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# In silico and in vitro characterization of anti-amyloidogenic activity of vitamin K3 analogues for Alzheimer's disease

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#### ABSTRACT

Background: Aggregation of amyloid-beta (Aβ) has been proposed as the main cause of Alzheimer's disease 28 (AD). Vitamin K deficiency has been linked to the pathogenesis of AD. Therefore, 15 synthesized vitamin 29 K3 (VK3) analogues were studied for their anti-amyloidogenic activity.

Methods: Biological and spectroscopic assays were used to characterize the effect of VK3 analogues on 31 amyloidogenic properties of Aβ, such as aggregation, free radical formation, and cell viability. Molecular 32 dynamics simulation was used to calculate the binding affinity and mode of VK3 analogue binding to Aβ. 33 Results: Both numerical and experimental results showed that several VK3 analogues, including VK3-6, 34 VK3-8, VK3-9, VK3-10, and VK3-224 could effectively inhibit Aβ aggregation and conformational conversion. 35 The calculated inhibition constants were in the  $\mu$ M range for VK3-10, VK3-6, and VK3-9 which was similar to 36 the IC<sub>50</sub> of curcumin. Cell viability assays indicated that VK3-9 could effectively reduce free radicals and had a 37 protective effect on cytotoxicity induced by Aβ. 38

Conclusions: The results clearly demonstrated that VK3 analogues could effectively inhibit A $\beta$  aggregation 39 and protect cells against A $\beta$  induced toxicity. Modified VK3 analogues can possibly be developed as effective 40 anti-amyloidogenic drugs for the treatment of AD.

General significance: VK3 analogues effectively inhibit A $\beta$  aggregation and are highly potent as anti-amyloidogenic 42 drugs for the rapeutic treatment of AD.

#### 1. Introduction

Alzheimer's disease (AD) is the most common form of dementia within the senior population, and is characterized pathologically by the progressive intracerebral accumulation of amyloid-beta (A $\beta$ ) peptides [1,2]. These peptides are proteolytic byproducts of the A $\beta$  protein precursor, and are most commonly composed of 40 (A $\beta$ 1-40) and 42 (A $\beta$ 1-42) amino acids. A $\beta$  peptides appear to be unstructured

in their monomeric state but aggregate to form fibrils with an ordered 56 cross  $\beta$ -sheet pattern [3–6]. Increasing evidence from recent studies 57 indicates that soluble oligomers as well as mature fibrils are the toxic 58 agents [7–9].

Presently there is no cure or treatment for AD, and significant 60 effort has been made to find drugs to cope with this disease. Based on 61 the amyloid cascade hypothesis, small molecules which enable to stabilize the conformation of monomeric A $\beta$  or to inhibit and reverse 63 misfolding and aggregation could be potent drug candidates for the 64 therapeutic treatment of AD [4,5,7,10–13]. In general, two classes of 65 inhibitors are known, bioactive molecules and drugs unrelated to AD 66 [10]. Many of the known compounds such as curcumin [14], polyphenols 67 from wine [15], apomorphine [16], omega-3 fatty acids [17], vitamin A, 68 and  $\beta$ -carotene [18] belong to the first class. The drugs included in the 69 second class are anti-inflammatory [19] and anti-Parkinson agents 70 such as dopamine, selegiline, and L-dopa [20,21].

Moreover, based on their anti-amyloidogenic activities, the compounds which inhibit  $A\beta$  aggregation can be further divided into four 73 groups. The strongest anti-amyloidogenic group, including dopamine 74

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Abbreviations: Aβ, amyloid-beta; VK, vitamin K; AD, Alzheimer's disease; IC<sub>50</sub>, half maximal inhibitory concentration; ApoE, apolipoprotein E; MD, molecular dynamics; MM-PBSA, molecular mechanics-Poisson—Boltzmann surface area; SI, supplemental information; DCFH-DA, dichlorofluorescein diacetate; DCF, dichlorofluorescein; ThT, thioflavin-T; FT-IR, Fourier-transform infrared; ROS, reactive oxygen species

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and tannic acid, has a half maximal inhibitory concentration (IC<sub>50</sub>) value of 0.01  $\mu$ M [15,20,22]. The second group, including nordihydroguaiaretic acid, curcumin, and myricetin, has an IC<sub>50</sub> value of 0.1  $\mu$ M [14,20,23]. The third group, including L-dopa and  $\beta$ -carotene, has an IC<sub>50</sub> value of 1  $\mu$ M [18,20]. The fourth group, including tetracycline and rifampicin, has an IC<sub>50</sub> value of 10  $\mu$ M [24,25]. The effects of the antioxidant vitamins A, B2, B6, C, and E on the inhibition of A $\beta$  aggregation has been studied [18]. Among these vitamins, vitamin A shows the most potent inhibition of A $\beta$  aggregation *in vitro*. The IC<sub>50</sub> of vitamin A is approximately 0.1  $\mu$ M [18], whereas the IC<sub>50</sub> for vitamins C and E are much higher, at around 200–500  $\mu$ M for vitamin C [26] and 10  $\mu$ M for vitamin E [21].

The possible role of vitamin K in the pathogenesis of AD was first reported by Allison [27]. When compared to other apolipoprotein E (ApoE 2 and ApoE3) genotypes, the concentration of vitamin K was lower in the circulating blood of ApoE4 carriers, which is a genetic risk factor for late-onset AD. Therefore, it was suggested that vitamin K deficiency may contribute to the pathogenesis of AD and that vitamin K supplementation may have a beneficial effect in preventing or treating AD. Although vitamin K has been shown to regulate functions in the brain, such as sulfotransferase activity, and the activity of a growth factor/tyrosine kinase receptor, the molecular mechanism of action of vitamin K on AD remains unclear. This could be due to a lack of interest because of its neurotoxicity.

In the present study, we experimentally studied the effects of 15 vitamin K3 (VK3) analogues on A\(\beta 1-40\) aggregation and cellular toxicity. Although many VK3 analogues such as VK3-9, VK3-10, and VK3-6 inhibited the aggregation of Aβ1-40, only VK3-9 was able to protect cells against AB1-40 induced toxicity. The effective dose of VK3-9 was approximately 0.1 µM, which is as effective as amyloidogenic compounds such as curcumin [14,15,21]. Further simulation analyses revealed that the electrostatic and van der Waals forces, rather than hydrogen bonding networks, are the key factors governing binding affinities of VK3 analogues to A $\beta$ 1–40. The binding energies of A $\beta$ 1– 40-VK3 analogue complexes displayed a high correlation with the experimental aggregation rates. In conclusion, although most VK3 analogues did not protect cells against AB induced toxicity, both simulation and experimental results suggest that VK3-9 is a potent compound for preventing aggregation of amyloid peptides. Other VK3 analogues such as VK3-10 and VK3-6 could be further modified for potential use as therapeutic drugs to treat AD.

#### 2. Material and methods

#### 2.1. Docking of Vitamin K3 analogues to $A\beta1-40$

Because AB peptides are highly aggregation prone in water, their monomeric structures have not yet been experimentally resolved. Therefore, to obtain suitable Aβ1–40 structures in an aqueous environment for use in simulation of binding of VK3 analogues, we modeled the Aß structure in water using the PDB code 1BA4 [28] as the initial structural model. This model is AB1-40 determined in the water-micelle environment. The structure taken from 1BA4 was first heated to T=500 K. The 5 ns MD simulations [see Supplemental Information (SI) for details on MD simulations] were carried out at this temperature until random coil structures were obtained in explicit water using the GROMOS96 43a1 force field [29]. A random coil structure was used as the starting configuration for subsequent 300 ns MD simulations at T=310 K. Snapshots collected at equilibrium during the last 200 ns were grouped by the Cα-RMSD conformational clustering method implemented in the Gromacs software. With the clustering tolerance of 1 Å, 5 representative structures with the lowest energy (Fig. S3 in SI) were used for further docking of VK3 analogues to A $\beta$ 1–40.

To dock VK3 analogues to full-length A $\beta$ 1–40, both A $\beta$ 1–40 and VK3 analogues were prepared as PDBQT files using AutodockTools 1.5.4 [30]. The Autodock Vina version 1.1 was employed [31], as it is much more

efficient than Autodock 4.0. To describe atomic interactions, a modified 138 version of the CHARMM force field was implemented [32]. In the 139 Autodock Vina software the Broyden–Fletcher–Goldfarb–Shanno meth-140 od was employed for local optimization [33]. To obtain reliable results, 141 the exhaustiveness of global search was set to 400, and the maximum 142 energy difference between the best and worse binding mode was chosen as 7. Twenty binding modes (20 modes of docking) were generated 144 with random starting positions of each VK3 analogue, which had fully 145 flexible torsional degrees of freedom. The center grids were placed at 146 the center of the mass of A $\beta$ 1–40, and grid dimensions were  $60\times40\times147$  40, which are large enough to cover the entire A $\beta$ 1–40. In this approach, 148 the binding energy was the average of five obtained A $\beta$ 1–40–VK3 analogue complex models (Fig. S5 in SI).

#### 2.2. Molecular mechanics-Poisson-Boltzmann surface area

The details of MM-PBSA are given in SI. Overall, in this method the 152 binding free energy ( $\Delta G_{\text{bind}}$ ) of ligand to receptor is given as: 153

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$$\Delta G_{\text{bind}} = \Delta E_{\text{elec}} + \Delta E_{\text{vdw}} + \Delta G_{\text{sur}} + \Delta G_{\text{PB}} - T\Delta S \tag{1}$$

where  $\Delta E_{\rm elec}$  and  $\Delta E_{\rm vdw}$  are contributions from electrostatic and van 154 der Waals interactions, respectively.  $\Delta G_{\rm sur}$  and  $\Delta G_{\rm PB}$  are nonpolar 156 and polar solvation energies. The entropic contribution of  $T\Delta S$  was 157 estimated using the normal mode approximation (see SI for more 158 details). To calculate  $\Delta G_{\rm bind}$ , the MD simulations were carried out 159 using the GROMOS force field 43a1 as described in SI. The structures 160 of A $\beta$ 1–40–VK3 analogue complexes obtained in the best docking 161 mode (see Fig. 6 and snapshot 5 in Fig. S4) were used as starting con-162 figurations for MD simulations. For each system, 4–6 MD trajectories 163 of approximately 100 ns were generated. Snapshots collected in equi-164 librium were used to compute the binding free energy given by Eq. (1). 165

#### 2.3. Synthesis of vitamin K3 analogues

The synthesis procedures of vitamin K3 analogues shown in Fig. 1 167 are described elsewhere [34]. Analogues were kindly provided by 168 Professor C. P. Chen of National Dong Hwa University.

#### 2.4. Synthesis and purification of A $\beta$ 1–40

A $\beta$ 1–40 was synthesized in a solid-phase peptide synthesizer (ABI 171 433A) using standard FMOC protocols with HMP resin. After cleavage 172 from the resin with a mixture of trifluoroacetic acid/H<sub>2</sub>O/ethanedithiol 173 thiol anisole/phenol, the peptides were extracted with 1:1 (v:v) ether: 174 H<sub>2</sub>O containing 0.1% 2-mercaptothanol. The synthesized A $\beta$ 1–40 pep- 175 tides were purified using a C<sub>18</sub> reverse-phase column with a linear 176 gradient from 0% to 78% acetonitrile. Peptide purity was over 95% as 177

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VK3-1 : R1 = -SC_2H_4OH, R2 = -CH_3
VK3-2: R1=-SC_3H_6OH, R2=-CH_3
VK3-3: R1=-SC_4H_8OH, R2=-CH_3
VK3-4: R1=-SC_6H_{12}OH, R2=-CH_{22}OH
                                                                 R1
VK3-5: R1=-SC_{11}H_{22}OH, R2=-CH_3
VK3-6: R1=-SC<sub>2</sub>H<sub>4</sub>COOH, R2=-CH<sub>3</sub>
VK3-8: R1=-SCH_2CHOHCH_3, R2=-CH_3
VK3-9: R1=-SCH2CHOHCH2OH, R2=-CH3
VK3-10: R1=-S(C_6H_4)OH, R2=-CH_3
VK3-199 : R1=-SC_2H_4OH, R2=-H
                                                        0
VK3-221: R1=-OH, R2=-CH<sub>3</sub>
VK3-231: R1=-SC_2H_4OH, R2=-SC_2H_4OH
VK3-232: R1=-SCH_2CHOHCH_2OH, R2=-
SCH2CHOHCH2OH
VK3-233-2d : R1=-SC_6H_{12}OH, R2=-SC_6H_{12}OH
VK3-224: R1=-NHC_2H_4 (NC_2H_4OC_2H_4), R2=-CH_3
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Fig. 1. Structures of the synthesized VK3 analogues.

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