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# Comparison of Essential oil Composition of Three Ginger Cultivars from Sub Himalayan Region

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#### ABSTRACT

**Objective:** To investigate and compare the essential oil constituents of three most popular cultivars from sub Himalayan region namely, gorubathane, shingboi and thingria. **Methods:** Volatile oils were isolated using Clevenger trap and characterized by analytical gas chromatography and gas chromatography–mass spectroscopy. **Results:** Eighty one constituents accounting for 95.24%, 97.1% and 97.03% of the gorubathane, shingboi and thingria oils respectively, were identified. **Conclusions:** The major compounds of gorubathane oil were zingiberene (32.2%) and  $\beta$ –sequiphellandrene (10.9%). The main constituents in thingria oil were zingiberene (12.58%) and ar–curcumene (9.89%) and of shingboi oil were geranial (20.07%) and neral (9.44%). This is the first report on the essential oils composition of three Sub Himalayan ginger cultivars.

#### 1. Introduction

The Ginger (Zingiber officinale Rosc) is an herbaceous perennial aromatic plant belongs to the family Zingiberaceae, mostly distributed in East Asia and tropical Australia, the rhizomes of which are used as a spice [1]. Dried and fresh ginger has been used in Indian traditional medicine for relief from arthritis, rheumatism, sprains, muscular aches and pains, congestion, coughs, sinusitis, sore throats, diarrhoea, indigestion, loss of appetite, fever, flu, etc. The oil of Z. officinale has been studied for chemical and pharmacological activities and it was reported that zingiberene,  $\beta$ -sesquiphellandrene and ar-curcumene are the major constituents in most of the rhizome oils. These ginger oils showed good anticancer and antiinflammatory properties [2-5]. Some ginger species are high in sesquiterpene hydrocarbons and relatively low in monoterpene hydrocarbons while others have the opposite proportions. Another study on the ginger essential oil showed that it is rich in monoterpenoid compounds with camphene, geranial and geranyl acetate as main constituents [6]. The species under study is Sub Himalayan ginger cultivars namely gorubathane, shingboi and thingria,

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the chemical composition of these gingers not yet studied so far.

#### 2. Materials and Methods

#### 2.1. Plant material

The ginger cultivars were collected through Sikkim Marketing Federation (SIMFED) and Horticultural department (Sikkim). The specimens were deposited in the herbarium (NIIST) and the voucher numbers are G.10234,10235, and 10236.

#### 2.2. Isolation of volatile oil

The rhizomes of three ginger cultivars were separately scrubbed and washed to remove the sand and other foreign particles and dried in the oven at  $48^{\circ}C \pm 2^{\circ}C$  to a moisture content of 10%. Rhizomes were carefully milled to 20–40 mesh size particles and the samples (50 g) were hydrodistilled for 5 hrs in a Clevenger–type apparatus to get the oils. After drying over anhydrous sodium sulphate the oils were analyzed by GC and GC–MS. Analysis was carried out in triplicate.

#### 2.3. GC analysis

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The GC analysis was carried out in a Hewlett–Packard GC (model 5890–II) equipped with an electronic integrator. Methyl silicone column (50 m x 0.2 mm, 0.17  $\mu$  m) was used for the analysis. The conditions used were as follows: temperature programming from 80–200°C at the rate of 5°C/min, held at 200°C for 15 min, flame ionisation detector(F.I.D) temperature 300°C, injection temperature 250°C, carrier gas: nitrogen at a flow rate of 1 mL/min, split ratio of 1:75.

#### 2.4. GC-MS analysis

GC-MS analysis was carried out in a Hewlett-Packard GC (Model No 5995) coupled with mass spectrometer under the following conditions: GC column and conditions were the same as in the capillary GC analysis. MS conditions were as follows: electron impact, ionizing voltage 70 eV, source temperature  $150^{\circ}$ C, electron multiplier at 2000 eV, scan speed 690 amu/s and scan 40–500 amu.

#### 2.5. Identification of compounds

Geranial

36

5.86

**Table 1.** Chemical composition of three ginger cultivars from sub Himalayan region.

Sl No Component Gorubathane(%) Shingboi (%) RI a Identification Thingria (%) MS b, RI 1 Tricyclene 0.03 0.1 926 2 <sub>α</sub> -pinene 1.04 1.21 0.8 943 MS, RI 3 Camphene 2.5 2.54 1.9 954 MS,RI 4 2-heptanol  ${\rm Tr}\; c$ 957 MS,RI 5 Sabinene 0.99 1.42 1.58 976 MS,RI 6 Octenal 0.06 978 MS,RI 0.1 0.5 β-Myrcene 7 0.4 0.1 0.1 986 MS.RI 8 6-Methyl-5-hepten-2-one MS,RI 0.2 0.3 994 9 α -phellandrene 0.24 1.02 1.5 1000 MS,RI δ −3−carene 10 0.1 0.1 0.76 1003 MS,RI MS,RI 11  $\alpha$  -terpinene 0.4 0.4 0.4 1008 13 p-cymene 0.2 1.09 1.34 MS,RI 1019 β –phellandrene MS,RI 14 0.2 2.53 1.4 1021 15 1,8 cineole 0.2 MS,RI 0.5 1027 16 d-limonene 0.79 MS,RI 1030 γ -terpinene Tr 0.82 MS.RI 17 0.7 1057 18 Trans-Linalool oxide 0.1 Tr Tr 1081 MS,RI 19 Linalool Tr 0.1 0.5 1089 MS,RI 2-nonanol Tr 0.1 MS.RI 20 0.4 1092 21 Undecanone Tr Tr Tr 1100 MS,RI Citronellol Tr Tr MS,RI 22 0.1 1117 Citronellal Tr MS,RI 23 1.3 0.67 1125 Camphor 24 Tr 0.5 0.3 1133 MS,RI Sabinol Tr MS,RI 25 0.1 0.2 1137 26 Iso borneol 0.1 Tr MS,RI 1154 Borneol 27 0.1 0.2 0.1 MS.RI 1164 28 Terpinen-4-ol Tr 0.2 Tr 1174 MS,RI  $\alpha$  -terpineol 29 0.5 0.5 0.5 MS,RI 1184 Myrtenol MS,RI 30 Tr 1196 31 Nerol 1.1 1.5 1218 MS,RI 0.4 Neral MS, RI 32 2.64 9.44 3.62 1227 33 Carveol Tr 1.02 Tr MS,RI 1231 34 Geraniol 0.62 1.06 1.13 1240 MS,RI 35 Linalyl acetate 0.85 0.97 1244 MS,RI

20.03

Compounds were identified by comparing retention indices/comparing mass spectra of each compound with those of authentic samples and library (NIST), and literature [7,8].

#### 3. Result

The yield of essential oil from the gorubathane, shingboi and thingria cultivars were 3.8%, 3% and 1.8% respectively. The chemical composition of ginger oils were shown in Table 1. The major constituents of shing boi ginger oil were geranial (20.07%), neral (9.44%) and ar–curcumene (6.56%). The gorubathane oil was rich in zingeberene (32.2%),  $\beta$ –sequiphellandrene (10.9%) and geranial (5.86%). Whereas thingria oil mainly contains zingeberene (12.58%), ar–curcumene(9.89%),  $\beta$ –sesuiphellanrene (9.4%) ,  $\beta$ –bisabolene (7.18%)and geranial (6.72%). classifications of compounds in the volatile oils shown in Table 2.

1255

MS, RI

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