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Randomized trial of drip infusion versus bolus injection of vinorelbine for the control of local venous toxicity

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Summary Vinorelbine is a moderate vesicant that is well known to cause local venous toxicity such as drug induced-phlebitis. We conducted a prospective randomized trial to determine whether a 1-min bolus injection (1 min bolus) of vinorelbine reduced the incidence of local venous toxicity compared with a 6-min drip infusion (6 min infusion). Non-small cell lung cancer patients who were to receive chemotherapy containing vinorelbine were randomly assigned to receive either 6 min infusion or 1 min bolus of the drug. All infusions were administered through a peripheral vein. Local venous toxicity was evaluated at each infusion up to two cycles. Eighty-three patients were randomized into the study and 81 of them assessable for analysis. One hundred thirty-eight infusions to 40 patients in 6 min infusion and 135 infusions to 41 patients in 1 min bolus were delivered. Vinorelbine induced-local venous toxicity was observed in 33% of patients in 6 min infusion and 24% in 1 min bolus. There was no statistically significant difference between the two arms ($P = 0.41$). The incidence of local venous toxicity per infusions was 16% (22 of 138 infusions) in 6 min infusion and 11% (15 of 135 infusions) in 1 min bolus ($P = 0.47$). No severe local venous toxicity was seen in either arm. In this study, the administration of in 1 min bolus of vinorelbine did not significantly reduce the incidence of local venous toxicity compared with 6 min infusion. Further studies for the control of local venous toxicity of vinorelbine are warranted.

1. Introduction

Vinorelbine is a second-generation semi-synthetic vinca alkaloid whose antitumor activity is related to its ability to depolymerize microtubules and disrupt the mitotic spindle apparatus [1]. Vinorelbine has been shown to have clearly higher activity and lower neurotoxicity than the other vinca

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alkaloids, and is currently one of the most active agents for the treatment of non-small cell lung cancer (NSCLC) or other solid tumors [2—4].

Vinorelbine is most commonly administered through a peripheral vein as drip infusion over a period of between 6 and 10 min [5]. However, vinorelbine is a moderate vesicant that is well documented to cause local venous toxicity such as drug induced-phlebitis and venous irritation, and its incidence of approximately 30% has been reported in patients who received vinorelbine via a 6—10 min drip infusion [6,7]. Although local venous toxicity is not life threatening, it can result in discomfort or pain and can be a disincentive of chemotherapy to the patients. Therefore local venous toxicity should be managed effectively to decrease patient discomfort.

Recently, a retrospective study on drug induced-phlebitis with bolus injection of vinorelbine has been reported. In the analysis of 39 patients who received the administration of bolus injection of vinorelbine, drug induced-phlebitis occurred in only 1 of 39 patients (2.6%). The results suggested that the administration of bolus injection of vinorelbine might decrease the incidence of drug induced-phlebitis when compared common drip infusion [8]. Furthermore, shortening the infusion time of vinorelbine has also been reported to reduce the incidence of drug induced-phlebitis [9], although a randomized trial evaluating the bolus injection of vinorelbine has not been performed.

We conducted a prospective randomized trial to determine whether a 1-min bolus injection (1 min bolus) of vinorelbine reduced the incidence of local venous toxicity compared with a 6-min drip infusion (6 min infusion). In addition, we assessed the incidence of acute lower back pain, which has been reported to occur in shorter time infusions of vinorelbine [10] as other toxicity.

2. Patients and methods

2.1. Patient eligibility

Patients who had histological or cytological evidence of cancer, and planned to receive vinorelbine-containing chemotherapy as peripheral infusion, were eligible for this study. The patients were required to be 20 years of age or older and have an Eastern Cooperative Oncology Group performance status (PS) of 0—2. Patients were excluded if they had previous treatment with vinorelbine, medical condition that required regular use of steroids, or were pregnant or nursing. All patients provided written informed consent before randomization for this study, and the study was approved by the institutional review board at the National Cancer Center.

2.2. Study design

This study was a randomized trial comparing 1 min bolus of vinorelbine with 6 min infusion for the control of local venous toxicity. The study was performed in the National Cancer Center Hospital East. Patients were randomly assigned to receive either 6 min infusion or 1 min bolus by a minimization method. Before randomization, patients were stratified by chemotherapy regimens (stratum I: vinorelbine plus cisplatin, stratum II: vinorelbine plus gemcitabine, stratum III: vinorelbine alone) and body mass index (BMI) (stratum I: normal (BMI < 24), stratum II: high (BMI 24 or more)). We reported previously that high BMI was associated with a significant increased risk of vinorelbine irritation [6].

2.3. Treatment plan

Patients received either 6 min infusion or 1 min bolus of vinorelbine. Vinorelbine was diluted in 50 ml (6 min infusion) or 20 ml (1 min bolus) normal saline, respectively. All infusions were administered through a peripheral vein and followed by flushing the vein with approximately 200 ml of fluid. The administration of other drugs for the prevention of local venous toxicity was not allowed. Vinorelbine-containing chemotherapy regimens consisted of vinorelbine 20—25 mg/m^2 on days 1 and 8 plus cisplatin 80 mg/m^2 on day 1 every 3 weeks, vinorelbine 20—25 mg/m^2 plus gemcitabine 1000 mg/m^2 on days 1 and 8 every 3 weeks, or vinorelbine 20—25 mg/m^2 alone on days 1, 8 and 15 every 4 weeks.

2.4. Outcome assessment

The primary endpoint of this study was the incidence of local venous toxicity per patient. Local venous toxicity was evaluated at each infusion up to two cycles and graded according to the National Cancer Institute Common Toxicity Criteria (NCI-CTC) version 2.0 for injection site reaction by attending physician: grade 0, none; grade 1, pain, itching or erythema; grade 2, pain or swelling, with inflammation or phlebitis; and grade 3, ulceration or necrosis that is severe or prolonged or requires surgery. After the administration of vinorelbine, patients self-recorded in personal dairies symptoms of pain, itching, swelling, blister, or ulceration at injection. The patient's dairies were also used for support of diagnosis of local venous toxicity. Local venous toxicity was categorized as positive or negative, with positive defined as experience of grade 1 or more local venous toxicity at least once during treatment. The secondary endpoint of this study was the incidence of local venous toxicity per infusions and other toxicity. The incidence of acute lower back pain, which was reported to occur in shorter time infusion of vinorelbine, and hematological toxicity were mainly assessed as the other toxicity, and graded according to NCI-CTC version 2.0.

2.5. Statistical analysis

The purpose of this study was to determine whether 1 min bolus of vinorelbine reduced the incidence of local venous toxicity compared with 6 min infusion. The calculation of sample size was based on the estimated incidence of local venous toxicity per patient in the two treatment groups. On the basis of previous reports [6,8], an incidence of local venous toxicity per patients of 30% in 6 min infusion and of 5% in 1 min bolus was assumed. To demonstrate this hypothesis with an alpha of 5% and a power of 80% in a two-sided test, thirty-five patients from each group were required. A total of 80 patients were projected to be accrued. All comparisons between proportions were performed by the Chi-square test