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## Ovarian follicular dynamics and hormonal secretory profiles in guanacos (*Lama guanicoe*)

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#### ARTICLE INFO

# Article history: Received 22 June 2009 Received in revised form 26 October 2009 Accepted 11 November 2009 Available online 18 November 2009

Keywords: Guanaco Follicular dynamics Estradiol-17β Progesterone

#### ABSTRACT

The objective of the present study was to describe ovarian activity in 11 adult non-mated guanacos, evaluated every second day for 40 days by transrectal ultrasonography and by plasma estradiol-17β and progesterone concentrations. An inverse relationship (r = -0.29, P<0.001) was observed between the diameter of the largest ovarian follicle and the total number of follicles indicating that follicular growth in guanacos occurs in waves. The mean duration of follicular wave was  $15.1 \pm 4.2$  days with a range from 9 to 26. The follicular growth phase was  $7.0 \pm 2.4$  days, the static phase  $3.0 \pm 1.2$  days, the regression phase  $5.2 \pm 2.1$  days and the inter-wave interval was  $12.6 \pm 5.6$  days. The maximum follicular diameter in each follicular wave was  $10.2 \pm 2.1$  mm with a range from 7.2 to 16.1 mm. Interwave intervals of longer duration were associated with a larger maximum follicle diameter (P<0.001). Follicular activity alternated between ovaries in 93% of the waves with 48% of dominant follicles occurring in the left and 52% in the right ovary without differences (P>0.05). Plasma estradiol-17 $\beta$  concentrations showed a wave-like pattern, varying from 20.0 to 92.1 pmol/L. Plasma progesterone concentrations remained below 1 nmol/L without any ultrasonic evidence of ovulation during the study. These results in guanacos suggest a follicular wave pattern more similar to the llama (Lama glama) than previously described in other South American and Old World camelid species.

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#### 1. Introduction

The guanaco is one of the wild South American Camelids. Its natural habitat is the extreme ecosystems of South America from Chaco to Patagonia. Like other camelid species it requires copulation to induce the ovulatory pro-

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cess (Riveros et al., 2006). Previous works described that sexual receptivity in guanacos occurs during the rainy season from December to March in Patagonia where the basic reproductive social group is formed by one adult male and a variable number of 6–15 of adult females with their prepubertal offspring (Raedeke, 1978; Franklin, 1982).

Previous studies in other camelids showed that in the absence of an ovulatory stimulus follicular activity occurs in consecutive waves with the synchronous emergence of several follicles, one of which becomes dominant while subordinate follicles regress (Adams et al., 1990). If no ovulatory stimulus occurs, the dominant follicle also undergoes

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atresia. The time required to complete a wave was reported in South American Camelids (SAC) to be 20–25 days (Adams et al., 1990), describing an inverse relationship between the diameter of the largest follicle and the number of follicles (Adams et al., 1990; Chaves et al., 2002). Like SAC (Adams et al., 1990; Miragaya et al., 2004; Vaughan et al., 2004), Old World Camelids (OWC) exhibited overlapping follicular wave development that alternates between ovaries (Skidmore et al., 1996).

Generally a positive correlation between follicular size and estradiol- $17\beta$  plasma concentrations was found during camelid follicular waves (Bravo et al., 1990; Chaves et al., 2002; Miragaya et al., 2004) and concomitantly long periods of estrous behavior were observed (Bravo and Sumar, 1989; Adams et al., 1990; Skidmore et al., 1996). In the absence of an ovulatory stimulus progesterone concentrations remain basal (Adams et al., 1990).

In contrast to the other wild and domestic camelid species, in guanacos little is knows about the reproductive physiology and the main features of ovarian activity have not been described. However, a thorough understanding of reproductive biology of guanacos is important for conservation and sustainable use of the species. This wild species was seriously endangered until strict protection policies were established, after which populations recovered.

Thus the aim of the present study was to characterize ovarian follicular activity in non-mated guanacos in relation to gonadal and hormonal changes as evaluated by ultrasonic techniques and measurements of progesterone and estradiol-17 $\beta$ , respectively.

#### 2. Materials and methods

#### 2.1. Animals and sampling

The study was performed in a guanaco herd kept in captivity in the Mediterranean ecosystem of Chile (33°38′28″S, 70°34′27″W). The experimental group was formed by 11 adult, non-pregnant, non-lactating, healthy 7 to 8-year-old female guanacos. The animals were fed alfalfa hay, natural pasture and water *ad libitum*. Sampling was conducted with infrastructure specially designed for the species, with isolation areas and an immobilization chute.

Sampling was performed with animals immobilized in the chute under vision deprivation with a hood to minimize stress and to assure the animal's well-being. Ovarian follicular dynamics was monitored every second day for 40 consecutive days by transrectal ultrasonography and by plasma measurement of estradiol-17 $\beta$  and progesterone concentrations. Ultrasonic evaluations were performed using a real-time, B-mode scanner (Biomedical® model Scanner 6500C LC) equipped with a 6 MHz linear-array electronic transducer. Blood samples of 10 mL were collected by right jugular venipuncture into vacuum tubes with EDTA (Vacutainer®) centrifuged (2000 × g for 15 min) for plasma collection and stored at -18 °C until analysis.

#### 2.2. Hormone assays

Estradiol-17 $\beta$  was determined using an inhouse RIA as previously described in detail (Hoffmann et al., 1992).

Briefly, prior to the radioimmunologic measurement, plasma  $(0.25\,\text{mL})$  was extracted with toluene. The antiserum was obtained after immunization of rabbits against estradiol-17 $\beta$ -6-CMO-BSA. The radioimmunoassay was set up as a sequential assay. The minimum detectable concentration was at 7 pmol/L. Intra- and inter-assay coefficients of variation were 9.1 and 19.0%, respectively.

Progesterone was determined using a commercial chemiluminescense-based method (ACS: 180 Automated System with kit PRGE, Bayer Vital GmbH, Fernwald, Germany). The validity of this method in guanacos was confirmed by previous comparative measurements using a well established RIA method after sample extraction with hexane (Hoffmann et al., 1973). The minimum detectable concentration was at 0.3 nmol/L. Intra- and inter-assay coefficients of variation were 8.7 and 10.6%, respectively.

#### 2.3. Analysis of data

Based on ultrasonographic observations, the inter-wave interval was defined as the time between two consecutive dominant follicles exceeding a diameter of 7 mm. Moreover, each follicle profile was divided into growing, static and regressing phases. The growing phase was defined as the period from the last time the diameter of the largest follicle was  $\leq 3$  mm until the dominant follicle reached its maximum diameter. The period of maintenance of maximum diameter with minimal changes in follicle size for at least 2 days, was defined as the static phase. The regressing phase, started with declining measurements until the follicle diameter decreased to less than 3 mm. The characteristics of follicular waves were expressed as mean  $\pm$  SEM.

Spearman's correlation analysis was carried out to test the relationship between size of the largest follicle and the total number of follicles. Chi-square analysis was used to compare the proportion of dominant follicles present in the left compared to right ovary, respectively.

To cope with the asymmetrical distribution of plasma hormone concentrations, results were normalized by log transformation to the base 10 prior to statistical evaluation. Repeated-measures ANOVA test was performed to detect differences in hormone concentrations. A Bonferroni test was used to determine significant differences between means.

All statistical analyses were carried out using the STATA 8.1 software package (Stata Corporation, College Station, TX, USA). An error probability of  $P \le 0.05$  was considered significant.

#### 3. Results

#### 3.1. Follicular wave dynamics

Twenty-five complete follicular waves from 3 mm to regression (range: 2 or 3 waves per animal) were analyzed. Follicular activity was observed to occur in waves characterized by the continuous emergence and regression of follicles. Although the follicular wave pattern was variable among animals, phases of growth, static and regression were distinguished in all cases.

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