



## Review article

## Neuroligins, synapse balance and neuropsychiatric disorders



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## ABSTRACT

Neuroligins are postsynaptic adhesion molecules that are involved in the regulation of synapse organisation and function. Four neuroigin proteins have been identified (neuroigin 1, 2, 3, 4), which are differentially enriched in the postsynaptic specialisation of synapses. Neuroigin 1 is localised on excitatory (glutamatergic) synapses, whereas neuroigin 2 is located on inhibitory (GABAergic/glycinergic) synapses. Neuroigin 3 and 4 are present on both types of synapses. Recent data indicate that neuroligins are involved in synapse maturation and specification. Because of their synaptic localisation and function, neuroligins control the balance between excitatory and inhibitory synapses. Animal studies with neuroigin transgenic mice showed the involvement of neuroigin 1 in memory formation, and neuroigin 2, 3 or 4 in social behaviour. Interestingly, genetic analysis of humans showed a mutation in the neuroigin 2 gene in schizophrenic patients, while mutations in neuroigin 3 or 4 genes were found in autism.

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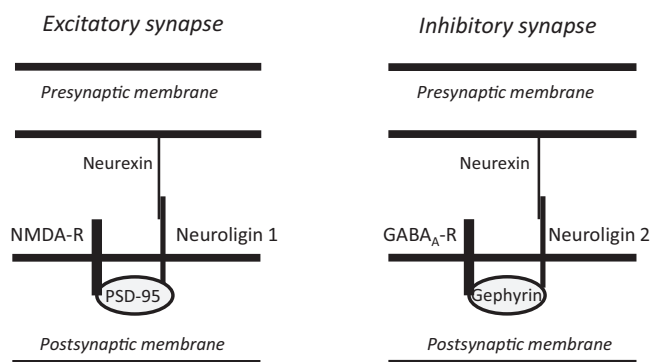
## Neuroigin family

Neuroligins are postsynaptic transmembrane adhesion proteins that are comprised of several domains including a cleaved signal peptide, a cholinesterase-like domain, a carbohydrate attachment region, a single transmembrane domain, and a short C-terminal tail containing a type I PDZ-binding motif (for review see Sudhof [1]).

**Abbreviations:** ASDs, autism spectrum disorders; GABA,  $\gamma$ -aminobutyric acid; LTP, long-term potentiation; mEPSC, miniature excitatory postsynaptic current; mIPSC, miniature inhibitory postsynaptic current; NMDA, N-methyl-D-aspartate; PSD-95, postsynaptic density protein-95; sPSC, spontaneous postsynaptic current.

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**Fig. 1.** Schematic illustration of neurotrophin binding with neurexin (presynaptic membrane) and postsynaptic scaffolding proteins (PSD-95, gephyrin).

Neurotrophin proteins have been found in several species, including humans, rodents, and chickens. Five genes encoding neurotrophin proteins have been identified in the human genome (NLGN1, NLGN2, NLGN3, NLGN4, and NLGN4Y), and at least four genes coding neurotrophin family members have been known in rodents (NLGN1–4). Sequence comparisons indicate that neurotrophins 1, 3, and 4 are more similar to each other than to neurotrophin 2 [1,2].

Neurotrophins link the presynapse to the postsynaptic density by binding through the extracellular cholinesterase-like domain to their presynaptic partners, neurexins, in an alternative splice-dependent manner. At the postsynaptic portion, neurotrophins bind by their C-terminus with the third PDZ domain of a postsynaptic scaffold protein, such as the postsynaptic density protein-95 (PSD-95), which anchors a variety of signalling molecules and surface receptors [1–3] (Fig. 1). It has been suggested that the extracellular domain of neurotrophin is sufficient to induce the assembly of functional presynaptic terminals, while the intracellular domain is required for terminal maturation [4].

Several findings indicate that neurotrophins are present at developing and mature synapses of the brain and play an important role in synapse organisation and function [1,3,5]. They were initially thought to be required for synapse formation [6], but recent findings indicate their crucial involvement in synapse maturation and specification [7]. It was found that neurotrophins are differentially enriched in the postsynaptic specialisations of synapses, and they are found on either excitatory or inhibitory synapses.

### Neurotrophins at the excitatory synapses

Neurotrophin 1 proteins are exclusively localised on excitatory synapses [8]. This observation is supported by the facts that the neuronal localisation, subcellular distribution and developmental expression of this protein are connected with the excitatory postsynaptic marker protein PSD-95 and N-methyl-D-aspartate (NMDA) receptor (Fig. 1). Moreover, electron microscopy study demonstrated that only asymmetric synapses contain neurotrophin 1, and immunofluorescence labelling showed that neurotrophin 1 localises with glutamatergic but not with  $\gamma$ -aminobutyric acid (GABA)-ergic synapses [8]. An *in vitro* study also showed the coaggregation of neurotrophin 1 with PSD-95 (scaffold protein of excitatory synapses), but not gephyrin (scaffold protein of inhibitory synapses) in cultured neurons [9]. A similar effect was observed for neurotrophin 3 and neurotrophin 4, which suggests that these two proteins are also expressed on excitatory synapses [9]. Additional studies confirmed the presence of neurotrophin 3 on glutamatergic synapses in the brain and coimmunoprecipitation studies revealed the occurrence of neurotrophin 1–neurotrophin 3 complexes in the brain extracts [10].

### Neurotrophins at the inhibitory synapses

Neurotrophin 2 is known to be constitutively and selectively present at inhibitory postsynaptic specialisations [11]. Neurotrophin 2 is localised at both GABA-ergic and glycinergic inhibitory synapses [12,13]. Neurotrophin 2 preferentially binds the inhibitory synapse scaffold protein gephyrin through a conserved cytoplasmic motif [13], and it is able to cluster GABA<sub>A</sub> receptors [14] (Fig. 1). In addition to neurotrophin 2, neurotrophin 3 and 4 were also found at inhibitory synapses [10,15]; however, they are not specific markers for inhibitory synapses (see above). Neurotrophin 3 was observed at GABA-ergic synapses [10], while neurotrophin 4 was localised at glycinergic synapses [15].

### Excitatory and inhibitory synapse balance

Proper brain function is based on a balance between excitation and inhibition, which are mainly mediated by two major neurotransmitters, glutamate and GABA, respectively. The total number of synapses formed and ratio of excitatory to inhibitory synaptic inputs a neuron receives are factors critical for determining neuronal excitability [16]. Molecules that are involved in the control of a balance between excitatory and inhibitory synapse formation are important for proper neuronal excitability and function. Several findings indicate that neurotrophins are involved in both excitatory and inhibitory synapse maturation and specificity, and they are able to control the balance between excitatory and inhibitory synapse formation [5]. An *in vitro* study showed that the suppression of single (neurotrophin 1 or 2 or 3) or multiple neurotrophin isoform (neurotrophins 1–3) expression in cultured rat hippocampal neurons results in a loss of excitatory and inhibitory synapses. However, electrophysiological analysis demonstrated a predominant reduction of inhibitory synaptic function and alteration in normal excitatory/inhibitory balance in hippocampal neurons [6]. The largest changes in inhibitory synaptic transmission than excitatory transmission were also observed in an electrophysiological study in neurotrophin knockout mice [7]. It was found that the deletion neurotrophins 1–3 dramatically changed the balance between glutamatergic and GABAergic/glycinergic spontaneous postsynaptic currents (sPSC) in brainstem neurons, with a strong decrease in GABAergic/glycinergic sPSC, without affecting the total synapse numbers [7]. In contrast, exogenous neurotrophin 1 increased both excitatory and inhibitory presynaptic contacts and the frequency of miniature excitatory and inhibitory postsynaptic currents (mEPSC and mIPSC, respectively) in the cultured hippocampal neurons [17]. Thus, the above data indicate that the proper level of neurotrophin proteins seems to be an important factor in the control of the excitatory and inhibitory balance in the brain, and the decrease in neurotrophin levels mainly influence the inhibitory transmission.

The fact that all single neurotrophin knockout mice as well as all combinations of double neurotrophin knockouts were viable, whereas neurotrophin 1–3 triple knockout mice died shortly after birth, may indicate a significant degree of functional redundancy among neurotrophins [7]. The above observation was also confirmed by the results from an *in vitro* study showing that the overexpression of all neurotrophin isoforms is able to stimulate the formation of both excitatory and inhibitory terminals [6]. On the other hand, the study with transgenic mice showed that the overexpression of neurotrophin 1 increased the maturation of excitatory synapses [18]. However, there were no differences in the number and size of glutamatergic and GABAergic hippocampal synapses in neurotrophin 1 knockout mice when compared to wild-type animals [19]. In contrast, a decrease in GABAergic but not glutamatergic transmission was found in neurotrophin 2 knockout mice [12,13]. The role of neurotrophin 2 in the control of inhibitory synapse function was also

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