the TENG was reversely connected to the measurement system, the output current density also shows

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