



Synthesis of Hoodigogenin A, aglycone of natural appetite suppressant glycosteroids extracted from *Hoodia gordonii*

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ABSTRACT

14 β -hydroxy pregnane glycosides extracted from *Hoodia gordonii*, a succulent plant isolated from Apocynaceae are suggested to have appetite suppressant properties in animals and humans. However, limited reports on biological studies concerning the appetite suppressant properties are available in the open literature. One reason for that is the poor availability of these glycosteroids because *H. gordonii* is a protected plant and the yield of extraction lies between 0.003% and 0.02%. Starting from 3 α ,12 α -diacetoxy-pregnanone **1**, we disclose in this report the synthesis of Hoodigogenin A, the aglycone of the natural 14 β -hydroxy pregnane glycosides extracted from *H. Gordonii*.

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1. Introduction

Obesity is one of the major health concerns in the 21st century. Worldwide, more than 300 million people are obese and one billion are overweight [1]. The increase of childhood obesity is a worrisome problem [2,3]. Obesity is also associated with several health problems such as diabetes, heart diseases and dyslipidemia, and glucose intolerance. Obesity is a disease that requires careful attention and pragmatic treatment. Lifestyle changes, exercising, dieting and weight loss are needed for a complete treatment and prevention of relapse. However, diet pills can help in fighting obesity. In this context, there is a growing interest for *Hoodia gordonii*, a succulent plant isolated from Apocynaceae (previously Asclepiadaceae) which grows in South Africa and Namibia [4]. It is claimed that this plant presents appetite suppressant properties. However, only limited reports on biological studies concerning the appetite suppressant properties are available in the open literature [5–7]. The extraction of *H. gordonii* provided numerous oxypregnane glycosides, for example P57AS3, characterized by a common aglycone called Hoodigogenin A (12-O- β -tigloyl-3 β , 14 β -dihydroxy-pregn-5-ene-20-one) (Fig. 1) [8–10].

In the frame of a collaborative study concerning the synthesis, the extraction and the biological evaluation of Hoodigogenin A, we

developed an original synthesis of Hoodigogenin A starting from commercially available reagents. The main reason for our interest in the synthesis of the Hoodigogenin A is because there is limited access to the active compounds which are a priori responsible for the appetite suppressant properties. According to the literature, the yield of extraction of the oxypregnane glycosides from *H. gordonii* lies between 0.003% and 0.02% [7–10]. In addition, *H. gordonii* is a protected plant and therefore of limited access. Furthermore, to the best of our knowledge, no synthesis of Hoodigogenin A has been reported in the open literature [11]. We report herein the synthesis of Hoodigogenin A, the key step being a Norrish type I – Prins reaction.

2. Experimental

2.1. General

Melting points were measured on a Stuart Scientific melting point apparatus (SMP 3) and are uncorrected. Reactions were carried out under argon with magnetic stirring and degassed solvents. Et₂O and THF were distilled from Na/benzophenone. Thin layer chromatography (TLC) was carried out on silica gel plates (Merck 60F₂₅₄) and the spots were visualized under UV lamp (254 or 365 nm) and sprayed with phosphomolybdic acid solution (25 g phosphomolybdic acid, 10 g cerium sulfate, 60 mL H₂SO₄, 940 mL H₂O) followed by heating on a hot plate. For column chromatography, silica gel (Merck Si 60 40–60 μ m) was used. IR spectra were

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