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# A new technique for in vivo imaging of specific GLP-1 binding sites: First results in small rodents

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#### Abstract

*Experimental objectives:* In vivo imaging of GLP-1 receptor-positive tissues may allow examination of physiologic and pathophysiologic processes. Based on the GLP-1 analog Exendin 4, we have developed a radiolabeled compound specifically targeting the GLP-1 receptor (DTPA-Lys<sub>40</sub>-Exendin 4). This work aims to detect GLP-1 receptor-positive tissues by biodistribution studies and in vivo small animal imaging studies. For in vivo imaging, a high-resolution multi-pinhole SPECT (single photon emission computed tomography) system was used in conjunction with an MRI (magnetic resonance imaging) system for image fusion.

*Results:* DTPA-Lys<sub>40</sub>-Exendin 4 can be labeled with <sup>111</sup>In to high specific activity (40 GBq/ $\mu$ mol). The radiochemical purity reliably exceeded 95%. Using this compound for in vivo small animal imaging of rats and mice as well as for biodistribution studies, specific GLP-1 binding sites could be detected in stomach, pancreas, lung, adrenals, and pituitary. Receptor-positive tissues were visualized with a high-resolution SPECT system with a resolution of less than 1 mm.

*Conclusions:* The new technique using DTPA-Lys<sub>40</sub>-Exendin 4 allows highly sensitive imaging of GLP-1 receptor-positive tissues in vivo. Therefore, intra-individual follow-up studies of GLP-1 receptor-positive tissue could be conducted in vivo. © 2006 Elsevier B.V. All rights reserved.

Keywords: GLP-1; Receptor imaging; Small animal imaging; Single photon emission computed tomography; Magnetic resonance imaging; Exendin 4

#### 1. Introduction

Glucagon-like Peptide-1 (GLP-1) plays an important role in glucose metabolism and homeostasis. GLP-1 is secreted after ingestion of food and induces insulin-release from the pancreas in a blood-glucose level-dependent manner. Due to its glucose-lowering action, GLP-1 or analogs thereof may be used to treat diabetes mellitus type 2 [1]. The insulinotropic action of GLP-1 is mediated by a specific receptor on the  $\beta$ -cells in the islets of Langerhans in the endocrine pancreas [2]. Besides its direct

\* Corresponding author. Tel./fax: +31 24 36 15054/18942. *E-mail address:* m.gotthardt@nucmed.umcn.nl (M. Gotthardt). insulinotropic action, GLP-1 also has effects on glucagon secretion and reduces gastric motility, both factors (indirectly) influencing the blood-glucose level [1,3]. Furthermore, it induces proliferation of  $\beta$ -cells [4]. Despite its effects on the pancreas, GLP-1 also seems to play a role in other organ systems. Intracerebroventricular injection of GLP-1 can reduce food intake in rats [5]. Though GLP-1-binding sites are widespread in the brain [6], peptidic hormones do not cross the blood-brain barrier due to their hydrophilicity [7]. The effects of GLP-1 on satiety and food intake may thus be secondary to decelerated gastric emptying [8] or may be mediated by binding to sites in the brain that are not protected by the blood-brain barrier, such as the area postrema in the brain stem [9,10]. Besides in pancreas, stomach [11], and brain, GLP-1 receptor

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Fig. 1. Biodistribution of 1 MBq <sup>111</sup>In-DTPA-Lys<sup>40</sup>-Exendin 4 alone and blocked by co-injection of 100  $\mu$ g unlabeled Exendin 4 20 h after injection in mice. Specific uptake in lung, pancreas, and stomach. Due to the large standard deviation, intestinal uptake does not differ significantly.

expression has also been shown on mucous-producing cells of the bronchial mucosa and in the smooth muscle cells of the pulmonary arteries in rat lungs [12,13]. GLP-1 receptor mRNA has been identified in the kidney, duodenum, and heart [14,15]. In liver, skeletal muscle, and adipose tissue, GLP-1 receptor mRNA has not been shown [14]. In contrast to these findings, other studies did not demonstrate specific binding sites in the stomach [16] or indicate that GLP-1 has specific effects on adipose tissue depending on the presence of a receptor [17–19]. Furthermore, studies evaluating distribution of the GLP-1 receptor or the specific uptake in vivo have been done with radioiodinated compounds which are known to show a relatively low uptake as the radionuclide is quickly released from tissue after receptor-mediated uptake of the ligand [19–22].

A technique would therefore be desirable for non-invasive examination of the GLP-1 receptor distribution in vivo. This technique could also allow the detection of tumors expressing the GLP-1 receptor, such as carcinoids [23,24]. Using a modified Exendin 4, we have developed a new GLP-1 receptor-targeting compound for scintigraphic tumor imaging [23]. Exendin 4 is a GLP-1 analog that has been found in the venom of Gilamonsters [25]. Exenatide, which is synthetic Exendin 4, has currently been approved (US) or will be approved in the near future (Europe) for treatment of diabetes type 2 [1,4]. It is metabolically much more stable in comparison to GLP-1, has comparable actions, and shares a 53% homology [25,26]. Due to its higher stability, it is more suitable for radiopeptide imaging or therapy than GLP-1. This compound has therefore been labeled with a so-called residualizing label which is retained in the cell after internalization to improve the target-to-background ratios [22,27,28]. In this communication, we show the first results obtained with the new compound. Besides acquiring biodistribution data, highresolution small animal imaging has been performed.

## 2. Material and methods

### 2.1. Tracer labeling

Labeling of the DTPA-conjugated Lys<sup>40</sup>-Exendin 4 was done essentially as previously described [29]. In short, ~40 MBq <sup>111</sup>InCl<sub>3</sub> in 100  $\mu$ L 0.05 M HCl were added to 100  $\mu$ L of the peptide solved at a concentration of 50  $\mu$ M in ammonium acetate buffer, pH 5.0. After 30 min, quality control was performed using high performance liquid chromatography (HPLC) on a C-18 reverse phase column. Two buffers were used as mobile phase (buffer A 70% actonitrile, H<sub>2</sub>O, 0.1% TFA, pH 7.4; buffer B H<sub>2</sub>O, 0.1% TFA, pH 7.4) with a linear gradient rising to 70% acetonitrile (100% buffer A) over 30 min.

#### 2.2. Animals, biodistribution studies

Male Wistar rats weighing 250 g were obtained at an age of 8 weeks from Harlan (Horst, The Netherlands). Nude mice (BALBc nu/nu) obtained from Charles River Wiga (Sulzfeld, Germany), were 8 weeks old and weighed 25 g. The animal experiments had been approved by the local animal welfare committees in Nijmegen and Marburg.

For biodistribution experiments 1 MBq <sup>111</sup>In-DTPA-Lys<sup>40</sup>-Exendin 4 was intravenously injected via the tail vein. Four animals were used per group. The respective control groups were



Fig. 2. Biodistribution of 1 MBq <sup>111</sup>In-DTPA-Lys<sup>40</sup>-Exendin 4 alone and blocked by co-injection of 100  $\mu$ g unlabeled Exendin 4 20 h after injection in rats. Specific uptake in lung, pancreas, spleen, and stomach. Due to the large standard deviation, intestinal uptake does not differ significantly.

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