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# Selectively targeting estrogen receptors for cancer treatment $\stackrel{\leftrightarrow}{\sim}$

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#### ABSTRACT

Estrogens regulate growth and development through the action of two distinct estrogen receptors (ERs), ER $\alpha$  and ER $\beta$ , which mediate proliferation and differentiation of cells. For decades, ER $\alpha$  mediated estrogen signaling has been therapeutically targeted to treat breast cancer, most notably with the selective estrogen receptor modulator (SERM) tamoxifen. Selectively targeting ERs occurs at two levels: tissue selectivity and receptor subtype selectivity. SERMs have been developed with emphasis on tissue selectivity to target ER signaling for breast cancer treatment. Additionally, new approaches to selectively target the action of ER $\alpha$ going beyond ligand-dependent activity are under current investigation. As evidence of the anti-proliferative role of ER $\beta$  accumulates, selectively targeting ER $\beta$  is an attractive approach for designing new cancer therapies with the emphasis shifted to designing ligands with subtype selectivity. This review will present the mechanistic and structural features of ERs that determine tissue and subtype selectivity with an emphasis on current approaches to selectively target ER $\alpha$  and ER $\beta$  for cancer treatment.

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Abbreviations: ER, estrogen receptor; SERM, selective estrogen receptor modulator; SERD, selective estrogen receptor down-regulator; ERKO, estrogen receptor knockout; PPT, propyl pyrazole triol; DPN, diarylpropionitrile; ARKO, aromatase inhibitor knockout; AOM, azoxymethane; ERE, estrogen response element; DBD, DNA binding domain; LBD, ligand binding domain; DES, diethylstilbestrol; CBI, coactivator binding inhibitor; BRET, bioluminescence resonance energy transfer.

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#### 1. Introduction

Two distinct estrogen receptors (ERs), ER $\alpha$  and ER $\beta$ , mediate estrogen signaling and distinctly regulate transcription driving growth, proliferation, and differentiation, among many cellular processes. ER $\alpha$  is well characterized as a mediator of cell proliferation, especially in breast cancer cells, driving proliferation in the presence of estrogen [1]. ER $\beta$  opposes ER $\alpha$  and inhibits ER $\alpha$  mediated proliferation in many cells [2-8]. Because ERs can regulate cell proliferation, they can be targeted therapeutically to inhibit cancer growth. ER $\alpha$  specifically has been implicated as a key factor in breast cancer growth and has been effectively targeted in breast cancer with the development of selective estrogen receptor modulators (SERMs) such as tamoxifen or raloxifene [1,9]. SERMs function to target ER signaling in a tissue specific manner and the tissue selectivity of SERMs is determined by structural features induced by SERM binding to the receptors and cell type specific factors. Approximately 30% of breast cancers develop resistance after extended exposure to SERMs [10]. SERMs target the ligand dependent activation of ER but alternative methods of targeting ER activity are emerging to overcome resistance. Selective estrogen receptor down-regulators (SERDs) have been developed to inhibit ER signaling through degradation of the receptor. Alternative approaches to inhibit  $ER\alpha$  activity go beyond the ligand binding domain and target ER-DNA or ER-cofactor interactions. In this review we will present current methods of targeting ER $\alpha$  for cancer treatment and discuss the mechanistic and structural components that contribute to the tissue selectivity of SERMs.

Additionally, we will discuss the development of ER subtype selective ligands. With the identification of a second estrogen receptor subtype, ER $\beta$ , the design of compounds which selectively target ERs has shifted towards subtype selectivity. Ligands with selectivity for ER<sub>β</sub> show promise as cancer treatments given the anti-proliferative role of ER $\beta$  in many tissues. ER $\beta$  is not yet targeted clinically for cancer treatment, but ERB selective ligands hold therapeutic promise in breast cancer, as well as prostate, ovarian, and colon cancers. Such compounds could promote  $\text{ER}\beta$  mediated growth inhibition while avoiding proliferative side affects mediated by  $ER\alpha$ . Here, we will discuss known  $ER\beta$  selective compounds with an emphasis on structural features that contribute to subtype selectivity. We will also present recent approaches to identifying novel ERB selective ligands and discuss future directions for identifying ERB selective compounds with therapeutic potential. Selectively targeting ERs can provide effective cancer treatments and new techniques to inhibit  $ER\alpha$  and selectively activate  $ER\beta$  are emerging to improve the effectiveness of identifying tissue and subtype selective ER ligands for cancer therapy.

#### 2. Estrogen receptor action in normal and cancerous tissues

#### 2.1. Estrogen receptors and normal development

ERs have important roles in normal development and function of reproductive tissues as well as non-reproductive tissues including the lungs, colon, prostate, and cardiovascular system. ER $\alpha$  and ER $\beta$  show overlapping and distinct tissue distributions suggesting the receptors have distinct biological roles. Both receptors are expressed in the uterus, breast, lung, heart, intestine, and brain. ER $\alpha$  is expressed in the absence of ER $\beta$  in hepatocytes and the hippocampus while ER $\beta$  shows unique expression patterns in the prostate, vagina, and cerebellum [11]. Much of our understanding regarding the developmental roles of ERs has been gleaned from observations of ER $\alpha$  and ER $\beta$  knockout mice ( $\alpha$ ERKO,  $\beta$ ERKO, and  $\alpha/\beta$ ERKO mice). It is necessary to briefly discuss the functional roles of ER $\alpha$  and ER $\beta$  in normal development in order to understand the contributions of ER signaling in cancerous tissues. We will present a brief overview of the roles of ERs as demonstrated by  $\alpha$ ERKO and  $\beta$ ERKO mice with a narrowed focus on tissues that may develop cancers which could benefit from selective ER therapies such as reproductive tissues, breast, prostate, and colon. The phenotypes of ERKO mice have been reviewed extensively elsewhere [12–14].

#### 2.1.1. Reproductive development

ER $\alpha$  and ER $\beta$  are important mediators of normal ovarian and uterine development and function; the most obvious developmental impairment in  $\alpha$ ERKO and  $\beta$ ERKO mice is found in reproductive structures including the ovary and uterus. ER $\alpha$  is required for normal reproductive development and both male and female  $\alpha$ ERKO mice are infertile [15,16]. In normal development, estrogen stimulates proliferation of the uterine epithelium.  $\alpha$ ERKO females develop rudimentary estrogen insensitive uteri demonstrating the role for ER $\alpha$  in mediating estrogen induced proliferation in the uterus. In the ovaries, both ER $\alpha$  and ER $\beta$  are expressed though their distributions among cell types are markedly different. ER $\alpha$  is primarily expressed in thecal and interstitial cells whereas ER $\beta$  is primarily expressed in granulosa cells. ER $\alpha$  is critical for normal ovary function and  $\alpha$ ERKO mice develop abnormal ovaries in which the follicles remain immature [15,16].

βERKO mice generated in different laboratories do not have consistent phenotypes and conflicting evidence for the role of ERβ in reproductive development is present in the literature (reviewed in [14]). In some models, βERKO females are subfertile suggesting ERβ has a less critical role in reproductive and ovarian development [16,17]. More recently, ERβ null mice have been generated using Cre/ LoxP mediated disruption of the ERβ gene past exon 3, and both males and females are infertile [18]. In these mice, follicle development proceeds normally but does not completely proceed to ovulation due to high rates of termination during atresia demonstrating a critical role for ERβ in development of functional ovaries. Unlike αERKO mice, estrogen responsiveness in the uterus and ovaries appears normal in βERKO mice. In  $\alpha/\beta$ ERKO mice, in which both ER $\alpha$  and ER $\beta$  are null, reproductive development is similar to that observed in αERKO mice demonstrating the dominant role of ER $\alpha$  [16].

### 2.1.2. Mammary gland development

Mammary gland development is also dependent on functional estrogen signaling. The mammary gland grows during puberty and completely differentiates during pregnancy and lactation. In the mammary gland,  $\text{ER}\alpha$  is a key regulator of proliferation in response to

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