



# Chiral pions in a magnetic background



G. Colucci<sup>a,\*</sup>, E.S. Fraga<sup>a,b,c</sup>, A. Sedrakian<sup>a</sup>

<sup>a</sup> Institute for Theoretical Physics, J.W. Goethe-University, D-60438 Frankfurt am Main, Germany

<sup>b</sup> Frankfurt Institute for Advanced Studies, D-60438 Frankfurt am Main, Germany

<sup>c</sup> Instituto de Física, Universidade Federal do Rio de Janeiro, Caixa Postal 68528, Rio de Janeiro, RJ 21945-970, Brazil

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## ABSTRACT

We investigate the modification of the pion self-energy at finite temperature due to its interaction with a low-density, isospin-symmetric nuclear medium embedded in a constant magnetic background. To one loop, for fixed temperature and density, we find that the pion effective mass increases with the magnetic field. For the  $\pi^-$ , interestingly, this happens solely due to the trivial Landau quantization shift  $\sim |eB|$ , since the real part of the self-energy is negative in this case. In a scenario in which other charged particle species are present and undergo an analogous trivial shift, the relevant behavior of the effective mass might be determined essentially by the real part of the self-energy. In this case, we find that the pion mass decreases by  $\sim 10\%$  for a magnetic field  $|eB| \sim m_\pi^2$ , which favors pion condensation at high density and low temperatures.

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## 1. Introduction

The behavior of hadronic matter in a medium under the influence of a strong external magnetic field can be very rich and subtle, and has been the subject of intense investigation in the last few years. In fact, in-medium strong interactions under extreme magnetic fields are of experimental relevance in heavy ion collisions and in astrophysics, exhibit a rich new phenomenology and are amenable to lattice simulations. (For comprehensive reviews, see Ref. [1].)

Even if every model calculation has predicted that large enough magnetic fields, typically of the order of a few times  $m_\pi^2$ , could bring remarkable new features to the thermodynamics of strong interactions, from shifting the chiral and the deconfinement crossover lines in the phase diagram [2–15] to transforming the vacuum into a superconducting medium via  $\rho$ -meson condensation [16,17], essentially all models fail to describe coherently the available lattice data [18–21]. The reasons for that are still unclear, although there are some indications that confinement plays a relevant role [15,22], which is not captured in the usual low-energy effective chiral models of QCD [23]. In any case, the situation calls for theoretical investigations in more controlled setups, with less

freedom and parameters to adjust. This approach has proved to be fruitful in the large- $N_c$  [22] and perturbative [24] limits of QCD: in the former, the behavior of the critical temperature for deconfinement was found to be in qualitative agreement with lattice data; in the latter, a trivial chiral limit for the two-loop contribution to the QCD pressure in a strong magnetic background was revealed.

Following this line of action, a natural extension is the study of hadronic matter in the complementary, low-energy sector, in the presence of a strong magnetic field, in a controlled setup. Thus, since we are interested in the low-density, low-temperature sector of the phase diagram of nuclear matter, we adopt the framework of chiral perturbation theory, which represents a powerful tool to study the low-energy regime of the pion–nucleon physics [25].

It is the purpose of this work to investigate some properties of isospin-symmetric nuclear matter in the limit of low density and temperature, embedded in a strong magnetic background. In particular, we study the modifications of the spectrum of the lowest energy degree of freedom, the pion, due to the interaction with nucleons and the constant magnetic field. More specifically, we compute the pion effective mass in the presence of a constant magnetic field to one loop. (Even if we do not address the phase diagram here, it should be mentioned that the inclusion of nucleons, and pion–nucleon interactions, proved to be necessary for a satisfactory description of the behavior of the deconfinement critical temperature as a function of the pion mass and isospin [26].) For this purpose, we consider fully relativistic chiral perturbation theory as a framework for our computation. This is needed to define consistently the fermion propagators in a magnetic background. At the same time, this work extends a previous treatment

\* Corresponding author.

E-mail addresses: colucci@th.physik.uni-frankfurt.de (G. Colucci), fraga@if.ufrj.br (E.S. Fraga), sedrakian@th.physik.uni-frankfurt.de (A. Sedrakian).



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