



## Stable RNA nanoparticles as potential new generation drugs for cancer therapy<sup>☆</sup>



Yi Shu<sup>a,b</sup>, Fengmei Pi<sup>a,b</sup>, Ashwani Sharma<sup>a,b</sup>, Mehdi Rajabi<sup>a,b</sup>, Farzin Haque<sup>a,b</sup>, Dan Shu<sup>a,b</sup>, Markos Leggas<sup>a,b</sup>, B. Mark Evers<sup>a</sup>, Peixuan Guo<sup>a,b,\*</sup>

<sup>a</sup> Markey Cancer Center, University of Kentucky, Lexington, KY 40536, USA

<sup>b</sup> Department of Pharmaceutical Sciences, University of Kentucky, Lexington, KY 40536, USA

### ARTICLE INFO

#### Article history:

Accepted 13 November 2013

Available online 22 November 2013

Theme Editors: Piotr Grodzinski and Vladimir Torchilin

#### Keywords:

Nanobiotechnology

Bacteriophage phi29

pRNA

Three-way junction

RNA nanotechnology

RNA therapeutics

Biodistribution of nanoparticles

Pharmacokinetics

Cancer targeting

### ABSTRACT

Human genome sequencing revealed that only ~1.5% of the DNA sequence coded for proteins. More and more evidence has uncovered that a substantial part of the 98.5% so-called “junk” DNAs actually code for noncoding RNAs. Two milestones, chemical drugs and protein drugs, have already appeared in the history of drug development, and it is expected that the third milestone in drug development will be RNA drugs or drugs that target RNA. This review focuses on the development of RNA therapeutics for potential cancer treatment by applying RNA nanotechnology. A therapeutic RNA nanoparticle is unique in that its scaffold, ligand, and therapeutic component can all be composed of RNA. The special physicochemical properties lead to the delivery of siRNA, miRNA, ribozymes, or riboswitches; imaging using fluo-genetic RNA; and targeting using RNA aptamers. With recent advances in solving the chemical, enzymatic, and thermodynamic stability issues, RNA nanoparticles have been found to be advantageous for *in vivo* applications due to their uniform nano-scale size, precise stoichiometry, polyvalent nature, low immunogenicity, low toxicity, and target specificity. *In vivo* animal studies have revealed that RNA nanoparticles can specifically target tumors with favorable pharmacokinetic and pharmacodynamic parameters without unwanted accumulation in normal organs. This review summarizes the key studies that have led to the detailed understanding of RNA nanoparticle formation as well as chemical and thermodynamic stability issue. The methods for RNA nanoparticle construction, and the current challenges in the clinical application of RNA nanotechnology, such as endosome trapping and production costs, are also discussed.

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### Contents

1.	Introduction	75
2.	Definition of RNA nanotechnology	75
3.	Proof-of-concept of RNA nanotechnology in 1998	75
4.	Overcome the first barricade: chemical instability of RNAs	76
5.	Overcome the second barricade: thermodynamic instability of RNA <i>via</i> self-assembly without covalent linkage	76
6.	Combating the third barricade: low yield and high production costs	78
7.	Advantages of using RNA nanoparticles for pharmaceutical applications	78
8.	Comparing RNA nanoparticles with other nano-delivery systems	78
8.1.	Lipid-based nanoparticles	78
8.2.	Polymer-based nanoparticles	78
8.3.	Virus-based nanoparticles (VNPs)	79
8.4.	Inorganic nanoparticles	79
8.5.	DNA nanoparticles	79
9.	RNA modules applied for cancer therapy	79
9.1.	Current advances using siRNA for cancer therapy	80
9.2.	Current advances using miRNA for cancer therapy	80
9.3.	Current advances using aptamers for cancer therapy	80
10.	Methods for chemical modification/conjugation of RNA nanoparticles	81

<sup>☆</sup> This review is part of the *Advanced Drug Delivery Reviews* theme issue on “Cancer Nanotechnology”.

\* Corresponding author at: University of Kentucky, Department of Pharmaceutical Sciences, 789 S. Limestone Avenue, Room # 565, Lexington, KY 40536-0596 USA.  
E-mail address: [peixuan.guo@uky.edu](mailto:peixuan.guo@uky.edu) (P. Guo).

11. Methods and current achievements for constructing RNA nanoparticles . . . . .	81
11.1. RNA nanoparticles derived from phi29 DNA packaging RNA (pRNA) . . . . .	81
11.1.1. Structure and folding of pRNA into a hexameric ring in phi29 DNA packaging motor . . . . .	81
11.1.2. Current achievements and advances in creating pRNA nanoparticles . . . . .	81
11.1.3. Functionalization of the robust pRNA platform . . . . .	82
11.1.4. <i>In vivo</i> biodistribution and pharmacokinetics profile of pRNA nanoparticles . . . . .	83
11.2. Other RNA nanoparticles with therapeutic potential . . . . .	83
11.2.1. TectoRNAs based on natural or artificial RNA motifs . . . . .	83
11.2.2. Polymer-like RNAi microsponge . . . . .	85
12. Challenges and perspectives . . . . .	85
13. Conclusion . . . . .	86
Acknowledgments . . . . .	86
References . . . . .	86

## 1. Introduction

Nanotechnology refers to the creation and application of materials using either a top-down approach or bottom-up assembly at the nano-meter scale. In nature, a wide variety of macromolecules that form patterned arrays and highly-ordered structures in nano-scale have inspired several biomimetic strategies. Macromolecules, such as DNA, RNA, and proteins have intrinsically defined features with the potential to serve as versatile building blocks for bottom-up assembly of nano-structures and nano-devices.

More and more evidence has revealed that a substantial part of ~98.5% of the human genome, so-called “junk” DNA [1], codes for noncoding RNAs. These noncoding RNAs play major roles in gene expression [2–4], gene regulation [5,6], cellular catalytic reaction [7], and so on [8]. The malfunction of some noncoding RNAs will end up as abnormal cellular activity closely related to cancers, for example, microRNAs (miRNAs) have been shown to function as oncogenes or tumor suppressors [9–13]; and snoRNAs (SNORD33, SNORD66, and SNORD76) were identified as biomarkers for non-small cell lung cancer [14]. Many other diseases, such as dilated cardiomyopathy and heart failure [15], were found to be related to RNA functionality. This has led to treatment strategies that use RNA as therapeutic targets [16,17]. In other aspects, the discoveries of small interfering RNAs (siRNAs) [18,19], ribozymes [20,21], riboswitches [22,23], and miRNAs [24,25] have induced a heightened interest in using RNAs as therapeutics for disease treatment.

Natural RNA possesses versatile sequences, secondary structures, and tertiary/quaternary interactions [26–28]. Several assembly mechanisms of naturally occurring RNA complexes have been applied to construct RNA nanoparticles with defined structure and stoichiometry *via* intra- and/or inter-molecular interactions. Through this innovative approach based on RNA nanotechnology [29,30], varieties of therapeutic RNA nanoparticles harboring multiple therapeutic modules, such as siRNA, aptamer, or miRNA, have been constructed. Each incorporated siRNA, aptamer, miRNA, or other functionalities within the nanoparticle fold into its respective, authentic structure and retain its independent function for specific cell binding, cell entry, gene silencing, catalytic function, in both *in vitro* and animal trials [31–33]. Following the two milestones of chemical and protein drugs, respectively, in medical history, we speculate that the third milestone in drug development will be RNA drugs or drugs that target RNA, thus, RNA nanoparticles have the potential to be a new generation of drugs. This review will discuss the application of the achievements in modern RNA nanotechnology for cancer therapy, especially focusing on well-constructed pRNA-based RNA nano-delivery systems.

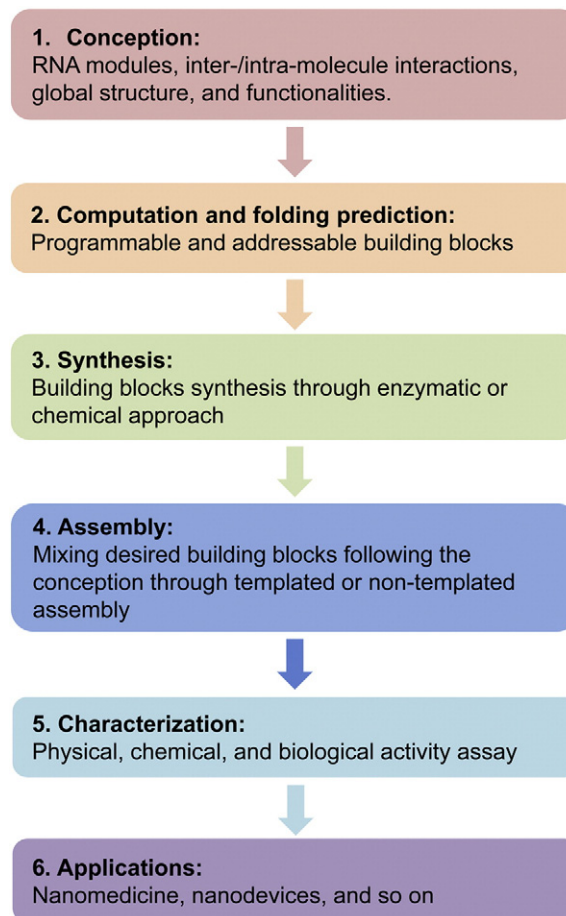
## 2. Definition of RNA nanotechnology

RNA nanotechnology is a unique field that studies the design, fabrication, and application of RNA nanoparticles with architectures primarily made up of RNA *via* bottom-up self-assembly [29,30,34,35]

(Fig. 1). This concept contrasts with other widely studied drug delivery nano-systems that conjugate functional RNA modules to polymers, lipids, dendrimers, gold, or other nanomaterial-based particles.

## 3. Proof-of-concept of RNA nanotechnology in 1998

Compared to classical RNA studies, RNA nanotechnology is a relatively new field [36–41]. The first evidence showing that RNA



**Fig. 1.** Approaches to RNA nanotechnology. The construction of RNA nanoparticles starts from a conception design to define the desired properties of the nanoparticles. The RNA structure and folding of building blocks are then computed. After monomeric RNA building block synthesis, the RNA nanoparticles can be assembled following the designed conception. The resulting RNA nanoparticles can be characterized by gel electrophoresis, atomic force microscopy and electron microscopy. After thorough evaluation, the RNA nanoparticles can be used for various applications *in vitro* and *in vivo* [29]. This figure was adapted and modified from ref. [29] with permission.

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